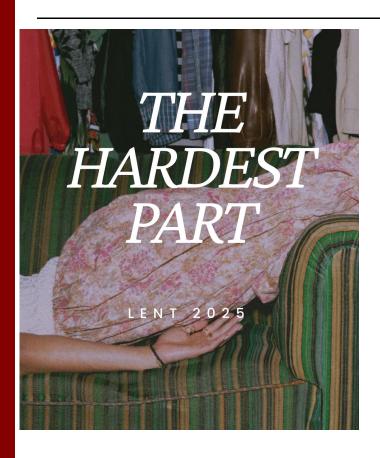


Embedded within this email you will find green links.

Please click those links to discover more information, to volunteer,
or register for events.

Centenary Youth Ministry



THIS SUNDAY March 16th

9:00am Worship
(@Memorial Auditorium)
10:00am Youth Sunday school
(@Youth Commons)
10:00am CAYR (@112 CB)
10:00am Pathfinders (@307 EB)
11:00am In-person (@Sanctuary)
& livestream Worship
(via our *YouTube channel*)

5:00pm-6:15pm Middle School Youth Group 6:15pm ALL Youth Dinner (\$3) 6:45pm-8:00pm Senior High Youth Group

OUR FOCUS TONIGHT:

"For our sake God made the one who knew no sin to be sin, so that in him we might become the righteousness of God. As we work together with him, we entreat you also not to accept the grace of God in vain." 2 Corinthians

MARK YOUR CALENDAR!

March 20th: Youth Leadership Team March 21st: Sixers! Goes Rock Climbing

Register here!

March 30th: Youth Family Trivia Night!

April 25th & 26th: Confirmation

Retreat to Blowing Rock

April 27th: LISTEN event with Dr.

Williams, author of 'Seen'

May 11th: Graduation Recognition

Sunday

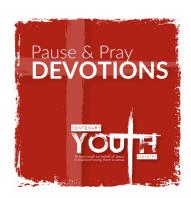
May 18th: Confirmation Sunday
June 10th-12th: Summer in the City
June 16th-20th: Vacation Bible School
July 19th-27th: YouthWorks! Senior

High Mission Trip

August 17th: Sunday school open

house & Fall Kick-Off





PAUSE & PRAY

"And if the Spirit of him who raised Jesus from the dead is living in you, he who raised Christ from the dead will also give life to your mortal bodies through his Spirit, who lives in you."

—Romans 8:11

Thoughts on Today's Verse:

If we belong to Christ, we know the Spirit of God lives in us (Romans 8:9). Because of the Spirit's presence, we know that we are eternal! The Spirit is God's down payment, guaranteeing that our future is with him (2 Corinthians 1:21-22; 2 Corinthians 5:5). What's more, even while we're living for Christ now, the Spirit gives life to our physical bodies as we use them for God's glory (Romans 12:1). He will do this until the time the Spirit raises us from our physical death and brings us into the eternal presence of God in our immortal bodies (1 Corinthians 15:50-58).

My Prayer:

Father, please animate my physical body with your Spirit so that what I do not only brings you glory but also reflects your character and grace. Please empower and transform me with your Spirit until you raise me with my immortal body to be with you forever. To you, O Father, be all the glory for your presence and power at work within me, your child. In Jesus' name. Amen.

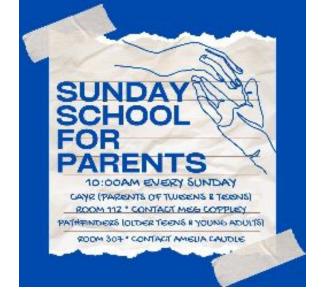
SUNDAY SCHOOL FOR

PARENTS

We invite our parents to join one of our Sunday school classes. Come on up to the 4th floor Youth Commons, grab a doughnut (or Poptart!) & a cup of coffee and head down to a class of your choice. We know you will find love and community wherever you land.

Our CAYR class is for parents of tweens and teens. And our Pathfinders class is for parents of older teens and young adults. Check out all our Adult Formation offerings here:

CLASSES FOR PARENTS



OTHER OPPORTUNITIES JUST FOR YOU!



SUMMER IN THE CITY 2025!

Did you know here at Centenary, one of the ways that we are loving God and loving neighbor is through compassionate service, a vital piece of which is missions. Through grants, volunteers, events, advocacy, we support and participate in projects, relationships, and development that make the kingdom of God visible here and now. We honor our church's historic commitments, current involvement, and missional entrepreneurship locally, regionally, and internationally.

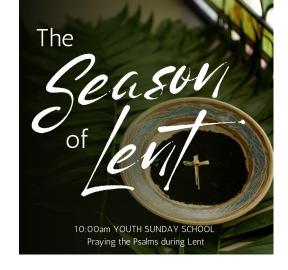
This summer, for the first time, our Youth Ministry will team up with our missional partners to serve right here in Winston Salem for a local mission week. Plan to spend June 10th-12th, 2025 at Centenary and serving each day at these various partner organizations, worshiping together, growing in your faith & friendships, experiencing some incredible evening activities, and witnessing God in our midst right in our own 'backyard'. Cost for this mission experience is \$200 per person. Mark your calendar TODAY...watch for registration and more details coming soon!



THE HARDEST PART LENT 2025

Life is this strange, tender mix, isn't it? Joy and sorrow, love and loss, heartbreak and hope, all tangled together. This year, we invite you to embrace Lent as it is—raw, honest, and tender. This is the season that asks us to stop pretending we're holding it all together. It's a time to pause, sit with what's fragile and unfinished, and let God meet us in the hardest parts of our lives.

Join Kate Bowler on a Lenten journey by signing up *here* for her incredible daily guide.



PRAYING THE PSALMS

Prayer helps us deepen our connection with God. It can help us notice and express our doubts, hopes, gratitude, fears, and joys as we learn to lean on God for help. Through this Sunday school study, our group will think about psalms and how they help people connect with God.

One of the reasons believers have loved the Psalms is that the Psalmist talks to God and listens for God...which is exactly what prayer is. Our hope is that by studying and learning the Psalms, we will all have a model of how to pray more deeply and honestly. Come join us!



SPRING SPORTS ARE BACK!

We know y'all are a gaming bunch...and we love that! Make sure to share your game schedules with us so we can come cheer you on!

#we'reyourbiggestfans

Click here to share with us!

JUST ONE MORE RANDOM THOUGHT...

DID YOU KNOW?

Day and Night are Almost Equal in Spring

During the spring equinox, day and night are almost equal in length, which is why the term "equinox" comes from Latin words meaning "equal night." The word "vernal" comes from the Latin word 'vernalis,' which is derived from 'ver,' meaning spring. This equinox marks the first day of the season in the Northern Hemisphere.

Don't forget you are loved so BIG!

Dear friends, let us love one another, for love comes from God. Everyone who loves has been born of God and knows God. - 1 John 4:7

For more information or to sign up to receive Youth Ministry updates by email, contact *Tammy Pollock*.

Follow us on Instagram @centenary_youth.











Making Disciples of Jesus Christ for the Transformation of the World.



Centenary United Methodist

646 West Fifth Street PO Box 658 Winston-Salem, NC 27101

Contact Us

336-724-6311 Church Office Hours Monday-Thursday 9am-4pm











