

Neighborhood Church Prayer Walk Guide

Prayer walking is a great way to get active in prayer and begin to discern the ways in which God is present and at work in your local area. By walking around your neighborhood and praying at the same time, you can experience God's presence and work in your local area.

Start and end together

Agree on a place and time to meet to start walking and talking to God, together. Begin by explaining why you've gathered to pray and a few pointers for those who haven't prayed this way before. If you split into smaller groups at any point, then agree on a place and time to end together.

Decide on your route

You can decide ahead of time where you're going, or you can simply ask the Holy Spirit to lead you as you walk. (Just make sure you don't get lost!).

Try going in pairs

Jesus sent his disciples out in pairs. This arrangement is not as intimidating or conspicuous as a large group and is safer than people going on their own. A larger group breaking into pairs can also help to cover more ground.

Pray positively

As you walk, pray blessings on the area. Focus on God's plan and purpose for the place and the people that live there. "Your Kingdom come, your will be done..." is an excellent start.

End well

If you've gone in different directions, meet up at the end to share what you've felt, seen, prayed, and heard from God. And, if you can, keep a record of what you share so you can build on it next time.

Pray: WALK

Use *WALK* as an acronym for your prayer, containing four simple steps:

W – Worship

As you set off walking, begin with your eyes on Jesus. Say the name of Jesus; recite a Psalm; hum a worship song – basically, anything that helps declare the Lordship of Jesus over the streets you walk on.

A – Ask

Flowing from your worship, begin asking God for His Presence to be felt on the streets you walk on, the homes, businesses, schools, and other churches you walk past. Begin to get specific and pray for people and situations within your community.

L – Listen

As you worship and pray, leave space to listen to what God might want to say to you - then pray that back. If you are prayer-walking in twos, listen to one another's prayers, and you will find yourself sparking off one another's words and thoughts.

K - Know your Land

Get (and keep) yourself informed about the area you are prayer-walking in. Research its history, demographics, and some of its ongoing problems so you can pray for a breakthrough. Get to know some of the current situations that require persevering prayer, and also celebrate the particular graces that rest in the area, asking God to make your community a blessing beyond its borders.

This guide has been adapted from the Prayer Walking Guide from 24-7prayer.com