



Prayer

Week 1: Personal, Silent Prayer | Teacher: Steve Frissell

Sermon Questions for 1.7.2024

Opener

When you walk into your home, how long does it take you before you turn on some music or the TV?

Read

Matthew 14:22-23; Mark 14:32-36; Galatians 3:13; Psalm 40:8

Main Points

1. Our world is noisy - jammed schedules, loud, cluttered, crammed full. Our days are busy, hectic, stressed, maxed, strained...that's a problem for us when we are trying to hear the still small voice of God.
2. Let's make the next 21 days different - purposefully make time to slow down. Let's make time to get away from the noise and listen for the gentle whisper of the Lord.
3. Our hope is that we, as a faith community, will fast and pray for the next 21 days as we start this year together.
4. There are a variety of ways you can fast: Sundown to sun-up, specific days, meals, or abstain from something like social media, video games, or something else that typically has your attention.
5. Jesus, in his suffering, prayed - Father, your will be done, whatever it takes, whatever the means, what you want to do through me, your will be done!

Engage with God in a Group

- When was the last time you prioritized silence in your schedule, to intentionally pray and spend time with Jesus?
- How are you going to bring silence into your life? What will it look like to make space in your life for that?
- What do you think could be the benefit of scheduling some silence in your week?
- In your life now, what potentially is the largest obstacle(s) to getting alone and having intentional times of silence?
- Is your life too busy that you potentially are missing out on experiencing intimacy with Jesus?

Bottom Line

Prayer reminds us of our future hope for our present reality.