

CENTENARY

YOUTH

To love youth on behalf of Jesus
in hopes of loving them to Jesus.

MINISTRY

WEEKLY YOUTH HAPPENINGS



*Embedded within this email you will find green links.
Please click those links to discover more information, to volunteer,
or register for events.
Centenary Youth Ministry*

THIS SUNDAY

September 13th

YOUTH MINISTRY IN THE MORNING

9:00am Worship

(@Memorial Auditorium)

10:00am

Youth Sunday school

(@ Youth Commons)

11:00am In-person (@Sanctuary)

& livestream Worship

(via our **YouTube channel**)

12:00pm Fall Back to Fall

ALL church picnic!

(5th Street Lawn)

YOUTH MINISTRY IN THE EVENING

5:00pm-6:30pm COMBINED

Youth Group! Join us tonight on the

4th floor for dinner (\$3)

and an EPIC game of MANHUNT!



MARK YOUR CALENDAR!

September 12th: Niner-Niner@Top Golf!

REGISTER

September 18th: Sixers!@Adventure Landing!

REGISTER

September 20th: LTN

September 27th: Church Council

October (TBA): Twin City Conference

Basketball begins **JOIN THE TEAM**

October 4th: The Longest Table event

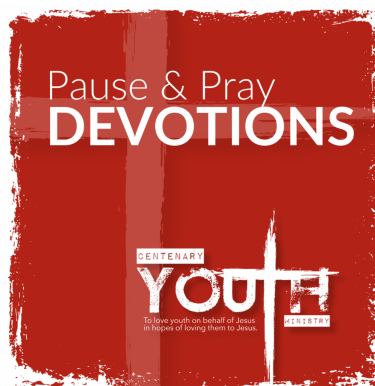
October 18th: LTN

October 25th: Annual trip to Scarowinds

November 8th: LISTEN event with Saul

Malek! FOCUS: Teens and Gambling

November 15th: Stroll into Light @Mt Tabor
High School



PAUSE & PRAY

"Even to your old age and gray hairs, I AM he, I AM he who will sustain you. I have made you and I will carry you; I will sustain you and I will rescue you."

—Isaiah 46:4

Thoughts on Today's Verse:

This promise was originally made in Isaiah's day to the faithful remnant of God's people living among their corrupted and poisonous neighbors. God wanted them, in their day, just as he wants Jesus' disciples in ours, to realize that he knows us, gave birth to us through his Spirit (**John 1:12-13, 8**), and will never leave us or forsake us (**Romans 8:37-39; Hebrews 13:5-6**). God will not forget us when we're in trouble or when we are old. We may outlive our friends and be forgotten by those who know us. God, however, will sustain, carry, protect, and rescue us (**Isaiah 46:3**). And when our earthly journeys come to their end, the Father will send Jesus to rescue us, and *"we will always be with the Lord. Therefore encourage one another with these words"* (**1 Thessalonians 4:17-18**).

My Prayer:

Thank you, God, for promising never to forget us. Because of your faithfulness to your children of old, we know we can trust your promises never to leave or abandon us, even when we are old. We trust that no matter where we are or where we go, you will go with us, sustain us, lead us, and carry us. In Jesus' name, we offer our heartfelt thanks as we anticipate our journey with you until we are home in your presence. Amen.

JOIN THE WEST END RINGERS THIS FALL!



Thursdays at 6:00 PM in the Handbell Room
West End Ringers begins September 17!

6th - 12th graders are invited to join this exciting ensemble this fall as they embark on a season of worship leadership and special outside performance opportunities. No prior experience necessary!

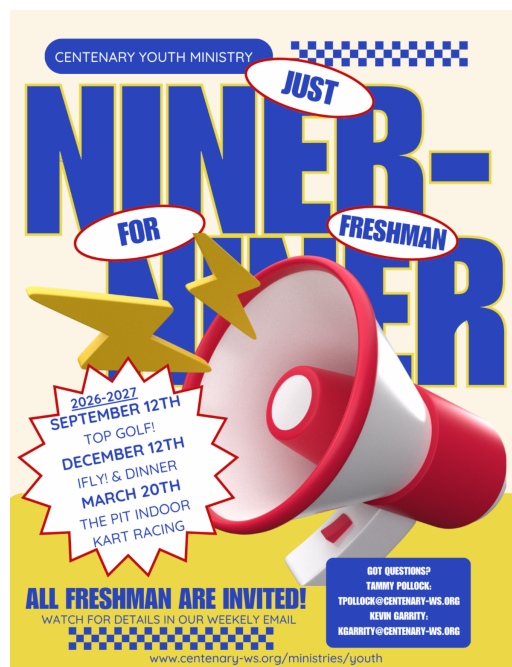
Email: Camille Jones (camillemurphyjones@gmail.com) for more information.

DON'T MISS THESE MILESTONE GATHERINGS!



SIXERS!

A ministry just for our newest youth in the sixth grade! Join us one Friday night a month to go on an adventure with just your grade. We love this ministry that gives us all a chance to build community, grow in our faith, and do some really fun things. Some of our adventures include Laser Tag, Adventure Landing, Celebration Station, Alpha & Omega Corn Maze, Rock Climbing, swimming, and much, much more!

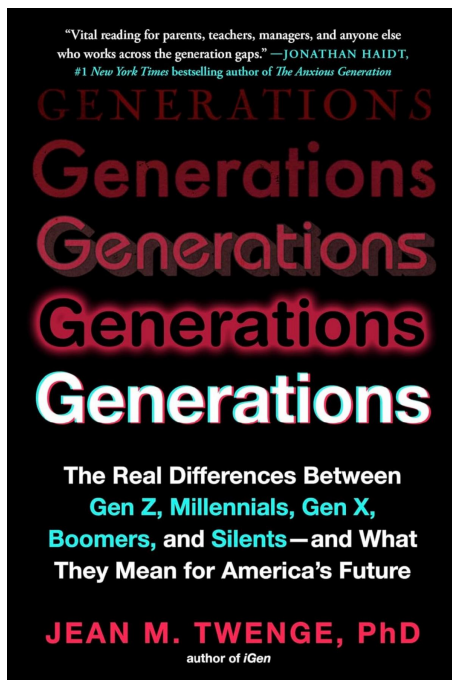


NINER-NINER!

We know it seems like only yesterday you were brand new in youth ministry in our Sixers! ministry. How fun were those events? The BEST!

Now you find yourself moving into High School and all those emotions of starting over again are looming over you. Well, we got YOU!

Niner-Niner is a ministry for our newest members of our Senior High Ministry...our fabulous Freshman. Join us one Saturday a quarter to step outside the norm and be together with your other freshman friends to reconnect, build community, and remember you are loved, seen, and heard.



READ ALONG WITH US!

RECOMMENDED BOOK OF THE MONTH

In *Generations*, Dr. Jean M. Twenge uses decades of data to show how rapid technological shifts—rather than major historical events—drive generational culture. Tech acceleration expands individualism and creates a "slower life trajectory," where today's youth reach adult milestones later than previous generations. Moving through Silents, Boomers, Gen X, Millennials, Gen Z, and Gen Alpha, Twenge provides a clear, data-driven look at how screens, schedules, and social changes shape our kids' mental health, developmental pace, and worldviews.

Join other youth ministry parents this month as we *read along* together Dr. Jean M. Twenge, PhD bestselling book, ***Generations The Real Difference Between Gen Z, Millennials, Gen X, Boomers, and Silents - and What They Mean for America's Future***. As United Methodists, we

believe in **prevenient grace**—meeting our young people with unconditional love right where they are—and **connectionalism**, the belief that God built us to support one another in community. Together, we'll look at Twenge's insights through the lens of our faith to better understand our kids, ease modern parenting anxieties, and cultivate a church family where every generation belongs.

JOIN US ACROSS THE TABLE!

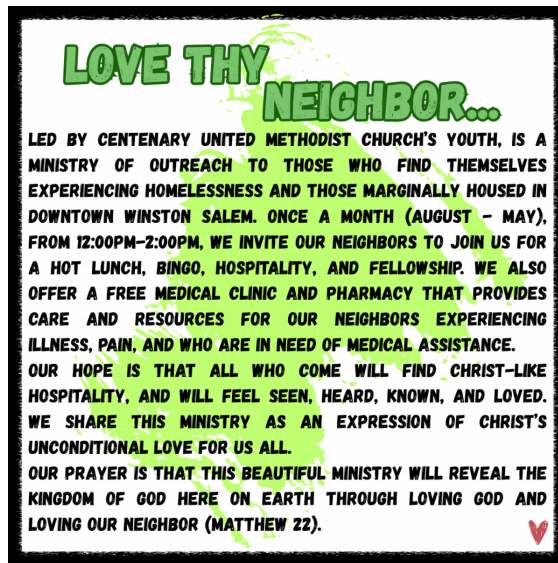


ACROSS THE TABLE with Tammy & Kevin

Did you know your youth ministers have a podcast?

Welcome to "Across The Table" where we simply come to the table to share in all things youth-ministry and in all things happening in the lives of teenagers today. We're your youth minister hosts, Tammy Pollock and Kevin Garrity, and we're so glad to BE sitting at the table with you. We hope you'll find rest, encouragement, joy, and belonging Across The Table with us -- as we discern and discover what it means "To love youth on behalf of Jesus, in hopes of loving them to Jesus," trusting that Christ-like love will transform you and our community. Listen to the latest episode [Here!](#)

LOVE THY NEIGHBOR!



LEARN MORE ABOUT US AND HOW TO CONNECT!

7 IMPORTANT WAYS WE LIVE OUT Centenary UMC's Youth Ministry

- 
OUR MISSION

To love youth on behalf of Jesus in hopes of loving them to Jesus. So that our youth, loving Jesus, will love others on behalf of Jesus.

Our Youth Ministry is intentional about offering youth & adult youth leaders 'space and tools', through these seven movements, to encounter the living, loving Jesus so that we may all be transformed into the likeness of Jesus Christ.
- 
OUR BELIEF

Just as Jesus led a life of simplicity with times for rest, solitude, and silence, we also are committed to helping our youth find rest and balance in a hyperactive, overcommitted, dangerously busy culture. (Matthew 14)
- 
2. PRAYER

Just as Jesus called and ministered with others in a community of spiritual companions, we also encourage, support, and practice in small youth leadership teams, in which we all have common call to spiritual growth through Christian living and ministry to our youth. (Matthew 10)
- 
4. ACCOMPANIMENT

Just as Jesus prayed to know and follow God's desire, we also seek to discern and respond faithfully to the call of the Holy Spirit on our lives and in ministry with our young people. (Luke 22:39)
- 
6. HOSPITALITY

Just as Jesus came out of prayer and solitude to heal the sick, welcome the outcast, and celebrate with friends, so we also seek to cooperate with the Holy Spirit in a way of life rooted in the Beatitudes that witnesses to Christ's love, passion, and joy. (Luke 4:18 & 19)
- 
3. COVENANT COMMUNITY

Just as Jesus sought to form disciples through a relationship of love & invitation to follow him, we also seek to initiate young persons into the Christian faith through relationships with those older than them who join them in living the way of authentic discipleship. (Matthew 4:18)
- 
5. DISCERNMENT

Just as Jesus exhorted his disciples to "let the children come", we also seek the full inclusion of young people and the many gifts they bring into every dimension of the church life: worship, teaching, proclamations, fellowship, and service. (Mark 10:13)
- 
7. AUTHENTIC ACTION

www.centenary-ws.org/ministries/youthministry

5 WAYS TO CONNECT WITH US..

We are super excited to be able to connect with you and we love all your questions! Please sign up for our weekly email blast, follow us on Instagram, check out the Centenary website, make an account on Realm, and save Tammy & Kevin's contact information.

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1. WEEKLY EMAIL

Join our Youth Ministry email list. This email goes out weekly on Thursday afternoons at 4:30pm
- 
2. INSTAGRAM

Follow us on Instagram: [centenary_youth](https://www.instagram.com/centenary_youth)
We update our insta each week with details about our events, prayers, & shout outs.
- 
3. CENTENARY WEBSITE

Realm is the platform our church uses to communicate, register for events, and make payments.
- 
4. REALM CONNECT

You are always welcome to reach out to the Youth Ministry staff via texts or calls. We love to connect with you and to answer any questions you may have or simply to chat with you about what's on your mind.
- 
5. CALL OR TEXT

Tammy LOVES being your Youth Minister and believes God created her to live out this call on her life. You can contact her at: tpollock@centenary-ws.org OR 336-399-7265

KEVIN GARRITY
ASSISTANT YOUTH MINISTER

Kevin is our AMAZING Assistant Youth Minister and is super excited to spend time with you, anytime, and all the time. You can contact him at: kgarrity@centenary-ws.org OR 336-406-0505

TAMMY POLLOCK
YOUTH MINISTER

CENTENARY YOUTH

The Youth Ministry Office Hours

Sundays
8:30am-12:30pm and 4:30pm-8:30pm

Mondays
closed for Sabbath

Tuesdays, Thursdays, & Fridays
10:00am-5:00pm

Wednesdays
10:00am-7:30pm

JUST ONE MORE RANDOM THOUGHT...

DID YOU KNOW?

Scientists estimate that your nose can recognize over a trillion different smells.

Don't forget you are loved so BIG!

Dear friends, let us love one another, for love comes from God. Everyone who loves has been born of God and knows God. - 1 John 4:7

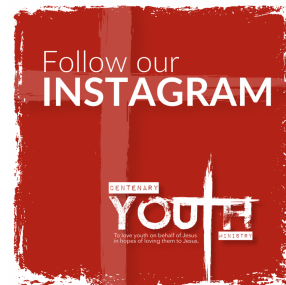
For more information or to sign up to receive Youth Ministry updates by email, contact:

Tammy Pollock, Director of Youth Ministry
and/or

Kevin Garrity, Assistant Director of Youth Ministry

Follow us on Instagram @centenary_youth.

Listen to our podcast, "Across the Table with Tammy & Kevin"
(which can be found wherever you listen to your podcasts)



FOR
EVERYONE
#4EVRY1WS

“

**Making Disciples of Jesus Christ for the
Transformation of the World.**

”

Centenary United Methodist

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Winston-Salem, NC 27101

Contact Us

336-724-6311

Church Office Hours

Monday-Thursday 9am-4pm



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