



## Leader's Guide

# YoU Turn from Disillusionment

*Luke 24:13-35 | Pastor Dave Bennett | June 14, 2026*

### Session Overview

Our sermon this week talked about disillusionment and how this can cause us to self-isolate. The enemy uses these moments to spread lies in our mind that we shouldn't trust others and they probably don't care. This is false! Not only do we pull away from our earthly community, we can pull away from Jesus. We will go through hardship; that is a given. However, God promises us that He will never leave us. God is wanting to call us out of disillusionment and make a you-turn towards Him.

### Session Flow (60-75 minutes)

#### ***Welcome and Icebreaker (10 minutes)***

Have you ever walked away from something because of disappointment? What was the situation and the outcome?

Purpose: To warm the group up with a memory of when they gave up on something because it was hard and how they handled the situation. We learned how to persevere through hardship through our sermon and that's what we're going to break down this week.

#### ***Scripture Reading***

Read Luke 24:13-35 aloud together.

#### **Leader Coaching Sidebar**

- Sometimes it can be embarrassing to admit we have gone through hard times. Make sure to assure the group that everyone has gone through countless struggles and that the group is here to support, not judge, one another.
- We want to keep an atmosphere of hope in these discussions. Make sure to keep the focus on how God uses hardship for our betterment.
- As we go through conversation in your group, think of ways your group can work together, walk through hardship together, and remind each other not to isolate from community.
- Remind the group that suffering is not from God but the growth that comes out of it is.

## **Discussion (40-50 minutes)**

- 1. What emotions do you think the disciples were feeling as they were walking away from Jerusalem? Can you relate to the disciples in this story?**

*Leader Note: Try to get the group to immerse themselves in the story and relate to the disciples.*

- 2. When you are disappointed by an outcome, a person, etc., do you find yourself pulling away from others? What might that look like for you?**

*Leader Note: This is a way to get the group to reflect on what they naturally do in hard times and find ways to correct what we do wrong.*

- 3. How does the knowledge that Jesus walks alongside us through our hardship change your perspective of going through trials and hard situations?**

*Leader Note: Focus on the hope this gives us. Knowing that the savior of the world walks with each and every one of us gives us the confidence to go through any struggle with His help!*

- 4. We learned on Sunday that suffering is often where redemption breaks through. Has there been a time when God brought redemption through suffering?**

*Leader Note: Be sure to spend enough time on both the struggle and the redemption that came out of the struggle. Both aspects are important for growth and learning.*

- 5. How can we remind ourselves of the good things God has done throughout our lives as we navigate hardship?**

*Leader Note: Try to come up with practical ways we can try to keep our eyes on the bigger picture rather than this one chapter. We want to remember the promises God has given us.*

- 6. When was a time where God showed up in a way you weren't expecting? Was there frustration in the midst of it?**

*Leader Note: Encourage everyone to re-think some of their past struggles to see what God may have done through them.*

- 7. The passage highlights Jesus as a suffering Messiah rather than a conquering one which was expected by the people. How does this change our understanding of Jesus?**

*Leader Note: Sometimes when we put the expectation on Jesus to be a conquerer, we are disappointed when He presents as a comforter. Reflect on these expectations.*

- 8. How might Jesus be trying to guide you to make a you-turn in a situation you're going through now?**

*Leader Note: If there isn't something currently, encourage the group to talk about something from the past.*

- 9. Is there someone in your life that might need someone to walk alongside them, just as Jesus did for the disciples? How can you be that presence for them?**

*Leader Note: Remind the group that our experiences can help bring others towards change. Think of someone who may need some extra encouragement in their struggles.*

- 10. Is there any area of life that you feel like you're walking alone? How can we as a group walk with you through it?**

*Leader Note: We want to create an atmosphere of collaboration in the group. Make sure everyone knows that the group is there for them all week, not just the night you meet.*

### ***Application and Prayer (10-15 minutes)***

After Jesus reveals himself to the disciples, he disappears. Immediately - not the next day or after an hour of rest, but right away - the disciples turn around and head back to Jerusalem. Is there a you-turn God is trying to get you to make right now? How can you embrace that like the disciples did in the story? What do you need to do to immediately head back to Jerusalem?

### **Closing Prayer Suggestion**

*Leaders: As a group, pray for each other and the situations people are going through right now.*

Jesus, thank you for being both the conqueror of our hardships but also the suffering Savior and comforter who walks with us through our journey. Scripture tells us that through suffering, we become like you. Lord, through our difficult times, help us to keep hope in you, trust in our community, and transform us to be more like you. We thank you for our community and we pray against the lies from the enemy that draws us away from the people you have put in our lives. We ask you to guide us closer and closer to you daily. In your name we pray, amen.