

CENTENARY

YOUTH

To love youth on behalf of Jesus
in hopes of loving them to Jesus.

MINISTRY

WEEKLY YOUTH HAPPENINGS



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Please click those links to discover more information, to volunteer,
or register for events.
Centenary Youth Ministry*



THIS SUNDAY

October 4th

YOUTH MINISTRY IN THE MORNING

9:00am Worship

(@Memorial Auditorium)

10:00am

Youth Sunday school

(@ Youth Commons)

11:00am In-person (@Sanctuary)

& livestream Worship

(via our **YouTube channel**)

YOUTH MINISTRY IN THE EVENING

5:00pm-7:00pm

Join us in the heart of downtown Winston Salem to share a meal with your neighbors! The Longest Table initiative began in 2022 in NYC when two friends had an idea to bring people together with no agenda, just a table, some food and an open invitation. We extend that invitation to you to join us at the longest table in downtown.

MARK YOUR CALENDAR!

October 18th: LTN

October 25th: Annual trip to Scarowinds

REGISTER

October 27th: Twin City Conference

Basketball begins **JOIN THE TEAM**

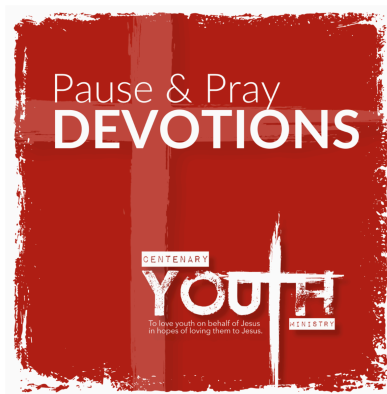
November 3rd: Registration opens for the Senior High Mission trip 2027

November 8th: LTN & LISTEN event with Saul Malek! FOCUS: Teens and Gambling

November 15th: Stroll into Light @Mt Tabor High School **REGISTER**

November 22nd: Christmas Craft night

November 29th: Friendsgiving



PAUSE & PRAY

"Everyone who does evil hates the light, and will not come into the light for fear that his deeds will be exposed. But whoever lives by the truth comes into the light, so that it may be seen plainly that what he has done has been done through God."

—John 3:20-21

Thoughts on Today's Verse:

Truth is seen in what it does and whom it seeks. Let's live as children of light and seek after the Father who dwells in unapproachable and glorious light (1 Timothy 6:16) so we might be light to a world darkened by evil (Matthew 5:14-16). Let's not hide, play, or flirt with the darkness, but come to the light and receive the light of life (John 1:4, 8:12) as we live as light in our dark world (Philippians 2:15).

My Prayer:

Father of the heavenly lights,* I ask you to correct me gently as I place myself, my imperfections, failures, and sins before you, bringing them into the light of your presence. Please forgive and cleanse me by the blood of Jesus so that I might be spotless and holy and blameless in your sight. O Lord, I don't just want to be forgiven; I want to be cleansed and made useful to you and your people. Please help me find my way to usefulness and be light to those trapped in darkness. In Jesus' name, I pray. Amen.

MEET US AT THE TABLE!

Join us in the heart of downtown Winston Salem to share a meal with your neighbors! The Longest Table initiative began in 2022 in NYC when two friends had an idea to bring people together with no agenda, just a table, some food and an open invitation. We extend that invitation to you on October 4th from 5:00pm-7:00pm. Everything (food, drinks, chairs and tables) will be provided, you just show up with your friends! **RSVP** This evening is hosted by Augsburg Lutheran Church, Calvary Moravian Church, Centenary United Methodist Church, First Baptist Church on Fifth and First Presbyterian Church.

JOIN THE WEST END RINGERS THIS FALL!



Thursdays at 6:00 PM in the Handbell Room
West End Ringers has begun...
but it's not too late to join!

6th - 12th graders are invited to join this exciting ensemble this fall as they embark on a season of worship leadership and special outside performance opportunities. No prior experience necessary!
Email: Camille Jones (camillemurphyjones@gmail.com) for more information.

LET'S PLAY BALL! JOIN OUR TEAM

Twin City Conference is a unique basketball league that exists in partnership with our friends at Winston-Salem Street School, along with our friends at St. Paul's Episcopal, First Presbyterian, Greek Orthodox, and Ardmore Baptist. ALL our senior High boys-- who are **NOT** on their school's varsity basketball team -- are invited to join our team... and yes, friends are welcome too! Our games are played at the Fulton YMCA on Tuesday evenings starting October 27th at 6:00pm. The cost to join the league is \$50.

JOIN THE TEAM

2026 / 2027 SEASON SCHEDULE

Week	Home Team	Away Team	Location
10/27	St. Paul's	St. Paul's	Fulton YMCA
11/03	St. Paul's	St. Paul's	Fulton YMCA
11/10	St. Paul's	St. Paul's	Fulton YMCA
11/17	St. Paul's	St. Paul's	Fulton YMCA
11/24	St. Paul's	St. Paul's	Fulton YMCA
12/01	St. Paul's	St. Paul's	Fulton YMCA
12/08	St. Paul's	St. Paul's	Fulton YMCA
12/15	St. Paul's	St. Paul's	Fulton YMCA
12/22	St. Paul's	St. Paul's	Fulton YMCA
12/29	St. Paul's	St. Paul's	Fulton YMCA
01/05	St. Paul's	St. Paul's	Fulton YMCA
01/12	St. Paul's	St. Paul's	Fulton YMCA
01/19	St. Paul's	St. Paul's	Fulton YMCA
01/26	St. Paul's	St. Paul's	Fulton YMCA
02/02	St. Paul's	St. Paul's	Fulton YMCA
02/09	St. Paul's	St. Paul's	Fulton YMCA
02/16	St. Paul's	St. Paul's	Fulton YMCA
02/23	St. Paul's	St. Paul's	Fulton YMCA
03/01	St. Paul's	St. Paul's	Fulton YMCA
03/08	St. Paul's	St. Paul's	Fulton YMCA
03/15	St. Paul's	St. Paul's	Fulton YMCA
03/22	St. Paul's	St. Paul's	Fulton YMCA
03/29	St. Paul's	St. Paul's	Fulton YMCA
04/05	St. Paul's	St. Paul's	Fulton YMCA
04/12	St. Paul's	St. Paul's	Fulton YMCA
04/19	St. Paul's	St. Paul's	Fulton YMCA
04/26	St. Paul's	St. Paul's	Fulton YMCA
05/03	St. Paul's	St. Paul's	Fulton YMCA
05/10	St. Paul's	St. Paul's	Fulton YMCA
05/17	St. Paul's	St. Paul's	Fulton YMCA
05/24	St. Paul's	St. Paul's	Fulton YMCA
05/31	St. Paul's	St. Paul's	Fulton YMCA

* All games take place at the Fulton Family YMCA - Hanes Mill Road

DON'T MISS THESE MILESTONE GATHERINGS!



SIXERS!

A ministry just for our newest youth in the sixth grade! Join us one Friday night a month to go on an adventure with just your grade. We love this ministry that gives us all a chance to build community, grow in our faith, and do some really fun things. Some of our adventures include Laser Tag, Adventure Landing, Celebration Station, Alpha & Omega Corn Maze, Rock Climbing, swimming, and much, much more!



NINER-NINER!

We know it seems like only yesterday you were brand new in youth ministry in our Sixers! ministry. How fun were those events? The BEST!

Now you find yourself moving into High School and all those emotions of starting over again are looming over you. Well, we got YOU!

Niner-Niner is a ministry for our newest members of our Senior High Ministry...our fabulous Freshman. Join us one Saturday a quarter to step outside the norm and be together with your other freshman friends to reconnect, build community, and remember you are loved, seen, and heard.

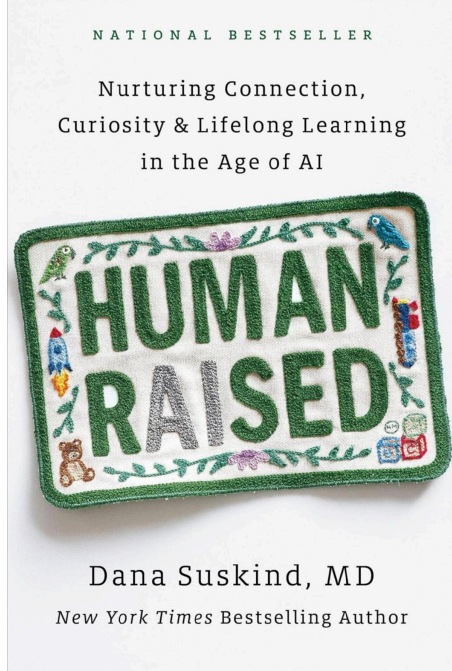
READ ALONG WITH US!

RECOMMENDED BOOK OF THE MONTH

Dr. Suskind, a pediatric surgeon and neuroscience researcher at the University of Chicago, examines how AI tools—ranging from smart toys and algorithmic tutors to conversational chatbots—impact children's neurological, social, and emotional growth. Rather than taking an anti-tech stance, she provides a science-backed road map to ensure technology enhances human interaction rather than replacing it.

Join other youth ministry parents this month as we *read along* together Dana Suskind, MD's New York Times Bestselling book, **Human Raised: Nurturing Connection, Curiosity, & Lifelong Learning in the Age of AI.**

As United Methodists, our Methodist theology emphasizes relational holiness—the idea that faith is lived out in community with God and neighbor. Dr. Suskind's emphasis on non-negotiable human connection mirrors the Wesleyan view that spiritual maturity requires personal, embodied presence. And her evidence-based approach gives parents practical tools grounded in sound science rather than fear or moral panic. Such a timely and important read! We hope you'll pick up and copy and plan to *read along* with us.



JOIN US ACROSS THE TABLE!

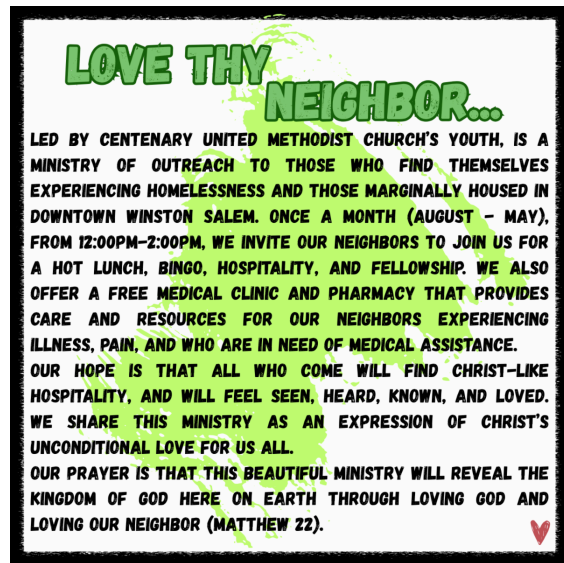


ACROSS THE TABLE with Tammy & Kevin

Did you know your youth ministers have a podcast?

Welcome to "Across The Table" where we simply come to the table to share in all things youth-ministry and in all things happening in the lives of teenagers today. We're your youth minister hosts, Tammy Pollock and Kevin Garrity, and we're so glad to BE sitting at the table with you. We hope you'll find rest, encouragement, joy, and belonging Across The Table with us -- as we discern and discover what it means "To love youth on behalf of Jesus, in hopes of loving them to Jesus," trusting that Christ-like love will transform you and our community. Listen to the latest episode [Here!](#)

LOVE THY NEIGHBOR!



LEARN MORE ABOUT US AND HOW TO CONNECT!

7 IMPORTANT WAYS WE LIVE OUT Centenary UMC's Youth Ministry

- OUR MISSION**

To love youth on behalf of Jesus in hopes of loving them to Jesus. So that our youth, loving Jesus, will love others on behalf of Jesus.

Our Youth Ministry is intentional about offering youth & adult youth leaders 'space and tools', through these seven movements, to encounter the living, loving Jesus so that we may all be transformed into the likeness of Jesus Christ.
- OUR INVITATION**

In response to Christ's invitation to abide in him, we believe that the central purpose of youth ministry is to invite the minds and hearts of young people to an intimate relationship with God in Christ through the indwelling of the Holy Spirit.
- OUR BELIEF**

Just as Jesus led a life of simplicity with times for rest, solitude, and silence, we also are committed to helping our youth find rest and balance in a hyperactive, overcommitted, dangerously busy culture. (Matthew 14)
- 1. SABBATH**

Just as Jesus' life and ministry were grounded in a desire to be at complete union with God, we also seek to ground all life and ministry in a prayerful relationship with God in Christ. (Mark 6:46)
- 2. PRAYER**

Just as Jesus called and ministered with others in a community of spiritual companions, we also encourage, support, and practice in small youth leadership teams, in which we all have common call to spiritual growth through Christian living and ministry to our youth. (Matthew 10)
- 3. COVENANT COMMUNITY**

Just as Jesus sought to form disciples through a relationship of love & invitation to follow him, we also seek to initiate young persons into the Christian faith through relationships with those older than them who join them in living the way of authentic discipleship. (Matthew 4:18)
- 5. DISCERNMENT**

Just as Jesus exhorted his disciples to "let the children come", we also seek the full inclusion of young people and the many gifts they bring into every dimension of the church life: worship, teaching, proclamations, fellowship, and service. (Mark 10:13)
- 6. HOSPITALITY**

Just as Jesus came out of prayer and solitude to heal the sick, welcome the outcast, and celebrate with friends, so we also seek to cooperate with the Holy Spirit in a way of life rooted in the Beatitudes that witnesses to Christ's love, passion, and joy. (Luke 4:18 & 19)

www.centenary-ws.org/ministries/youthministry

5 WAYS TO CONNECT WITH US..

We are super excited to be able to connect with you and we love all your questions! Please sign up for our weekly email blast, follow us on Instagram, check out the Centenary website, make an account on Realm, and save Tammy & Kevin's contact information.

- WEEKLY EMAIL**

Join our Youth Ministry email list. This email goes out weekly on Thursday afternoons at 4:30pm
- INSTAGRAM**

Follow us on Instagram: [centenary_youth](https://www.instagram.com/centenary_youth)
We update our insta each week with details about our events, prayers, & shout outs.
- CENTENARY WEBSITE**

Realm is the platform our church uses to communicate, register for events, and make payments.
- REALM CONNECT**

Our Centenary United Methodist Church's website is always full of up to date information.
- CALL OR TEXT**

Tammy LOVES being your Youth Minister and believes God created her to live out this call on her life. You can contact her at: tpollock@centenary-ws.org OR 336-399-7265

TAMMY POLLOCK
YOUTH MINISTER

KEVIN GARRITY
ASSISTANT YOUTH MINISTER

Kevin is our AMAZING Assistant Youth Minister and is super excited to spend time with you, anytime, and all the time. You can contact him at: kgarrity@centenary-ws.org OR 336-406-0505

CENTENARY YOUTH

The Youth Ministry Office Hours

Sundays
8:30am-12:30pm and 4:30pm-8:30pm

Mondays
closed for Sabbath

Tuesdays, Thursdays, & Fridays
10:00am-5:00pm

Wednesdays
10:00am-7:30pm

JUST ONE MORE RANDOM THOUGHT...

DID YOU KNOW?

Bodies give off a tiny amount of light that's too weak for the eye to see.
(you really are the light of the world!)

Don't forget you are loved so BIG!

Dear friends, let us love one another, for love comes from God. Everyone who loves has been born of God and knows God. - 1 John 4:7

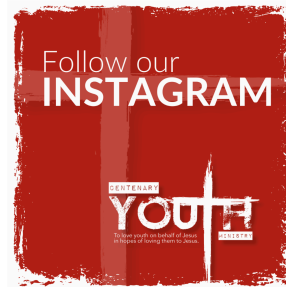
For more information or to sign up to receive Youth Ministry updates by email, contact:

Tammy Pollock, Director of Youth Ministry
and/or

Kevin Garrity, Assistant Director of Youth Ministry

Follow us on Instagram @centenary_youth.

Listen to our podcast, "Across the Table with Tammy & Kevin"
(which can be found wherever you listen to your podcasts)



FOR
EVERYONE
#4EVR1WS

“

**Making Disciples of Jesus Christ for the
Transformation of the World.**

”

Centenary United Methodist

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Contact Us

336-724-6311
Church Office Hours
Monday-Thursday 9am-4pm



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