

Embedded within this email you will find green links.

Please click those links to discover more information, to volunteer,
or register for events.

Centenary Youth Ministry



THIS SUNDAY September 28th

5:00pm-6:30pm Middle school youth 6:15pm-6:45pm ALL youth dinner (\$3) 6:30pm-8:00pm Senior high youth Join us this Sunday on the 4th floor for faith, fellowship, fun, & food as we explore the Holy Spirit!

MARK YOUR CALENDAR!

October 4th: A Bed & A Book Build

RSVP

October 5th: LTN

October 19th: Annual trip to

Scarowinds RSVP

October 24th: Sixers! Goes to Alpha &

Omega Corn Maze

October 28th: Twin City Basketball

begins! CUMC vs. WSSS **November 2nd:** LTN

November 4th: Senior High Mission trip

registration opens at 9am

November 14th: Sixers! Goes to Urban

Air

November 16th: Stroll into Light mental

health walk

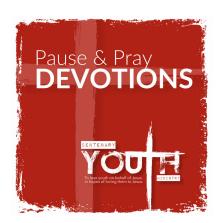
November 30th: Friendsgiving **December 2nd:** Confirmation 2026

Parent's Orientation

December 5th: Sixers! Goes to Festival

of Lights





PAUSE & PRAY

"Then he said to them all: "If anyone would come after me, he must deny himself and take up his cross daily and follow me."

-Luke 9:23

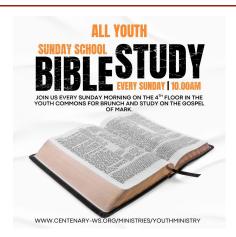
Thoughts on Today's Verse:

Offering ourselves to God isn't a one-time event. We we offer ourselves, we offer our bodies to God as a living sacrifices (**Romans 12:1**) daily. We are committing to die to our selfish wills and follow Jesus daily, obeying him as we live to honor him. As the Lord Jesus did in the Garden of Gethsemane with the Father, we must face our daily challenge to "take up [my] cross daily," putting our selfish wills on the cross, and crying out, "Not my will, but yours be done," Abba Father (**Luke 22:42**).

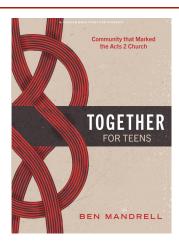
My Prayer:

Dear Father, thank you for sending Jesus as my Savior. Lord Jesus, I want to follow you completely. I don't want it to be half-hearted or hypocritical. I yearn for your life to be seen in me each day. So please, Lord, humble me gently, and show me the areas where I need to soften my heart and have the Spirit shape my character, so that I can more perfectly reflect your glory, grace, and character to those around me. In Jesus' name, I ask for the Father's help in taking up my cross and following the way of Jesus, each and every day. Amen.

OPPORTUNITIES FOR YOU TO GROW IN FAITH!



All youth (6th-12th grades) are welcome to be a part of our fall Sunday school Bible study on the Gospel of Mark! Each Sunday morning at 10:00am we will gather on the 4th floor in the Youth Commons for a light brunch, as we sit around the tables, to explore Mark's perspective on the life of Jesus. Together we will learn how we can be more like Jesus by not only serving Jesus, but one another, just as he does for us.



fall Join us this for Wednesday night bible study, Nourish! Join us for dinner from 5:15-6:00 pm in Memorial Auditorium (RSVP required for dinner). Our Bible study will begin at 6:00pm on the 4th Floor in the Middle school room. This fall we will be studying Acts 2 through the book "Together for Teens" by Ben Mandrell. Come explore how God has designed the church and how you are already a part of it.



BED AND A BOOK BUILD

October 4 • 10 am - Noon • Truist Stadium

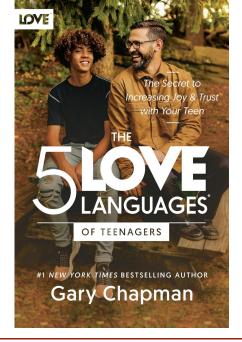
Join us at the Truist Stadium on **Saturday, October 4** as we partner with Bed and a Book to do some basic preassembly of beds that will later be delivered to families throughout our community. This is a great project for the whole family or a group of friends!

Register *HERE* let us know if your family & friends will be joining, this way we can send you lots of important details.

There will be lunch provided at no-cost, just register before September 25!

2025-2026 READ ALONG WITH US

Centenary's Youth Ministry and Shining Light on Mental Health invite you to join us this 2025-2026 school year as we encourage both our parents AND our youth



to read together these very important books. We believe these four books will help us truly listen and understand each other better and more authentically. As Jesus followers, we are called to 'accompany' one another in faith and in life with the hope that we might surround one another with a community of love and forgiveness and grow in our trust of God. At the conclusion of each quarter, we will gather for 'coffee and conversation' about the previous quarter's reading.

Books may be purchased on Amazon or at any of our local bookstores.

MUSICAL OPPORTUNITIES FOR YOU!



YOUTH CHOIR COLLECTIVE Thursdays at 5:30 PM in the Youth Commons

Rehearsals are held weekly on Thursdays in the Youth Suite from 5:30 – 6:30 PM (optional dinner offered at 5:00 PM). We can't wait for a year filled with collaborative performances including the inaugural YCC Choir Festival with students from across the Triad! Email YCC Director Michael Martinez (momartin3200@gmail.com) for more information.



YOUTH HANDBELLS ARE BACK! JOIN THE WEST END RINGERS! Thursdays at 6:00 PM in the Handbell Room

6th - 12th graders are invited to join this exciting ensemble this fall as they embark on a season of worship leadership and special outside performance opportunities. Previous handbell/musical experience encouraged. Those who wish to also participate in YCC will be released for WER rehearsal each week. Email Director of Handbell Ensembles Camille Jones

(camillemurphyjones@gmail. com) for more information.



JUST ONE MORE RANDOM THOUGHT...

DID YOU KNOW?

You can hear a blue whale's heartbeat from more than 2 miles away.

The world's largest animal's heart weighs about 400 pounds
— approximately the size of a small piano.

Don't forget you are loved so BIG!

Dear friends, let us love one another, for love comes from God. Everyone who loves has been born of God and knows God. - 1 John 4:7

For more information or to sign up to receive Youth Ministry updates by email, contact:

Tammy Pollock, Director of Youth Ministry and/or **Kevin Garrity**, Assistant Director of Youth Ministry

Follow us on Instagram @centenary_youth.









Making Disciples of Jesus Christ for the Transformation of the World.

Centenary United Methodist

646 West Fifth Street PO Box 658 Winston-Salem, NC 27101

Contact Us

336-724-6311 Church Office Hours Monday-Thursday 9am-4pm











Centenary United Methodist Church | 646 W. Fifth Street | Winston-Salem, NC, NC 27101 US

<u>Unsubscribe</u> | <u>Update Profile</u> | <u>Constant Contact Data Notice</u>



Try email marketing for free today!