

Thank God It's Monday



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WEEK 1
THE GOODNESS OF WORK

HOW TO USE THIS GUIDE

There are four crucial components for a group to maintain its health: Word, prayer, relationships, and reaching out. In this guide, you will study the biblical passage in three steps: observation, interpretation, and application. As the group leader, you are free to use any part of this guide that can assist you in achieving this goal.

CONNECT

- Share about the best job you've ever had. What made it so memorable?
- Now, share about the worst job you've ever had. What made it so memorable?

INTRODUCTION

Work is not a necessary evil – it is a good gift from a good God, meant to be an act of worship and participation in His purposes.

In Genesis we see that work is part of God's design, not a result of sin. Before the fall, God created humans to work the garden – to create, to cultivate, to collaborate – just as God himself worked in creation.

In the gospels we learn that Jesus worked as a carpenter, thus dignifying labor and through His resurrection He redeems and renews our work today.

OBSERVATIONS & INTERPRETATION

Read: Genesis 2:4-9, 15-19

What do you notice about God's work in creation? How is it described?

What was Adam's role in the garden before sin entered the world? What does this tell us about God's design for work?

What stands out to you about the relationship between work and worship in these verses?

OBSERVATIONS & INTERPRETATION

Read: Colossians 1:16-17; 3:23-24

According to these passages, what is the ultimate purpose of all work?

How does remembering that Jesus is Lord over all creation reshape how we think about our daily jobs?

APPLICATION

- Why do you think people often view work as a burden rather than a blessing?
- What are some practical ways you can **"thank God it's Monday"** this week in your attitude or actions at work, school, or home?
- What would it look like for you to see your current job (or role) as a "Jesus job" –sacred, not second class?

PRAYER

- **Thank God** for the good gift of work and the opportunity to participate in His creative purposes.
- **Ask Jesus** to help you see your daily tasks as opportunities to worship Him.
- **Pray for each other** to have renewed purpose, joy, and excellence in whatever work God has placed before you.
- **Lift up** specific co-workers, classmates, customers, bosses, or employee – pray that your work would reflect Christ to them.

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