
DRESS CODE GUIDELINES

DRESS CODE VALUES STATEMENT

The Dress Code of St. Charles Parish School is intended to reflect and be supportive of our Mission, Philosophy, Goals and Objectives set forth at the beginning of the School Family Handbook. In Choosing Christ, our school Dress Code will manifest Christian values, including modesty, dignity, and respect for others. The Dress Code will contribute to each student's positive self-image and help foster self-esteem and pride in one's appearance. In helping students achieve their fullest academic potential, the Dress Code will lessen distractions in the classroom setting. To create a school climate of unity and acceptance of all individuals, the Dress Code will seek to minimize competition between students due to clothing. Consistent with Catholic Social Teaching, our Dress Code will be sensitive to the financial burden that clothing places on families.

While the school staff partners with you to enrich the spiritual, intellectual, social, moral, physical and personal knowledge of your children, as parents you have the primary responsibility to ensure that your children come to school each day wearing only clothing that is permitted by this Dress Code. While we have attempted to be as comprehensive and as clear as possible as to what is and is not permitted under our Dress Code, from time to time interpretive or other questions may arise. The Principal (as supported by the school staff) has full discretion to ultimately determine any matter under this Dress Code.

The following Dress Code requirements apply to students in grades 5K–8th. It is optional for students in grades 3K and 4K.

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DRESS CODE FOR GRADES 5K–8TH

Item	Girls	Boys	Not Permitted
Pants	<ul style="list-style-type: none"> • School Uniform-Type Plain Dress Pants • Cotton/Cotton Blends/Twill/Poplin • Solid Navy or Khaki • Regular or Elastic Waistbands • Pleated or Flat Front 	<ul style="list-style-type: none"> • Same as Girls 	<ul style="list-style-type: none"> • Baggy, Oversized, Bellbottoms or Tight Fitting/Skinny Pants • Leggings • Pants Worn Below the Waistline • Any Embellishment on Pants (e.g., Loops, Rivets, Chains, Zippers or Pockets on Pant Legs) • Jeans/Denim/Corduroy/Nylon/Sweatpants • Capris • Drawstrings
Shirts/Blouses	<ul style="list-style-type: none"> • Long or Short Sleeved Collared Shirts/Blouses (i.e., polo, dress, turtleneck or mock turtleneck) • Cotton/Blends/Knit • Solid White, Navy or Red • 5K–5th—Shirts/Blouses Must be Tucked in So Belt or Waistband Shows • 6th–8th—Shirts/Blouses are Encouraged to be Tucked in So Belt or Waistband Shows 	<ul style="list-style-type: none"> • Same as Girls 	<ul style="list-style-type: none"> • Oversized, Bulky or Tight Fitting Shirts/Blouses • Logos/Insignias (with the exception of the St. Charles approved left chest logo on any shirts/blouses the school makes available through an approved retailer such as Lands' End) • See-Through Fabrics • Sleeveless Shirts • Shirts Lacking Collars • Any Embellishments on Shirts (e.g., Decorative Trim, Printing, Ribbing) • Layering of Shirts (e.g., Long Sleeved Shirt Worn Under a Short Sleeved Shirt) • Shirts Not Long Enough to Tuck In

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Item	Girls	Boys	Not Permitted
Skirts/Jumpers	<ul style="list-style-type: none"> • School Uniform-Type Plain Dress Skirts/Jumpers • Cotton/Polyester/ Blends • Solid Navy, Solid Khaki or Lloyd Plaid • Lloyd Plaid Skirts (Green and White Plaid) may be purchased at Land's End — Green and White Plaid • Pleated or Unpleated • Girls Wearing Skirts/Jumpers are Encouraged to Also Wear Tights, Bicycle Shorts or Leggings Under the Skirt/Jumper 	<ul style="list-style-type: none"> • Not Applicable 	<ul style="list-style-type: none"> • Skirts/Jumpers More Than 2 Inches Above the Knee or Longer than Below the Knee • Tight Fitting Skirts/Jumpers • Skirts Worn Below the Waistline • Any Embellishments on Skirts/Jumpers • Jean/Denim/Corduroy/Nylon/ Sweat Skirts/Jumpers
Shorts/Skorts (April 15–October 15 Only)	<ul style="list-style-type: none"> • School Uniform-Type Plain Dress Shorts/Skorts • Cotton/Cotton Blends/ Twill/Poplin • Solid Navy or Khaki • Regular or Elastic Waistbands 	<ul style="list-style-type: none"> • Same as Girls 	<ul style="list-style-type: none"> • Wearing Shorts/Skorts on Mass Days • Shorts/Skorts More than 2 Inches Above the Knee or Longer than Below the Knee • Baggy, Oversized or Tight Fitting/Skinny Shorts/Skorts • Shorts/Skorts Worn Below the Waistline • Any Embellishment on Shorts/Skorts (e.g., Outlined Pockets; Contrasting Stitching; Fringe; Loops, Rivets, Chains, Zippers or Pockets on Short Legs) • Drawstrings • Jean/Denim/Corduroy/Nylon/ Sweat Shorts/Skorts

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Item	Girls	Boys	Not Permitted
Sweaters	<ul style="list-style-type: none"> • School Uniform-Type Plain Vests, Cardigans, Crew Necks and V-Necks Sweaters • Knit Cotton and Blends • Must be Worn Over a Collared Shirt • Solid White, Navy or Red 	<ul style="list-style-type: none"> • Same as Girls 	<ul style="list-style-type: none"> • Oversized, Bulky or Tight Fitting Sweaters • Logos/Insignias (with the exception of the St. Charles approved left chest logo on any sweaters the school makes available through an approved retailer such as Lands' End) • Any Embellishments on Sweaters (e.g., Decorative Trim) • Velour/Chenille • Hoods
Fleece Jackets	<ul style="list-style-type: none"> • School Uniform-Type Full-Zip Fleece Jacket Available Through an Approved Retailer such as Lands' End • Must have St. Charles Approved Left Chest Logo on Fleece • Solid Black Only 	<ul style="list-style-type: none"> • Same as Girls 	<ul style="list-style-type: none"> • Partial or No-Zip Fleece Pull-Over • Jackets Made of any Material Other Than Fleece • Any Color Other than Black • Black Fleece Without St. Charles Approved Logo on Left Chest • Black Fleece Purchased From Other Than an Approved Retailer • Any Logos/Insignias on Black Fleece other than St. Charles Logo
Belts	<ul style="list-style-type: none"> • Encouraged, But Not Required to be Worn, with Belt Loops • Leather, Faux Leather or Ribbed Cotton • Solid Navy, Black or Brown 	<ul style="list-style-type: none"> • Same as Girls 	<ul style="list-style-type: none"> • Any Embellishments on Belts (e.g., Decorative Trim) • Cutting Belt Loops Off of Pants
Socks/Tights	<ul style="list-style-type: none"> • Socks/Tights Must Always be Worn • Socks Must be Visible Above Shoes • Small Logo/Insignia on Socks Acceptable • Solid White, Navy or Black 	<ul style="list-style-type: none"> • Same as Girls 	<ul style="list-style-type: none"> • Two or More Tone Socks • Any Embellishments on Socks • No Show Socks

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Item	Girls	Boys	Not Permitted
Leggings/ Bicycle Shorts	<ul style="list-style-type: none"> • To be Worn Under Skirts and Jumpers Only • Leggings Must be Ankle Length • Solid White, Navy or Black 	<ul style="list-style-type: none"> • Not Applicable 	<ul style="list-style-type: none"> • Bicycle Shorts That are Visible Below Skirt/Jumper • Any Embellishments on Leggings or Bicycle Shorts • Lace
Footwear	<ul style="list-style-type: none"> • Non-Marking Dress or Athletic Shoes • Safe and Practical for School and Playground Use • Any Shoelaces Must be Properly Tied 	<ul style="list-style-type: none"> • Same as Girls 	<ul style="list-style-type: none"> • Boots of Any Kind (e.g., Fashion, UGG, Winter, Hunting) in the Classroom • Open Toed/Sandals/Flip-Flops • Clogs/Crocs/Open Back/Heel Straps • Platforms • Heels of More than 1½ inches • Moccasins/Slippers
Undergarments	<ul style="list-style-type: none"> • White Undergarments or Otherwise Not Visible Through Blouse/Shirt 	<ul style="list-style-type: none"> • If Worn, Solid Plain White Short-Sleeved Undershirts 	<ul style="list-style-type: none"> • For Boys, Any Color of Undershirt Other Than White • Any Writing/Graphic/Print on Undershirts/Undergarments
Cold Weather Attire	<ul style="list-style-type: none"> • Expected to Dress for Warmth (e.g., Hats, Mittens/Gloves) • Students with Snow Pants Can Play in Snow • Outdoor Boots to be Worn When Play Area is Wet, Muddy or Snow-Covered (and Changed Prior to Entering Classroom) 	<ul style="list-style-type: none"> • Same as Girls 	
Makeup/Finger Nail Polish	<ul style="list-style-type: none"> • Non-distracting Finger Nail Polish allowed 		<ul style="list-style-type: none"> • Any Makeup • Any Lipstick or Lip Gloss • Fake Nails • Cosmetics Brought to School

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Item	Girls	Boys	Not Permitted
Jewelry/ Piercings/ Tattoos	<ul style="list-style-type: none"> • Simple Jewelry Permitted • Stud Earrings on a Post 	<ul style="list-style-type: none"> • Simple Jewelry Permitted 	<ul style="list-style-type: none"> • Piercings of Any Kind on Boys or Girls (With the Exception of Earlobes for Girls) • More than one Stud Earring Per Girl's Earlobe • Dangling or Hoop Earrings • Distracting Jewelry • Jewelry That Presents a Safety Hazard • Visible Tattoos or Body Art
Hair	<ul style="list-style-type: none"> • Clean, Neat, Combed/Brushed and Out of Eyes • Simple Headbands or Hair Accessories Permitted 	<ul style="list-style-type: none"> • Clean, Neat, Combed/Brushed and Out of Eyes 	<ul style="list-style-type: none"> • Dyed/Colored/Tinted/ • Highlighted Hair • Hair that Covers the Eyes • Boy's Hair Longer Than Collar Length • Distracting Hairstyles, Haircuts or Hair Designs (e.g., Mohawk, Zig-Zag) • Distracting Headbands/Hair Accessories
Hats/Caps/ Hoods			<ul style="list-style-type: none"> • Hats/Caps/Hoods in the School Building
Eighth Grade Privilege	<ul style="list-style-type: none"> • At the Discretion of the Principal, 8th Grade Students May Wear as Dress Code Compliant an Article(s) of Clothing Determined by the Principal 	<ul style="list-style-type: none"> • Same as Girls 	
Scouting Days/Events	<ul style="list-style-type: none"> • Appropriate Scouting Attire May Be Worn (With All Other Clothing Items Complying with the Dress Code) on Scout Meeting and Scout-Related Special Event Days 	<ul style="list-style-type: none"> • Same as Girls 	

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Item	Girls	Boys	Not Permitted
School Concert Evenings/Dress Up Days	<ul style="list-style-type: none"> Your Best Dress Clothes (Applying the Values Statement Above) but No Less Dressed Up Than Dress Code for a Regular School Day Applying All of the Dress Code Rules Students Blouses/Shirts Must be Tucked In 	<ul style="list-style-type: none"> Same as Girls 	<ul style="list-style-type: none"> Attire Permissible for Dress Down Days or Spirit Wear Days Skirts More Than 2 Inches Above the Knee (e.g., Mini Skirts) Body Hugging Skirts Tight fitting Blouses/Shirts or Skirts See-Through Fabrics Footwear Not Befitting the Occasion Strapless, Tank Tops, Crop Tops, Cami and Spaghetti Type Blouses/Shirts Leggings worn alone
Mass Days	<ul style="list-style-type: none"> Dress Code Applies, with Exceptions Noted in the Not Permitted Column Students Blouses/Shirts Must be Tucked In 	<ul style="list-style-type: none"> Same as Girls 	<ul style="list-style-type: none"> Shorts/Skorts Use of Any Dress Down Passes
Dress Down Days (as Scheduled by the Principal or via Dress Down Passes)	<ul style="list-style-type: none"> Non-Dress Code Compliant Clothing Allowed That is Appropriate to a Learning Environment (Applying the Values Statement Above) Examples of What is Allowed Includes Jeans, T-Shirts, Sweatshirts (Including with Hoods but the Hood Must be Down), Athletic Pants with Team Logos and Fashion Boots Dress Code Requirements Regarding Makeup/Finger Nail Polish, Jewelry, Piercings, Tattoos, Hats, Caps and Hair Continue to Apply on Dress Down Days 	<ul style="list-style-type: none"> Same as Girls 	<ul style="list-style-type: none"> Anything with Inappropriate or Offensive Wording, Designs or Graphics (e.g., Referencing Liquor, Beer, Drugs, Gangs, Violence, Weapons or Sex) Baggy, Oversized or Tight Fitting/Skinny Clothing Leggings worn alone Sleeveless, Tank Tops, Crop Tops, Cami and Spaghetti Type Blouses/Shirts See-Through Fabrics Skirts More Than 2 Inches Above the Knee Open Toed/Sandals/Flip-Flops/Clogs/Crocs/Open Back/Heel Strap Shoes

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Item	Girls	Boys	Not Permitted
Spirit Wear Days (as Specified on the School Calendar or Otherwise Scheduled by the Principal)	<ul style="list-style-type: none"> Students are Encouraged to Wear St. Charles Athletic or School Logo Wear Purchased Through School Spirit Wear Sales on Designated Spirit Wear Days (e.g., T-Shirts, Sweatshirts, Fleece all with St. Charles Logo) If School Spirit Wear is Worn, uniform bottoms to be worn If School Spirit Wear is Not Worn, Regular School Day Dress Code Rules Apply to the Student 	<ul style="list-style-type: none"> Same as Girls 	<ul style="list-style-type: none"> Being out of School Uniform if No Spirit Wear is Worn
Field Trip Days	<ul style="list-style-type: none"> Regular School Day Dress Code Applies Unless Otherwise Specified by the School Staff 	<ul style="list-style-type: none"> Same as Girls 	<ul style="list-style-type: none"> Depending on the Attire Specified for the Field Trip, any Attire that Does Not Comply with the Dress Code Provisions for Regular School Days, Dress Down Days or Dress Up Days

A few words about some of the terminology we use in this Dress Code:

- “School Uniform-Type” means clothing found in the school uniform areas of retail stores or on their websites. Retailers who have school uniform areas/websites include Lands' End, Gap, Walmart, Target, Kohl's, Sears, JC Penny and Old Navy. So that you can take advantage of sales or other discounts and manage clothing cost, St. Charles does not require you to purchase clothing from a particular retailer, with the exception of the Lloyd Plaid Skirts and Jumpers, which must be purchased from the Uniform Place, and the Black Full-Zip Fleece with the St. Charles left chest logo, which must be purchased from an approved retailer such as Lands' End. Lands' End does have a website with various approved uniform attire for St. Charles which can be found at www.landsend.com/school using our preferred school number 900140401. In addition, St. Charles Home & School Association does sponsor a uniform swap prior to the start of the school year. It is important to note though that many clothing items in the uniform section of retailers do not comply with our Dress Code policy, so please carefully review our policy before purchasing clothing from a retailer's uniform area/website.
- “Navy” means dark blue, not shades such as royal blue or light blue.
- “White” means true white, not shades such as off-white, ecru or cream.
- “Red” means true red, not shades such as maroon or burgundy.
- “Khaki” means a tan color, not olive green or gray.

Torn, frayed, faded or dirty clothing may not be worn at any time, including Dress Down Days.

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DRESS CODE VIOLATIONS

Determination of whether a student is in/out of compliance with the school Dress Code will be at the discretion of the Principal, as supported by the school staff. Depending upon the nature of the Dress Code violation, a student may be asked to change into appropriate clothing that the school has on hand or at times it may be necessary for the Principal or school staff to call the student's parents to request that a parent promptly bring appropriate clothing to the school so that the child can be in conformity with the school's Dress Code. As appropriate, a notification will be sent home to parents informing them of their child's Dress Code violation(s), an example of which is below. This notice must be signed and returned to your child's teacher. Students who have repeat violations of any provisions of the Dress Code are subject to detention, the loss of Dress Down Day or Spirit Wear Day privileges or other appropriate consequences at the discretion of the Principal, as supported by the school staff.

PARENT NOTIFICATION OF DRESS CODE VIOLATION

Student Name: _____ Date: _____

Violation of the St. Charles School Dress Code was found in the following:

- ☐ Shirt/Blouse _____
- ☐ Pants _____
- ☐ Skirt/Jumper _____
- ☐ Sweater/Fleece _____
- ☐ Accessory _____
- ☐ Other _____

Success of the Dress Code requires the cooperation of everyone. Thank you for your immediate attention to this matter. This notice must be signed and returned to your child's teacher the **next** school day. **Students who have repeat violations of any provisions of the Dress Code are subject to detention, loss of Dress Down Day or Spirit Wear Day privileges or other appropriate consequences at the discretion of the Principal, as supported by the school staff.**

Teacher signature: _____

Parent signature: _____

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DRESS CODE—PHYSICAL EDUCATION

Students in grades 5–8 are expected to change into appropriate gym clothes for PE.

Shoes: All students will be required to have a designated pair of gym shoes for indoor PE class that remain in the school. **Regular every day shoes will not be permitted in PE class (unless PE class is outside).**

Shoes that are activity appropriate are needed for each individual student's safety. Tennis, cross training, running, and basketball shoes are all examples of acceptable shoes. All shoes should be in good working order and be non-marking. Any student on a given day not having appropriate shoes for the gym will not be allowed to participate in PE classes inside.

Socks: For the safety, well-being, and comfort of each student, socks are to be worn.

Shorts: The type of shorts which can be worn during PE shall be: no higher than mid-thigh (i.e., shorts should not be higher than the tips of the student's fingertips when their arms are resting at their side); be loose fitting; may be plain, have an athletic team logo, have Nike, Adidas, Reebok, or any other shoe endorsement on them.

Sweat Pants or Active Wear Pants: When outside during cooler temperatures, sweat pants, active wear pants, or cotton pants are allowed.

T-Shirts: T-Shirts must have sleeves. Plain T-shirts or T-shirts with the St. Charles logo are preferred. T-Shirts with athletic team logos are allowed. Tank tops and sleeveless shirts are not allowed.

Long Sleeved Shirts: During cooler weather, clothing which has long sleeves is allowed. The same rule applicable to T-shirts applies to clothing with long sleeves.

Hats: Students that have a sensitivity to sunlight (e.g., experience headaches from activity when exposed to long periods of sunlight) are allowed to wear hats during PE when outside. Baseball hats are preferred. Approval from the teacher must be given, which can be handled by a parent forwarding a note to the teacher explaining the circumstances.

Personal Hygiene: Students in 5th grade and up are encouraged to use deodorant.

GENERAL PE DRESS GUIDELINES

1. All clothing shall be clean and in good repair. Cut off clothing is not allowed.
2. Students should bring clothes for PE in a separate bag, which will hold the clothes for school during class, and will keep them separate from other student's clothes.
3. Clothing worn should be comfortable for activity.
4. Any clothing item with inappropriate or offensive wording, designs or graphics (e.g., referencing liquor, beer, drugs, gangs, violence, weapons or sex) is not permitted.