

SEVEN DIDDLY SINS



Envy

- What is one thing that stood out to you from this week's message?
- Circle Time: Have you every compared your life to someone else's based on appearances and assumptions? How did that affect you?
 - Invite the group to share both lighthearted and serious examples.
 - Pastor Nick talked about taking vacation photos looking joyful even when the trip had tension. Why do you think social media intensifies this kind of comparison?
 - Proverbs 14:30 says, *"A heart at peace gives life to the body, but envy rots the bones."* How can we protect our hearts when we see others "highlight reels"?
- Pastor Nick described the "If-Then Happiness Trap" (*If I get X, then I'll be happy*).
 - What is an example of an "If-Then" you've believed in the past?
 - What happened? Did you get X? What happened next?
 - Did you stop wanting other things now that you found complete fulfillment? How long until you started to pursue something else?
- Read Genesis 4:3-8
 - As a group, recap this short narrative in your own words. *Cain saw Abel had God's favor -> Compared -> Blamed Abel for his unhappiness -> Acted in violence.*
 - What are modern equivalents of this? *Workplace rivalries, sibling tensions, church ministry jealousy, etc.*
 - James 3:16 says, *"Where envy exists, there's disorder"* What might have happened if Cain had talked to God honestly instead of focusing on Abel?
- Read 1 Corinthians 13:4-7
 - Pastor Nick taught us that love and envy cannot coexist. Do you think this is true? Why or why not?
 - What happens inside of us when we choose to celebrate someone instead of resent them?
 - Is it possible to actually enjoy the gifts that God has given someone that you envy? How? *Enjoying the music that someone makes, learning the skills that a co-worker displays.*
- Pastor Nick made this remark, "Envy is for now. Love is forever" What do you think that means?
 - If you knew envy had no place in eternity, how would you prepare your heart now?