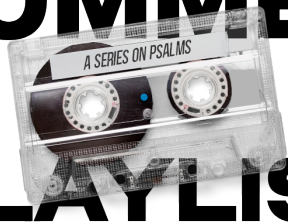


SUMMER PLAYLIST



Week 5: A Heart of Wisdom

HOW TO USE THIS GUIDE

There are four crucial components for a group to maintain its health: Word, prayer, relationships, and reaching out. In this guide, you will study the biblical passage in three steps: observation, interpretation, and application. As the group leader, you are free to use any part of this guide that can assist you in achieving this goal.

CONNECT

- How did you typically spend summers growing up?
- What's an enjoyable experience you had this past week?
- How does thinking about death affect you? Why do you think that is?

INTRODUCTION

Psalm 90 is a wisdom psalm written by Moses. At the center of the psalm Moses instructs God's people to ask for "a heart of a wisdom." Wisdom isn't just intelligence; it's knowing how to live well according to God's design. Where Moses says we get a heart of wisdom, however, is very unexpected. He says, "So teach us to number our days that we may get a heart of wisdom." In other words, "Teach us to remember how brief our life is so we can be wise." Let's see how this unexpected practice gives us wisdom for a life that glorifies God.

OBSERVATIONS & INTERPRETATION

Read: Psalm 90

- What initially stands out to you from this psalm?
- Verses 1-2 are a contrast to verses 3-11, exploring how God is eternal and we are not. What kind of thoughts come to mind as you consider this contrast?
- With this contrast in mind, what are Moses's requests in verses 12-17? Why are the things requested so important?

APPLICATION

- What about God from verses 1-2 ministers to you right now? How so?
- Do you intentionally think about your life being brief? What might it look like for you to put this into practice?
- What requests from verses 12-17 do you think you need to pray more consistently?
- How does the gospel encourage you in these perspectives and prayers?

PRAYER

- Use verses 1-2 to praise God.
- Use verses 3-11 to confess sinfulness.
- Use verses 12-17 to appeal for mercy.