

CENTENARY

YOUTH

To love youth on behalf of Jesus
in hopes of loving them to Jesus.

MINISTRY

WEEKLY YOUTH HAPPENINGS



*Embedded within this email you will find green links.
Please click those links to discover more information, to volunteer,
or register for events.*

Centenary Youth Ministry

THIS SUNDAY

August 23rd, 2026

9:00am Worship

(@Memorial Auditorium)

10:00am

Youth Sunday school

(@ Youth Commons)

11:00am In-person (@Sanctuary)

& livestream Worship

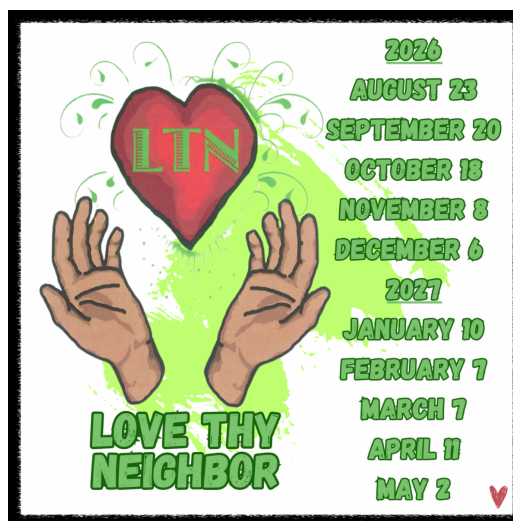
(via our [YouTube channel](#))

and LTN set up

12:00pm-2:00pm Love Thy Neighbor

(@Memorial Auditorium)

2:15pm LTN clean up



MARK YOUR CALENDAR!

August 23rd: LTN

August 30th: Class Dinners

September 12th: Niner-Niner@Top Golf!

[REGISTER](#)

September 18th: Sixers!@Adventure Landing!

[REGISTER](#)

September 27th: Church Council

October (TBA): Twin City Conference

Basketball begins [JOIN THE TEAM](#)

October 4th: The Longest Table event

October 18th: LTN

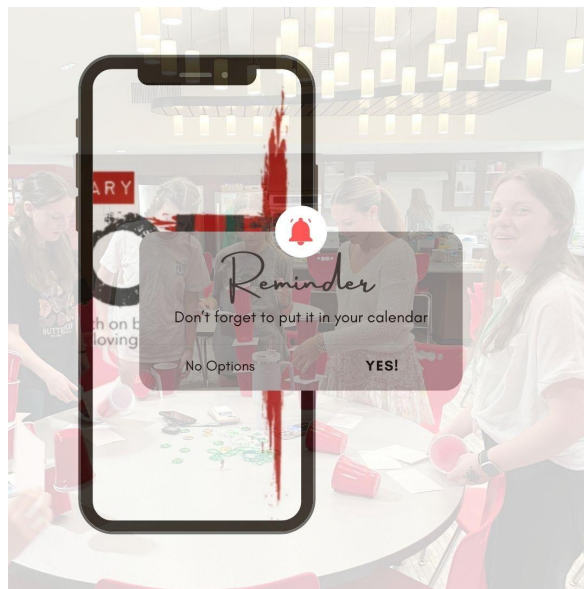
October 25th: Annual trip to Scarowinds

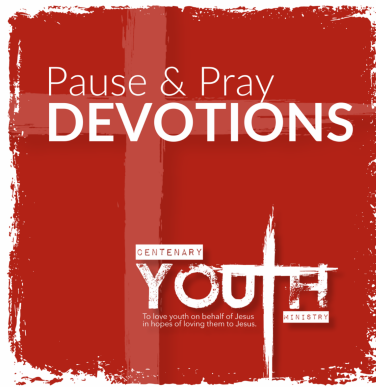
November 8th: LISTEN event with Saul

Malek! FOCUS: Teens and Gambling

November 15th: Stroll into Light @Mt Tabor

High School





PAUSE & PRAY

"I have set the Lord always before me. Because he is at my right hand, I will not be shaken."

—Psalm 16:8

Thoughts on Today's Verse:

Many things can trouble our lives, but none can shake us loose from the grip of God's grace as our hearts remain pointed at Jesus as our Lord and our hope remains focused on the Lord's return. If Jesus is our Lord, then all of life's greatest blessings lie ahead of us, and he will let nothing rob us of this coming glory! We have confidence as believers because each of us can say:

I have set the Lord always before me. Because he is at my right hand, I will not be shaken.

So, dear friend in Jesus, let's not just say it; let's passionately live it!

My Prayer:

*Holy Lord, you are worthy of majesty, honor, and praise. I lift your name, O God, and place it above every name. As I look to the future, I want to honor you and journey with you, knowing you are with me. Since I believe you will never leave or forsake me (**Romans 8:37-39**), I will always look ahead with anticipation, knowing that you are leading the way. Through Jesus, I anticipate and pray. Amen.*

CELEBRATING A GREAT SUNDAY SCHOOL OPEN HOUSE & FALL KICK OFF!





We had an amazing start to our **BRAND NEW YEAR** of Youth Ministry! If you were with us, you know! If you missed it, we can't wait to welcome you into what promises to be another **FANTASTIC** year of growing, laughing, studying, serving, and deepening our friendships with each other the Lord.

BE here. **BE** you. **Be** loved. **BELONG!** Centenary's Youth Ministry is the place to **BE!**

CLASS DINNERS * AUGUST 30TH

5:00PM-6:30PM

CENTENARY YOUTH MINISTRY

5PM - 6:30PM

SUNDAY AUG 30

CLASS DINNERS

Eat. Play. Pray.

SUNDAY - April 29th

6th - The Conrad's (Hank)

7th - The Douglas' (Beverly)

8th - The Bonsall's (Sloan)

9th - The Welch's (Robert)

10th - The Patterson's (Owen)

11th - The Koufman's (JD)

12th - The Wenker's (Anna Claire)

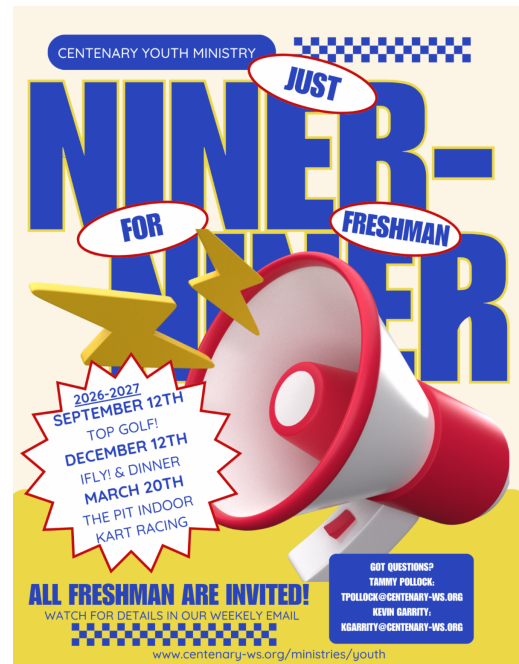
MEET AT YOUR CLASS' HOUSE FOR AN EVENING TO CONNECT WITH THE FRIEND'S IN YOUR GRADE OVER FOOD, FELLOWSHIP, AND TIEM WITH THE LORD BEFORE THE END OF THE YEAR!

One of our most favorite evenings in youth ministry is **CLASS DINNERS!** An event we started last year to help you reconnect with your friends in your grade. We kick-off the year with everyone gathering together...which is A LOT of people (and we never want people to get lost in the crowd)! Class dinners gives you the chance to reconnect with just those in your grade, who you went through Confirmation with (or will!). So come on out to your "class house" for an evening of food, connection, games, a devotion, and remember you **BELONG** to each other!



SIXERS!

A ministry just for our newest youth in the sixth grade! Join us one Friday night a month to go on an adventure with just your grade. We love this ministry that gives us all a chance to build community, grow in our faith, and do some really fun things. Some of our adventures include Laser Tag, Adventure Landing, Celebration Station, Alpha & Omega Corn Maze, Rock Climbing, swimming, and much, much more!

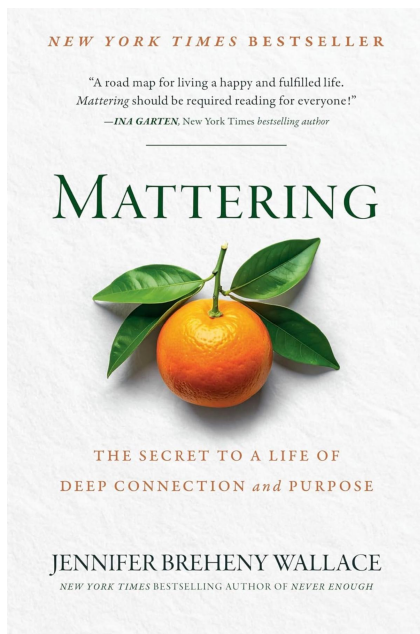


NINER-NINER!

We know it seems like only yesterday you were brand new in youth ministry in our Sixers! ministry. How fun were those events? The BEST!

Now you find yourself moving into High School and all those emotions of starting over again are looming over you. Well, we got YOU!

Niner-Niner is a ministry for our newest members of our Senior High Ministry...our fabulous Freshman. Join us one Saturday a quarter to step outside the norm and be together with your other freshman friends to reconnect, build community, and remember you are loved, seen, and heard.



READ ALONG WITH US! RECOMMENDED BOOK OF THE MONTH

In a world filled with high academic pressure, social media comparison, and endless sports schedules, our teenagers often receive a silent message: *"You only matter if you perform."* How do we break that cycle and help our precious teenagers realize their inherent worth?

Join other youth ministry parents this month as we *read along* together Jennifer Breheny Wallace's bestselling book, ***Mattering: The Secret to a Life of Deep Connection and Purpose***. Let's explore how secular research aligns deeply with our United Methodist understanding of **Prevenient Grace**—the foundational truth that God loves and values us before we ever earn or prove a thing.

JOIN US ACROSS THE TABLE!

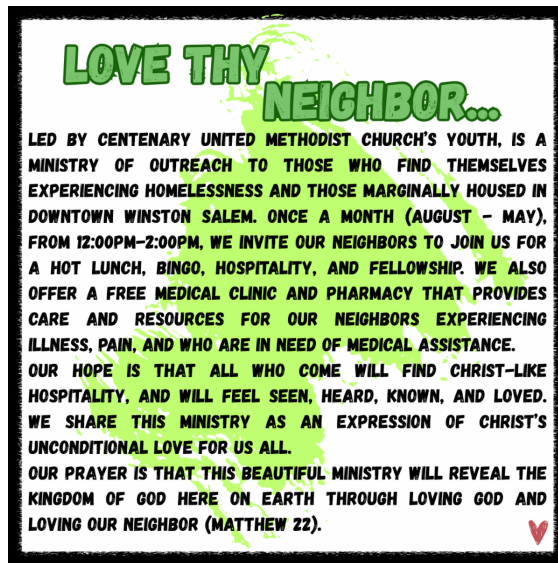


ACROSS THE TABLE with Tammy & Kevin

Did you know your youth ministers have a podcast?

Welcome to "Across The Table" where we simply come to the table to share in all things youth-ministry and in all things happening in the lives of teenagers today. We're your youth minister hosts, Tammy Pollock and Kevin Garrity, and we're so glad to BE sitting at the table with you. We hope you'll find rest, encouragement, joy, and belonging Across The Table with us -- as we discern and discover what it means *"To love youth on behalf of Jesus, in hopes of loving them to Jesus,"* trusting that Christ-like love will transform you and our community. Listen to the latest episode [Here!](#)

LOVE THY NEIGHBOR



LEARN MORE ABOUT US AND HOW TO CONNECT!

7 IMPORTANT WAYS WE LIVE OUT Centenary UMC's Youth Ministry

- OUR MISSION**

To love youth on behalf of Jesus in hopes of loving them to Jesus. So that our youth, loving Jesus, will love others on behalf of Jesus.

Our Youth Ministry is intentional about offering youth & adult youth leaders 'space and tools', through these seven movements, to encounter the living, loving Jesus so that we may all be transformed into the likeness of Jesus Christ.
- OUR INVITATION**

In response to Christ's invitation to abide in him, we believe that the central purpose of youth ministry is to invite the minds and hearts of young people to an intimate relationship with God in Christ through the indwelling of the Holy Spirit.
- OUR BELIEF**

Just as Jesus led a life of simplicity with times for rest, solitude, and silence, we also are committed to helping our youth find rest and balance in a hyperactive, overcommitted, dangerously busy culture. (Matthew 14)
- 1. SABBATH**

Just as Jesus' life and ministry were grounded in a desire to be at complete union with God, we also seek to ground all life and ministry in a prayerful relationship with God in Christ. (Mark 6:46)
- 2. PRAYER**

Just as Jesus called and ministered with others in a community of spiritual companions, we also encourage, support, and practice in small youth leadership teams, in which we all have common call to spiritual growth through Christian living and ministry to our youth. (Matthew 10)
- 3. COVENANT COMMUNITY**

Just as Jesus sought to form disciples through a relationship of love & invitation to follow him, we also seek to initiate young persons into the Christian faith through relationships with those older than them who join them in living the way of authentic discipleship. (Matthew 4:18)
- 4. ACCOMPANIMENT**

Just as Jesus prayed to know and follow God's desire, we also seek to discern and respond faithfully to the call of the Holy Spirit on our lives and in ministry with our young people. (Luke 22:39)
- 5. DISCERNMENT**

Just as Jesus exhorted his disciples to "let the children come", we also seek the full inclusion of young people and the many gifts they bring into every dimension of the church life: worship, teaching, proclamations, fellowship, and service. (Mark 10:13)
- 6. HOSPITALITY**

Just as Jesus came out of prayer and solitude to heal the sick, welcome the outcast, and celebrate with friends, so we also seek to cooperate with the Holy Spirit in a way of life rooted in the Beatitudes that witnesses to Christ's love, passion, and joy. (Luke 4:18 & 19)

www.centenary-ws.org/ministries/youthministry

5 WAYS TO CONNECT WITH US..

We are super excited to be able to connect with you and we love all your questions! Please sign up for our weekly email blast, follow us on Instagram, check out the Centenary website, make an account on Realm, and save Tammy & Kevin's contact information.

- WEEKLY EMAIL**

Join our Youth Ministry email list. This email goes out weekly on Thursday afternoons at 4:30pm
- INSTAGRAM**

Follow us on Instagram: [centenary_youth](https://www.instagram.com/centenary_youth)
 We update our insta each week with details about our events, prayers, & shout outs.
- CENTENARY WEBSITE**

Realm is the platform our church uses to communicate, register for events, and make payments.
- REALM CONNECT**

You are always welcome to reach out to the Youth Ministry staff via texts or calls. We love to connect with you and to answer any questions you may have or simply to chat with you about what's on your mind.
- CALL OR TEXT**

Tammy LOVES being your Youth Minister and believes God created her to live out this call on her life. You can contact her at: tpollock@centenary-ws.org OR 336-399-7265

KEVIN GARRITY
 ASSISTANT YOUTH MINISTER

Kevin is our AMAZING Assistant Youth Minister and is super excited to spend time with you, anytime, and all the time. You can contact him at: kgarrity@centenary-ws.org OR 336-406-0505

TAMMY POLLOCK
 YOUTH MINISTER

CENTENARY YOUTH

The Youth Ministry Office Hours
 Sundays 8:30am-12:30pm and 4:30pm-8:30pm
 Mondays closed for Sabbath
 Tuesdays, Thursdays, & Fridays 10:00am-5:00pm
 Wednesdays 10:00am-7:30pm

JUST ONE MORE RANDOM THOUGHT...

DID YOU KNOW?

Roller skating works 80% of your muscles!

Skating engages your core, glutes, quads, and calves while being twice as safe for your joints as running.

Don't forget you are loved so BIG!

Dear friends, let us love one another, for love comes from God. Everyone who loves has been born of God and knows God. - 1 John 4:7

For more information or to sign up to receive Youth Ministry updates by email, contact:

Tammy Pollock, Director of Youth Ministry
and/or

Kevin Garrity, Assistant Director of Youth Ministry

Follow us on Instagram @centenary_youth.

Listen to our podcast, "Across the Table with Tammy & Kevin"
(which can be found wherever you listen to your podcasts)



FOR
EVERYONE
#4EVRY1WS

“

**Making Disciples of Jesus Christ for the
Transformation of the World.**

”

Centenary United Methodist

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Winston-Salem, NC 27101

Contact Us

336-724-6311

Church Office Hours

Monday-Thursday 9am-4pm



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