



On Philippians

Week 14: Mindset | Teacher: Libin Abraham

Sermon Questions for 9.1.2024

Opener

Would you describe yourself as someone who thinks about a lot of things most of the time or who typically focuses on one thing at a time?

Read

Philippians 4:8-9; Romans 12:2; John 17:17; 1 Peter 2:17; Leviticus 19:15; Colossians 3:2-3, 5; Hebrews 3:1; Hebrews 12:2; 2 Timothy 2:8; Philippians 4:7

Main Points

1. Everything changes when our thoughts change.
2. Paul gives two instructions in this passage: for us to *dwell* and *to do* because our actions can't be separated from our thoughts.
3. Paul knows that, oftentimes, worry can become the logic of our lives.
4. Instead of dwelling on what-if's, dwell on what is. Think about what is most true about you and what is most true about God.
5. Paul gives us a grid to take inventory of our thoughts: Is it True? Is it Honorable? Is it Just? Is it Pure? Is it Lovely? Is it Commendable? Is it Excellent and Praiseworthy?
6. Instead of seeing this as a list to check off, think of the one person about whom all of these are true - Jesus!

Engage with God in a Group

- How have you experienced the relationship between your thoughts and your actions?
- What areas of your life have you experienced transformation through the renewing of your mind?
- On a regular basis, where or on what would you say your mind is set?
- How would you describe the state of your mind, what type of thoughts most often run through your mind?
- Which relationships do you have that you're realizing could benefit from doing an inventory of your thoughts through the grid he's given?

Bottom Line

The only thing better than the peace of God is the God of peace and that's who we are setting our mind upon.