

# RESPITE

*care*



Located at 500  
Jamestown Road,  
Williamsburg VA, 23185  
t. 757-229-1771

## A Letter from the Chairperson



Greetings! My name is Bonnie Knizatko. I have the honor and pleasure of being the current Chair of the Respite Care Board of Directors. I am in my sixth year of serving on this wonderful Board of ladies and gentlemen who all have a desire to help with this much needed ministry in Williamsburg. Working with this ministry has been very fulfilling for me. In my duties other than Board business, I serve

as a support person for the staff members and help with the fundraising that enables us to provide the many fun and stimulating activities for our clients who refer to themselves as "club members." Words cannot express the joy I see in their faces as they are participating in their "club meetings." That is what it is all about for me. Respite Care feels like a family, and I am incredibly grateful to be a part of it.

I hope you enjoy this initial issue of our new newsletter and look forward to future issues that will introduce you to our staff and update you on our activities. We plan to include pictures of the arts and crafts our members do during their visits. Enjoy!



## A LOOK BACK...



### A NEW DIRECTOR!

Say hello to our new Director, Rev. Cornelia Jude! (Pictured here, center, with her mother and daughter) Conny began her journey with us in August of 2021 as the Respite Care Manager, and we were delighted to see her passion and dedication to our mission.

Conny decided to continue her service as the Executive Director of our Respite ministry in October 2022. With her leadership and vision, our program continues to flourish and positively impact the lives of our beloved seniors. We are so grateful for you, Conny!

Family care partners have demanding tasks and often neglect their own health and well-being. Consequently, care partners need time off to relieve stress and prevent burn-out. For over 20 years, Respite Care of WUMC has sought to provide a gift of time to dependent adults and their families by creating a nurturing environment and community, and to provide respite for caregivers.



Williamsburg UMC



### WHAT IS RESPIRE CARE?

Respite Care provides social engagement and stimulating activities for dependent seniors in a safe and secure setting to maximize their cognitive & social abilities. Dependent seniors often feel lonely, bored, and/or helpless. Being with other peers brings psychological and physical benefits. Daily enrichment activities include music, arts & crafts, memory books, exercise, games, educational talks, reminiscing discussions, and a nutritious snack.

# RESPIRE CARE | 2023 NEWSLETTER



## OUR HISTORY

In 2001, Peggy Soulen and Darla Krupski embarked on a remarkable journey, laying the foundation for Respite at WUMC. Little did they know their vision would blossom into a flagship activity program for seniors, bringing joy and companionship to countless lives. Over the years, Respite has evolved, refining its approach and developing acuity guidelines to ensure a fulfilling experience for each participant. Every afternoon is now filled with stimulating activities and meaningful social engagement.

## SAVE THE DATES!

Be sure to mark your calendars for these upcoming events.

August 18th: Music from Billy Mitchel  
Join us from from 3:30 - 4:30 in the Wesleyan Hall as Billy blesses us with music from the 40's all the way up to today's hits! You won't want to miss it!

September 22nd: Annual Garden Party!!  
See the next page for all of the details.



## THANK YOU!

From the bottom of our hearts, we express our sincerest gratitude for being an essential part of our Respite Care family. Your support enables us to continue providing a nurturing haven for those in need, allowing them to experience life to the fullest and maintaining their dignity and independence. Together, we are making a meaningful difference in the lives of these cherished seniors, and we couldn't do it without your incredible support.



# GARDEN PARTY!

*You are invited to the 2nd Annual Respite Care Garden Party!*

Join us on September 22, 2023 at 12:30 p.m. Located at:  
500 Jamestown Rd., Williamsburg  
VA 23185

Featuring gourmet food items, art from our participants, music, and raffles!

Reserve your Gourmet Box Lunch for \$25 per person! Raffle Tickets are available for purchase prior to the event: \$5 for one ticket, \$10 for 5 tickets, or \$20 for 20 tickets

Registration is required by September 15th! See the next page for registration details!

thank you for joining us!

# Registration Form:

## By Mail:

Please mail your check and this form  
to **United Methodist Church Respite Program**  
500 Jamestown Road, Williamsburg, VA 23185

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Please reserve \_\_\_\_ Gourmet Box Lunch at \$ 25 per person Total: \$ \_\_\_\_

and I would like to purchase \_\_\_\_\_ Raffle Ticket(s) Total \$ \_\_\_\_\_  
(\$ 5 for one ticket, \$10 for 5 tickets, or \$20 for 20 tickets)

I am unable to attend but would like to make a donation Total \$ \_\_\_\_\_  
Total amount enclosed for Lunch and Raffle tickets Total \$ \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ Email: \_\_\_\_\_

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## Or Register Online!

**Online Payment, use QR code below and email registration form:**  
**[cjude@williamsburgumc.org](mailto:cjude@williamsburgumc.org)**



### Donations to Other Ministries

Field is required

Once, now ▼

Please specify the ministry supported by your gift. (required)

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RESPIRE CARE  
WILLIAMSBURG UNITED METHODIST CHURCH  
500 JAMESTOWN ROAD  
WILLIAMSBURG VA 23185

