



Discussion Guide

The Good Life

Proverbs 3:13-18 | Pastor Dave Bennett | October 11, 2026

Session Overview

This week concludes our series on technology and its affect on our relationship with Christ and with others. Though we have immediate access to technology, we were created for Jesus to set the rhythm of our lives. Today, we will be talking about God's wisdom and how it's not merely information to collect; it is a Person to follow. Jesus sets the rhythm of the good life by expanding us toward justice, mercy, humility, worship, and real relationships.

Session Flow (60-75 minutes)

Welcome and Icebreaker (10 minutes)

What is one small daily rhythm or habit that shapes your mood, focus, or relationships more than you expected?

Purpose: This question helps the group notice that our lives are formed by rhythms, not just beliefs. It gently connects everyday habits to the sermon's theme: something is always setting the rhythm of our lives.

Scripture Reading

Read Proverbs 3:13-18 aloud together.

Leader Coaching Sidebar

- Make sure to keep the conversation geared towards formation and not guilt.
- The message here is not "phones are bad." We have to ask ourselves, "Who or what is forming us?"
- Encourage honesty without shame.
- If the group drifts toward blaming culture, redirect with questions like, "Where do I personally feel my life shrinking?" and "What would it look like for Jesus to make my life bigger this week?"

Discussion (40-50 minutes)

- 1. Proverbs 3:13–18 describes wisdom as more precious than silver, gold, or rubies. What do you think people today often treat as more valuable than wisdom?**

Leader Note: Listen for answers like success, convenience, money, knowledge, comfort, control, or online validation. Help the group distinguish between information and wisdom.

- 2. The sermon said, “Wisdom is not a bunker. It is a road.” What does that statement mean to you?**

Leader Note: Draw out the idea that God’s wisdom does not make life smaller or more fearful; it sends us outward into love, obedience, and relationships.

- 3. Micah 6:8 calls us to act justly, love mercy, and walk humbly with God. Which of those three feels most natural to you, and which feels most challenging right now?**

Leader Note: Keep the conversation personal and practical. Avoid letting the group define justice, mercy, or humility only abstractly.

- 4. The sermon warned that our world can shrink to a screen and an algorithm. Where do you notice your world shrinking?**

Leader Note: This may be sensitive. Encourage examples without comparison or shame: attention span, relationships, compassion, prayer, patience, imagination, or service.

- 5. What is the difference between being confirmed by an algorithm and being converted by Jesus?**

Leader Note: Help the group see that confirmation reinforces who we already are, while conversion invites surrender, growth, repentance, and transformation.

- 6. Paul says Christ crucified is “the power of God and the wisdom of God” in 1 Corinthians 1:22–25. Why does the cross challenge our normal ideas about power and wisdom?**

Leader Note: Invite people to name worldly expectations: strength without weakness, winning without sacrifice, control without humility. Then connect this to Jesus’ way.

- 7. The sermon said, “God never revealed His wisdom as a system. He revealed it as a Savior.” Why is that distinction important?**

Leader Note: Emphasize that Christianity is not merely mastering concepts or principles. Wisdom is relational because wisdom is found in Christ.

- 8. Colossians 2:2–3 says all the treasures of wisdom and knowledge are hidden in Christ. What does it look like to seek wisdom in Christ rather than simply search for answers?**

Leader Note: Encourage practices like prayer, Scripture, obedience, worship, wise community, confession, and discernment. The goal is communion with Jesus, not just better information.

- 9. The sermon contrasted information and illumination. Can you think of a time when God gave you more than information by illuminating your circumstances?**

Leader Note: Give people time to think. Model a brief example if needed. Keep the focus on God’s work rather than dramatic storytelling.

- 10. Give people time to think. Model a brief example if needed. Keep the focus on God’s work rather than dramatic storytelling.**

Leader Note: Move toward concrete next steps. Encourage the group to name a person, a time, and a simple act of presence, mercy, justice, or humility.

Application and Prayer (10-15 minutes)

If you honestly audited your time, attention, and relationships this week, what would you say is setting the rhythm of your life—and what specific rhythm of Jesus is He inviting you to practice instead?

Closing Prayer Suggestion

Lord Jesus, You are the wisdom of God and the rhythm our lives were made to follow. Forgive us for the ways we settle for information without transformation, connection without presence, and activity without love. Teach us to act justly, love mercy, and walk humbly with You. Expand our lives beyond ourselves. Help us take hold of wisdom by taking hold of You. Show us one person this week we can love with our time, attention, and presence. Make us worshipful, humble, and wise in the way of the cross. Amen.