

# Welcome to The Radical Challenge

Over the next 5 weeks, you're going to live at an extreme to build rhythms that can sustain your soul. Just like lifting weights, there may be some soreness at first, but it will be worth it. Let's get into it!

## THE DAILY CHALLENGES

Each day for the next 35 days, you must:

### Read Scripture

Over the next 35 days, you'll read the books of Mark, Romans, and Galatians. Scan the QR code on the back of this guide for some additional tools to help you get the most out of the Bible.

### Memorize Scripture

History and data have shown that studying the Bible in the morning and evening make the biggest difference in our lives. In the morning, read the Bible. At night, practice memorizing the verse of the week. The memory verse is listed on the next page. Each week comes with a new verse.

### Reflect in Your Journal

Take a few minutes to reflect on the reading or your day. Make note of anything that challenges you to act, compels you to think, or causes you to ask questions.

### Pray Intentionally

Praying intentionally requires that we set aside time, eliminate distractions, and spend a few minutes talking to God. This may mean praying early, before the kids are up, or late in the evening instead of scrolling. Whatever time you pick, stick to it, focus in, and pray. If you need some help, scan the QR code on the back of this guide for helpful tools.

### Take a Silent Walk

Take a silent 10-minute walk outside each day. Don't be rude if your neighbor says hi, but return to silence afterwards. The key is to leverage silence to clear the clutter of your mind.

# Weekly Challenges

Each week of The Radical Challenge, you must complete a weekly challenge as well. Whatever you choose to do for each challenge, do it with joy. The Radical Challenge isn't something we have to do; it's something we get to do.

## THE WEEKLY CHALLENGES

### Week 1 - Abstain

As you get started, pick one thing that you'll give up over the next 35 days as you center your focus on God. This could be scrolling on Instagram, a certain food like dessert, or alcohol. Giving up something creates space to propel our faith forward.

### Week 2 - Serve

Find a way to practically serve someone in your neighborhood, workplace, or family. This should be a person you might otherwise avoid, and it will stretch you to see people differently. This can also include serving with organizations like food banks, soup kitchens, or any Mosaic Impact Partners. For practical ideas on serving, scan the QR code on the back.

### Week 3 - Fast

Look at your calendar for the week and choose one day to fast from 7pm - 7pm the next day. Fasting means abstaining from food and drinking only water. If a full day is too much for your health, pick an amount of time that challenges you.

### Week 4 - Attend

The Bible not only tells us that mankind was created to worship, but also that we were created specifically to worship God. Part of the worship experience each week focuses on proclaiming the goodness of God through song, and occasionally, we set aside an entire night for it. Plan to attend Worship Night on February 24th.

### Week 5 - Say Yes

Living as an Ordinary Radical accelerates our faith and tunes us into what God is calling us to do. The Bible teaches that the Holy Spirit leads us to see and serve people we'd otherwise miss. He calls us to live in line with God. This week, be aware of what the Holy Spirit is prompting you to do. If you feel a nudge to do or say something that blesses others and aligns with scripture, pre-decide to say yes and do it.

# Weekly Memory Verses

## Week 1

### Romans 12:2 NLT

*Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect.*

## Week 2

### Romans 12:9-10 NLT

*Don't just pretend to love others. Really love them. Hate what is wrong. Hold tightly to what is good. Love each other with genuine affection, and take delight in honoring each other.*

## Week 3

### Colossians 1:9b-10 NLT

*We ask God to give you complete knowledge of his will and to give you spiritual wisdom and understanding. Then the way you live will always honor and please the Lord, and your lives will produce every kind of good fruit. All the while, you will grow as you learn to know God better and better.*

## Week 4

### Colossians 4:5-6 NLT

*Live wisely among those who are not believers, and make the most of every opportunity. Let your conversation be gracious and attractive so that you will have the right response for everyone.*

## Week 5

### Galatians 5:24-25 NLT

*Those who belong to Christ Jesus have nailed the passions and desires of their sinful nature to his cross and crucified them there. Since we are living by the Spirit, let us follow the Spirit's leading in every part of our lives.*

## Week 1

- Day 1 - Mark 1\*
- Day 2 - Mark 2
- Day 3 - Mark 3
- Day 4 - Mark 4
- Day 5 - Mark 5
- Day 6 - Mark 6
- Day 7 - Mark 7
- Weekly Challenge
- Memory Verse

## Week 2

- Day 8 - Mark 8\*
- Day 9 - Mark 9
- Day 10 - Mark 10
- Day 11 - Mark 11\*
- Day 12 - Mark 12

*\*Watch the video linked  
on the resource page.*

### Week 2 (cont.)

- Day 13 - Mark 13
- Day 14 - Mark 14:1-31
- Weekly Challenge
- Memory Verse

## Week 3

- Day 15 - Mark 14:32-72
- Day 16 - Mark 15
- Day 17 - Mark 16
- Day 18 - Romans 1\*
- Day 19 - Romans 2
- Day 20 - Romans 3
- Day 21 - Romans 4
- Weekly Challenge
- Memory Verse

## Week 4

- Day 22 - Romans 5
- Day 23 - Romans 6
- Day 24 - Romans 7
- Day 25 - Romans 8
- Day 26 - Romans 9\*
- Day 27 - Romans 10
- Day 28 - Romans 11
- Weekly Challenge
- Memory Verse

## Week 5

- Day 29 - Romans 12-13
- Day 30 - Romans 14
- Day 31 - Romans 15
- Day 32 - Romans 16
- Day 33 - Galatians 1-2\*
- Day 34 - Galatians 3-4
- Day 35 - Galatians 5-6
- Weekly Challenge
- Memory Verse



To make the most of The Radical Challenge,  
visit [mosaicchristian.org/radicalchallenge](http://mosaicchristian.org/radicalchallenge)

# the radical challenge

