



Thank God It's Monday

Week 1: The Goodness of Work

HOW TO USE THIS GUIDE

There are four crucial components for a group to maintain its health: Word, prayer, relationships, and reaching out. In this guide, you will study the biblical passage in three steps: observation, interpretation, and application. As the group leader, you are free to use any part of this guide that can assist you in achieving this goal.

CONNECT

- Share about the best job you've ever had. What made it so memorable?
- Now, share about the worst job you've ever had. What made it so memorable?

INTRODUCTION

Work is not a necessary evil – it is a good gift from a good God, meant to be an act of worship and participation in His purposes.

In Genesis we see that work is part of God's design, not a result of sin. Before the fall, God created humans to work the garden – to create, to cultivate, to collaborate – just as God himself worked in creation.

In the gospels we learn that Jesus worked as a carpenter, thus dignifying labor and through His resurrection He redeems and renews our work today.

OBSERVATIONS & INTERPRETATION

Read: Genesis 2:4-9, 15-19

- What do you notice about God's work in creation? How is it described?
- What was Adam's role in the garden before sin entered the world? What does this tell us about God's design for work?
- What stands out to you about the relationship between work and worship in these verses?

Read: Colossians 1:16-17; 3:23-24

- According to these passages, what is the ultimate purpose of all work?
- How does remembering that Jesus is Lord over all creation reshape how we think about our daily jobs?

APPLICATION

- Why do you think people often view work as a burden rather than a blessing?
- What are some practical ways you can **"thank God it's Monday"** this week in your attitude or actions at work, school, or home?
- What would it look like for you to see your current job (or role) as a "Jesus job" – sacred, not second class?

PRAYER

- **Thank God** for the good gift of work and the opportunity to participate in His creative purposes.
- **Ask Jesus** to help you see your daily tasks as opportunities to worship Him.
- **Pray for each other** to have renewed purpose, joy, and excellence in whatever work God has placed before you.
- **Lift up** specific co-workers, classmates, customers, bosses, or employee – pray that your work would reflect Christ to them.