

NOTES:

Embracing Our Grief and Loss. In emotionally healthy churches, people embrace grief as a way to become more like God. They understand what a critical component of discipleship grieving our losses is. Why? It is the only pathway to becoming a compassionate person like our Lord Jesus.

Connecting People to Christ

— Since 1882 —



WE NEED YOU



"YOU MATTER TO GOD" T-SHIRT (ADULT - SMALL, MEDIUM, LARGE, XLARGE, 2XLARGE)	\$20.00
"YOU MATTER TO GOD" LONG SLEEVE SHIRT (Adult - SMALL, MEDIUM, LARGE, XLARGE, 2XLARGE)	\$25.00
"YOU MATTER TO GOD" KIDS T-SHIRT (KIDS - SMALL, MEDIUM, LARGE)	\$20.00
RETRO CENTRAL T-SHIRT (ADULT - VARIOUS SIZES - PREVIOUS CHURCH EVENTS)	\$10.00





FOLLOW US, WE'RE SOCIAL! @CENTRALROGERS

Central United Methodist Church

2535 W New Hope Rd Rogers, AR 72758 479-636-1630 www.centralrogers.com



central - guest

PRINCIPLES OF AN EMOTIONALLY HEALTHY CHURCH

January 26, 2025

WORSHIP

8:15AM - COMMUNION

Prelude: Grand jeu (Guilain) Welcome *Hymn of Praise: O For a Thousand Tongues to Sing (UMH 57) *The Collect *Passing the Peace *Apostles' Creed (UMH 881) *Gloria Patri (UMH 70) Pastoral Praver Offertory: Cantabile (Franck) *Doxology (UMH 95) Message - Rev. Dawn Spragg The Lord's Prayer Holy Communion *Hymn of Thanksgiving: Abide With Me (UMH 700) *Benediction Postlude: Rouen Processional (Harker)

10:20AM - TRADITIONAL

Prelude: Grand jeu (Guilain) Welcome *Hymn of Praise: O For a Thousand Tongues to Sing (UMH 57) *The Collect *Passing the Peace Children's Moment Scripture Reading: John 16:16-24 NLT Message - Rev. Dawn Spragg *The Psalter: Psalm 117 (UMH 838) *Apostles' Creed (UMH 881) *Gloria Patri (UMH 70) **Pastoral Prayer** The Lord's Prayer Choral Anthem: Walk With Me (arr. Bob Burroughs) Offertory: Cantabile (Franck) *Doxology (UMH 95) *Hymn of Thanksgiving: Abide With Me (UMH 700) *Benediction Postlude: Rouen Processional (Harker)

10:30AM - CONTEMPORARY

Welcome Good Plans Christ Be Magnified Graves Into Gardens In Jesus Name (God Of Possible) Pastoral Prayer The Lord's Prayer Children's Moment Offering Moment Same God Message - Rev. Dawn Spragg That's The Power Benediction

SCRIPTURE

JOHN 16:16-24

"In a little while you won't see me anymore. But a little while after that, you will see me again."

17 Some of the disciples asked each other, "What does he mean when he says, 'In a little while you won't see me, but then you will see me,' and 'I am going to the Father'? 18 And what does he mean by 'a little while'? We don't understand."

19 Jesus realized they wanted to ask him about it, so he said, "Are you asking yourselves what I meant? I said in a little while you won't see me, but a little while after that you will see me again. 20 I tell you the truth, you will weep and mourn over what is going to happen to me, but the world will rejoice. You will grieve, but your grief will suddenly turn to wonderful joy. 21 It will be like a woman suffering the pains of labor. When her child is born, her anguish gives way to joy because she has brought a new baby into the world. 22 So you have sorrow now, but I will see you again; then you will rejoice, and no one can rob you of that joy. 23 At that time you won't need to ask me for anything. I tell you the truth, you will ask the Father directly, and he will grant your request because you use my name. 24 You haven't done this before. Ask, using my name, and you will receive, and you will have abundant joy.

PRAY REQUESTS

- Joseph Kowalewski, Joseph had a stroke and is dealing with cognitive issues.
- Michael, John and Frances Rankin's son, as he continues cancer treatment.
- Mallory Alderson will be donating a large part of her liver to her fatherin-law Rob Driggers
- Chelsea Thompson, healing of health & faith as she goes through cancer treatment.
- Leslie Reindeau needs prayer as she battles cancer.
- Ross Puryear, Doyle Rice's friend was recently diagnosed with stage four prostate cancer.
- Sally Nichols for recovery following two surgeries.
- Cliff Hicks, Cathy Blackwood's dad.
- Angel Shaw's granddaughter, Ashley, is struggling with pregnancy complications.
- Healing for Kelli Turnbow's grandson, Jaxon, following surgery to correct his legs.
- Alan Turnbow was diagnosed with prostate cancer.
- Mike Rudolph, healing following colon surgery
- Liz Abercrombie for an upcoming surgery.
- Michele Lisowski and family as her father transitions to hospice care.

Mourning:

• Becky Crouch, who passed away January 23rd. Please be in prayer for her daughter, Carla Tate and family.

KIDSMIN ADVISORY BOARD GET TO KNOW YOU LUNCH



Join us in the Atrium following our Sunday morning services for some food and family fellowship. There is no agenda, no presentation, simply time for grown ups to connect with each other. We will have activities for the children as well!





Every 4th Monday of the Month

CHURCH COUNCIL MEETING

6:00p - 7:30p, Conference Room





WAYS TO CONNECT

CONFIRMATION KICKOFF

Sun, January 26th, 4:30pm – 6pm Students, parents, and mentors join for our first night of Confirmation!

KIDSMIN GET TO KNOW YOU LUNCH

Sun, January 26th, 12pm – 1:30pm

Join us in the Atrium following our Sunday morning services for some food and family fellowship. There is no agenda, no presentation, simply time for grown ups to connect with each other. We will have activities for the children as well!

CHURCHWIDE PRAYER

Sun, January 26th, 5pm – 6pm

<u>CHURCH COUNCIL MEETING</u> Mon, January 27th, 6pm – 7:30pm

WNL MEAL - Jan. 29

Ground Hog Day Theme with Punxsutawney Pizza for dinner at 5:30p in the Atrium.

BISCUIT & GRAVY FUNDRAISER

Sun, February 2nd Join us for DELICIOUS biscuits and gravy in the Atrium. Free will offering benefits our Spring Break Trip to Guatemala.

<u>MISSIONS COMMITTEE MEETING</u> Mon, February 3rd, 6pm – 7pm

WNL MEAL - Feb. 5

Superbowl Theme with Sliders and Nachos for dinner at 5:30p in the Atrium.

NEW MEMBER SUNDAY

Sun, February 9

If you are interested in becoming a Member of Central, we invite you to speak with Carole Baker, Executive Director of Programming for more information.

COMMUNITY FORMATION COMMITTEE

Mon, February 10th, 6pm – 7pm Bi-Monthly meeting of the members of the Community Formation Committee

WORSHIP COMMITTEE MEETING

Mon, February 10th, 6:30pm – 7:30pm This committee meets every other month with a focus on creating and improving experiences that bring people closer to Christ by worshipping fully. If you are interested in joining this committee, please contact Davis Spragg.

WNL MEAL - Feb. 12

Valentines Theme with Lasagna Ravioli for dinner at 5:30p in the Atrium.

GALENTINE'S TEA

Sat, February 15th, 10:30am – 12pm

The Central Women's Board is thrilled to partner with KidsMin to host our second annual Galentine's Tea. Young ladies age 4 and up (along with their grown up) are invited to join us in the Atrium for tea, snacks and entertainment.

DRY MILK FUNDRAISER

Sun, February 16th & February 23rd

GRACE COMMUNITY DINNER

Sun, February 16, 3pm – 5:30pm

A dinner is prepared and served at Grace UMC for approximately 200+ people by drive-thru. Teams will prepare food, pack for distribution, and deliver to vehicles. If interested in joining a group, please call the church office.

GRAV-ENTINES

Sun, February 16th, 6pm – 8pm Gravity students, join us for a SPECIAL Sunday night celebrating GRAV-ENTINES!

EVANGELISM COMMITTEE MEETING Mon, February 17th, 5:30pm – 7pm

DISCIPLESHIP COMMITTEE MEETING Mon, February 17th, 6pm – 8pm

<u>CENTRAL MEDIA OPEN HOUSE</u> Thu, February 20th, 6:30pm – 7:30pm Open house for potential new A/V volunteers.

MARRIAGE ENRICHMENT SEMINAR

Fri, February 28th, and Sat, March 1, 6pm – 9pm Using the material from PREP (Prevention and Relationship Enhancement Program), the workshop will teach couples how to communicate effectively, work as a team to solve problems, manage conflicts without damaging closeness and preserve and enhance commitment and friendship.

WNL MEAL - FEB. 19

Yankee Doodle Theme with Noodles (Mac & Cheese) for dinner at 5:30p in the Atrium.

EVENSONG & RECITAL

Sun, February 23rd, 4:30pm – 6:15pm

Evensong & Recital, begins at 4:30pm, in the Chapel. Our 30 minute recital begins the service, followed by a contemplative liturgical service of prayer, led by the Chancel Choir. These unique worship experiences have become a vital part of the life of our church and also provide wonderful opportunities to introduce Central UMC to your friends and family.

CHURCH COUNCIL MEETING

Mon, February 24th, 6pm – 7:30pm

<u>WNL MEAL - FEB. 26</u> Fairy Tale Theme with Dragon Wings for dinner at 5:30p in the Atrium.

GRAVITY ASH WEDS. PANCAKE DINNER

Wed, March 5th, 5pm – 6pm Support Gravity Youth Missions at our pancake dinner and then head to the Ash Wednesday service after! Free will donation.

ASH WEDNESDAY SERVICE

Wed, March 5th, 6pm – 7pm

GRAVITY GUYS NIGHT

Sat, March 8th, 6pm – 9:30pm Gravity Guys, in 6-12th grade, join us for GRAVITY GUYS NIGHT! It's our annual event with a twist - but more FUN! Registration required.