



# CIRCUIT RIDER

VOLUME 56/ ISSUE 2  
FEBRUARY 2025

JOIN US IN THE  
"HOW TO..." SERIES

## THE EMOTIONALLY HEALTHY CHURCH

MONTHLY MISSION FOCUS:  
DRY MILK

CENTRAL WOMEN'S  
BOARD INVITE YOU TO  
THE VALENTINE'S TEA

EVENSONG & RECITAL  
FEATURING: CAROLYN  
MCGINNIS

CENTRALROGERS.COM



**Rev. Kerry Turnbow**

Associate Pastor of Pastoral Care

Pastor Dawn and I have been preaching from the book *The Emotionally Healthy Church* by Peter Scazzero while Rob our senior pastor is on sabbatical. The book outlined strategies for discipleship that change lives and heals the wounds from past experiences that may impact our relationship with Christ and others.

What does it mean for us to be emotionally healthy people? In the context of our walk of faith what does it mean for us to be emotionally healthy Christians? It doesn't matter who we are, we bring with us into our salvation experience our past experiences and the DNA that we inherited from our parents. It is the makeup of who we are. It represents our personality, our traits, our behaviors, our looks, and it also demonstrates our values, and our belief sets that we've acquired along the way through our upbringing and the experiences we've had.

The apostle Paul tells us in Second Corinthians chapter 5 verses 17 through 21 "Therefore, if anyone is in Christ he is a new creation; the old has gone, the new has come! All this is from God, who reconciled us to himself through Christ and gave us the ministry of reconciliation: that God was reconciling the world to himself in Christ, not counting our sins against us. And he has committed to us the message of reconciliation. We are therefore Christ's ambassadors, as though God were making his appeal through us. We implore you on Christ's behalf: Be reconciled to God. God made him who had no sin to be sin for us, so that in him we might become the righteousness of God."

This passage speaks to what we refer to sometimes as a rebirth. We have been made into a new creation in Christ Jesus. The reconciliation that takes place in the relationship between us and God through Christ is one that comes with a blessing of healing and restoration. Because Christ became the forerunner of our salvation, he invites us to come into the blessedness of a relationship with him so that he can work his work in us to make us new creations in Christ Jesus. What that says to us is all the past experiences, the brokenness, the trauma, the propensities from our upbringing, and whatever we might have inherited through the genetics of our parents can be brought into the Kingdom of God so that Christ can become the Restorer of our brokenness.

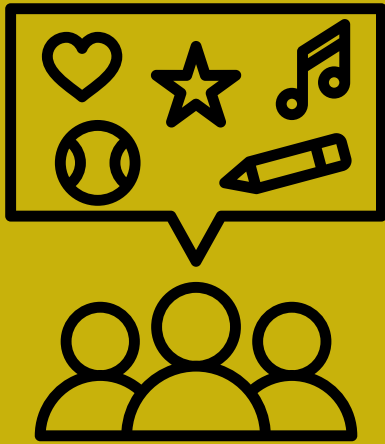
This passage also tells us that we too have been called into a ministry of reconciliation or restoration. The ministry of congregational care should be a ministry where we are seeking to help people walk through their brokenness and find healing. That requires skills of knowledge and awareness on how to come alongside people in their brokenness and walk with them through healing. We here at Central continue to offer classes to teach you how to utilize skill sets that will support people that are in a place of suffering, grief, shame, and woundedness so that we can support them and pray for them and come alongside them to be with them as Christ does his internal work of healing.

Let us always be a church with a mission that recognizes the ministry of reconciliation so that we're doing our part in Christ Jesus to help broken people find healing. Let this always be our primary ministry of congregational care here at Central United Methodist Church.

Rev. Kerry Turnbow

# THE SERIES

ARE YOU INTERESTED IN TRYING OUT A NEW SKILL OR HOBBY? THE HOW TO SERIES WILL BE A GREAT WAY TO LEARN SOMETHING NEW AND MEET FUN PEOPLE ALONG THE WAY! BE LOOKING FOR ALL THE DIFFERENT TOPICS FROM COOKIES TO CAR CARE FROM SOME OF CENTRAL'S EXPERTS!



## CONNECTION CLUBS

Do you like to bike, run, read, or dine at new restaurants in the area? Connection clubs are forming to build community and friendships through mutual interests. If you are interested in starting or being part of a connection club, please let Carole Baker or the church office know!



The fun continues in February!  
Be sure and join us for dinner in the atrium (served from 5:15 – 6:00pm).  
Below are the themes and menus.  
Dinner is fun for all ages!

**FEB. 5 SUPERBOWL/FOOTBALL**  
**SLIDERS & NACHOS**

**FEB. 12 VALENTINES DAY**  
**LASAGNA RAVIOLI**

**FEB. 19 YANKEE DOODLE**  
**NOODLES (MAC & CHEESE)**

**FEB. 26 FAIRY TALES**  
**DRAGON WINGS**

## CONGRATULATIONS TO OUR NEWEST LAY SERVANTS



These individuals completed the Basic Introduction Course to Lay Servant Ministry. This class helps prepare them as they have agreed to serve on Central's councils and committees. They join 35 other Lay Servants here at Central. If you would like to learn more, please contact Carole Baker at the church office.

**Liz Anderson**  
**Wendi Buss**  
**Brittany Craig**  
**Katherine Eddins**  
**Melissa Gibby**  
**Michelle Green**  
**Natalie Greene**  
**Christine Halverson**  
**Susan Harp**  
**Carol Hartman**  
**Chuck Hartman**  
**Philip Lewis**

**Cathy McHaney**  
**Lorna Miller**  
**Robert Park**  
**Anne-Elise Parker**  
**Justin Phillips**  
**Stacey Phillips**  
**Kathy Pierce**  
**Jenny Rudolph**  
**Davis Spragg**  
**Amanda Vincent**  
**Dianne White**  
**Tim White**



# Gravity

YOUTH MINISTRIES

Gravity kicked off 2025 with **GIRLS NIGHT IN!** What an amazing night of **DELICIOUS FOOD, WEARING PAJAMAS, and CELEBRATING BEING a GIRL!** Thank you to our **AMAZING** presenters – Amy Brooks, Abby Foster, and Tatum McClure, our **FABULOUS** emcee for the night – Stacey McClure, **AWESOME** table queens – Jami McFeeters, Melanie Purdy, Sara Bechdoldt, Liz Lusk, Molly Pickering, Amy Penny, and Elise Lake, and the **BEST** supporting role – Salle Ann Gilchrest.

In January, we kicked off Sunday nights with 2nd Sunday worship, walking tacos, and “Are You Smarter Than a Gravity Student” Trivia Night. The 6-8th Grade Girls took home the trophy! We also brought back Gravity Midweek to our programming. Midweek is Wednesdays from 6-7p in the Youth Room, and a time of community building with a touch of friendly-competition for students in 6-12th grade. A great opportunity for students to invite friends. Over the past few Wednesdays, we’ve divided into teams, gone to boot camp and enjoyed Hilbilly B’NGO. See dates below for more exciting FUN in February!

Confirmation Class of 2025 is off to a great start, beginning with a retreat, introducing our students to Confirmation and their new Bibles; followed by a fun kickoff with students, parents, and mentors. Please join us in praying for our Confirmands as they begin and continue this amazing experience in the life of the church – Eleanor Dinan, Isabella Dinan, Edward Oliver, Hadley Stiles Gianna Swanson, and Audrey Trump. While praying for them, go ahead and put in your calendars, Sunday, May 4 at 10:30a for our **ONE SERVICE – Confirmation Service**, celebrating these students and families.

February Fun (**BOLD = MIDWEEK**) -

- 2/2 - Guatemala Mission Team Biscuits and Gravy Fundraiser: 8-10:30a/Atrium
- 2/5 - Super.Midweek // Super Bowl themed FUN!
- 2/9 - Confirmation : 11:30a-1p  
NO Sunday Night due to Super Bowl
- 2/12 - Love.Serve // team-based mission projects sharing God’s love
- 2/16 - Grav-entines Dinner during Sunday Night
- 2/19 - Perfect-O // competitions based on Netflix’s show, Nailed It
- 2/23 - Fun with First Youth Springdale
- 2/26 - Escape.Midweek // team escape room experiences



@GravityYouthMinistries



# KIDS Ministries



## A Thank You from Ms. Mollie

Ms. Katie asked me to pick out my favorite 10 pictures of myself from over the past 3 1/2 years, so she could make a post on social media to talk about my time serving as one of your children's ministers. I got out my phone and opened up my photos and scrolled all the way back to 2021 when I first met you. WOW! We have shared so much together, haven't we? I'm sorry to say, though, I can't give Ms. Katie what she asked for. My 10 favorite pictures don't really have me in them. My 10 favorite pictures are the ones I took of YOU. They aren't even the kind of pictures a person takes to post—those "post worthy pictures" are the moments we staged and posed to look a certain way. The ones that were my favorites were the pictures I took and kept just for me. They were the honest and candid moments. They were the moments where I was so nervous to teach my first class at Central and you all treated me like I had always been your friend. They were the moments where you quietly reached for each other's hands to hold as you prayed. They were the moments where you didn't know I was having a really hard day and your funny faces and silliness cheered my heart in ways that only Christian fellowship can do. They were the moments when you were so brave in your first class upstairs and you stayed and participated even when you were really missing mom and dad. They were the moments where you felt so safe in our church home and you got up and spontaneously led worship. They were the moments where in just one short week, you taught a teenage crew leader that her presence CAN make a difference and you explored the Bible. They were the moments where you were so bored and restless in class that I left an amazing volunteer teacher in charge of your classmates and took the two of you to the Sanctuary and we worshiped, just the three of us. (Shh, don't tell anyone I let you play in the drum cage and sing into the microphones!) They were the moments that probably felt to you like something ordinary and simple, but they were actually very big moments God was using for His glory. They were the moments where you never questioned whether someone was different, you just treated them as one of the team. They were the moments when you were just you, which is all you ever need to be to be a Disciple of Jesus.

I'm so lucky I got to be a part of so many precious moments with you. I know we are going to continue to share many new moments together as a church family. Thank you for being my friends since day one. ♥





PLAYLIST

# CENTRAL ROGERS

SUBSCRIBE



Did you know we have a Spotify? We have playlists for both Contemporary and Traditional music lovers. We also have a special playlist designed just for our Young Disciples to help them sing God's word! You can even check out what songs the Contemporary Worship team is singing! Follow our page and lift your voices with us in praise!

## Volunteers Needed!

The Contemporary Worship Team is looking for volunteers! The newly formed "Praise Ensemble" will join the team during special services and support our worship leaders with a joyful noise. All who like to sing and have a passion for worship are welcome! If you would like to participate as part of the vocal ensemble, please contact [marmour@centralrogers](mailto:marmour@centralrogers).



WE NEED YOU  
**CENTRAL  
MEDIA**  
JOIN NOW



FEB. 23

*Evensong  
& Recital*

**EVENSONG & RECITAL, BEGINS AT 4:30PM, IN THE CHAPEL. OUR 30 MINUTE RECITALS BEGIN THE SERVICE, FOLLOWED BY A CONTEMPLATIVE LITURGICAL SERVICE OF PRAYER, LED BY THE CHANCEL CHOIR. THESE UNIQUE WORSHIP EXPERIENCES HAVE BECOME A VITAL PART OF THE LIFE OF OUR CHURCH AND ALSO PROVIDE WONDERFUL OPPORTUNITIES TO INTRODUCE CENTRAL UMC TO YOUR FRIENDS AND FAMILY.**



# GRACE UMC COMMUNITY MEAL

EVERY 3RD SUNDAY OF EACH MONTH  
3PM - 5:30PM



Connecting People to Christ

Every 4th Monday of the Month

## CHURCH COUNCIL MEETING

6:00p - 7:30p, Conference Room



### THE CENTRAL WOMEN'S BOARD INVITES YOU TO OUR 2ND ANNUAL

# Galentine's Tea

SATURDAY FEBRUARY 15 FROM 1030-NOON IN THE ATRIUM



## Help us support the Grace Food Pantry

### Donate Dry Milk —a vital pantry staple!

- ✓ Long-lasting and easy to store
- ✓ Packed with essential nutrients
- ✓ Versatile for families in need
- ✓ Great alternative to fresh milk

Drop off your donations in the bin provided February 16 and 23 or scan the QR codes to make a monetary donation or have milk delivered directly to the church

Let's work together to help ensure families have what they need!



Donation



Delivery





# February

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- 2 Biscuit & Gravy Gravity Missions Fundraiser
- 3 Missions Committee Meeting
- 5 Sacred Thread Quilt Mission
- 5 Wed. Nite Live - "Superbowl" with Nachos & Sliders
- 8 "How To..." Series - Cookie Decorating with Vicki Mansker
- 9 New Member Sunday
- 10 Community Formation Committee Meeting
- 12 Wed. Nite Live - "Valentines" with Lasagna Ravioli
- 15 Men's Fellowship Breakfast
- 15 Galentine's Tea
- 16 Dry Milk Missions Fundraiser
- 16 Grace Community Meal
- 16 Grav-entine's
- 17 Discipleship Committee Meeting
- 17 Worship Committee Meeting
- 19 Wed. Nite Live - "Yankee Doodle" with Noodle (Macaroni and Cheese)
- 20 Central Media Open House
- 23 Dry Milk Missions Fundraiser
- 23 Evensong & Recital
- 24 Church Council Meeting
- 26 Wed. Nite Live - "Fairy Tales" with Dragon Wings
- 27 Priscilla Circle
- 28 - 1 Marriage Enrichment Seminar