



LIFE WITHOUT *Lack*

A Daily Walk with Jesus

- What stood out to you from last Sunday's teaching?
- Everyone answer: What do you like to do for recreation?
 - What is it about this activity that causes you to want to keep doing it?
 - How do your recreation activities make you feel?
 - The term, recreation, which we have applied to your hobby also means, "to create again" or "to restore". How does this definition apply to what you like to do for recreation?
- In his teaching, Pastor Dave told us that there are 3 ways we should live out Psalm 23 daily in our lives: 1. Practice His presence, 2. Be on mission, 3. Experience rest. As you read the psalm, make note of the different places the psalm instructs each of these 3 practices.
- Read Psalm 23
 - As a group list out the statements that you saw that suggest the 3 practices listed above.
 - Rate yourself on a scale of 1-10 for each of the three practices. Explain why you gave yourself that rating.
- Practicing His Presence. Read Thessalonians 5:17
 - What do you think he means by, "pray continually"?
 - As a group, share some of your "best practices" of how to pray continually.
 - How does practicing the Lord's presence help you each day?
- Being on Mission. Read Matthew 28:19-20
 - How do you think this piece of scripture applies to you personally?
 - As a group, share some of your "best practices" of how to be on mission.
 - How have you witnessed God revealing His presence in the midst of mission?
- Experiencing Rest. Read Matthew 11:28-30
 - What do you think it is that Jesus is saying that he will give us rest from?
 - As a group, share some of your "best practices" of how to Sabbath.
 - How has practicing rest helped you spiritually?