

# SEVEN DIDDLY SINS



## Wrath

- What is one thing that stood out to you from this week's message?
- Circle Time: The phrase "pet peeve" literally refers to an irrational source of annoyance. What are some of your irrational pet peeves?
  - Have your pet peeves ever developed into something more than annoyance? Have you actually become angry as a result of your pet peeves?
  - Did you feel like your anger was an appropriate response in hindsight? Why or why not?
  - Have you ever made someone else angry without knowing you were making them angry?
  - How did that resolve, if it did?
- Read Matthew 5:21-26
  - What is the topic Jesus is really teaching about in this passage? Is it about murder? Or is it about anger? Or both? Explain.
  - Respond to this statement. What are your thoughts?

***Not only is it insufficient not to murder, but also, one must not let the heart be overcome with anger that would lead to harmful actions in word or deed.***

- How is it possible that the consequence for unresolved anger is the same as murder?
- Does unresolved anger lead to murder? *Jesus is using the extreme action of murder as a result of anger to illustrate the dangers unresolved anger poses to yourself and to others. While it may not end in murder, it can cause one to hurt people around them or themselves.*
- Why is it just as important to resolve offenses you've committed against someone else as it is you resolve conflict with those that have offended you?
- What are some practices you have in your life that help you resolve conflict?
- Pastor Dave gave us three steps in his teaching on resolving anger within yourself. Talk about each one and why it is important to take that step in resolving anger.
  - 1. Carry a Mirror (Luke 6:42) 2. Shut Up (Prov 18:21a; Matt 12:36) 3. Forgive (Matt 6:14)