



Addendum for Extraordinary Ministers of Holy Communion

- Carry out your ministry with due dignity.
- Come up at Lamb of God, leave center aisle clear so that altar remains visible to congregation.
- Wait until priest has consumed Precious Blood to come up into sanctuary.
- After consecration, species are no longer called “bread” and “cup”, but the “Body” and “Precious Blood”.
- Ministers of the Blood stand by statue of Mary to receive while ministers of the Body stand by the statue of St. Joseph.
- The two assigned ministers should give Precious Blood to the other ministers after receiving themselves.

Distribution of Most Holy Communion

- No intinction (dipping the host into chalice) allowed.
- Ministers are not to use names when distributing communion, even if you know the person.
- When at the station, make sure you leave enough space for people to get through.
- Make sure people consume host in your presence. Minister must ask person to consume before they leave.
- No touching or giving blessings. Avoid extending your hand over people.
- When people come for a blessing, the norm at St Charles is to wish them a blessing in these or similar words “God bless you” or “love and follow Jesus”.
- When distributing, host is elevated slightly above the paten, never higher than eyesight.
- Once you are finished, leave the empty vessels on the table behind statue of Mary.

Bows

- Bowing to altar while holding vessel with sacred species is unnecessary.
- Bows are as follows: when approaching altar, to the tabernacle, and right before you leave tabernacle. You may also bow to the altar once you leave the sanctuary.

Mass Attire

- Clothing should be modest and avoid being too revealing or drawing attention to oneself.
- Appropriate attire for Mass generally involves clean, modest clothing that reflects reverence for the Eucharist and the liturgical setting.

- This typically means avoiding casual items like jeans, t-shirts, and shorts, as well as flip-flops or sneakers. Men are encouraged to wear a tie and/or blazer/suit jacket, while women may choose suitable dresses, skirts, or pants with appropriate tops.
- Examples:
- **Men:** Dress shirt and tie are often preferred, with a jacket optional.
- **Women:** Suitable dresses, skirts (knee-length or just above), pants, or comparable attire are appropriate, avoiding strapless or halter tops or low-cuts.
- **What to avoid:**
- Shorts, jeans, t-shirts, flip-flops, crocs, or athletic shoes (especially on Sundays), and clothing with prominent logos or slogans. Sleeveless shirts of any kind (both man and women). Short skirts or tight pants, like yoga pants.

Reverence in general

- Don't become too casual around sanctuary - no talking, unnecessary to say, "thanks" "please" and whatnot. Limit conversations to things that are necessary.
- Leave sacristy from the north side, behind statues of Mary.
- Hand vessels over to priest when he is there, rather than setting them on tabernacle platform. If you finish before priest, simply leave paten with host on the platform.
- Vessels will be purified after Mass by designated Minister.
- When purifying your fingertips, make sure you are using the water container, and not the one with hand sanitizer.

What to do in case of host dropped or wine spills

- If a consecrated host is dropped, the proper norm is that the host should be consumed by the minister immediately.
- If for some reason you cannot consume it, find the priest who will then instruct you about what to do. Unless the host is contaminated, it must be consumed.
- If chalice spills, first of all, don't panic.
- Stop immediately, place purificator over the spill and ask those in line to go to another line.
- Find an usher or another minister and ask them to stand by the spill, find Beth or Jacqueline, or go to sacristy and get as many purificators as needed and a wet towel.
- Soak as much of the Precious Blood as possible until it no longer is visible.
- After all the spill has been thoroughly cleaned, wipe the area with the wet towel.

These norms are applicable at all Masses, that is, weekend and weekdays, and they are based upon "The Roman Missal Formational Materials provided by the Secretariat for the Liturgy of the United States Conference of Catholic Bishops, 2010."