

RELEASING YOUR REGRETS

Matthew 22:37-40 Jesus replied: “‘Love the Lord your God with all your heart and with all your soul and with all your mind.’³⁸ This is the first and greatest commandment. ³⁹ And the second is like it: ‘Love your neighbor as yourself.’⁴⁰ All the Law and the Prophets hang on these two commandments.”

WHAT DO WE NORMALLY DO WITH OUR REGRETS?

1. WE TRY TO _____ OUR REGRETS.

Psalm 19:12 How can I know all the sins lurking in my heart? Cleanse me from these hidden faults.

- We minimize them.
- We rationalize them.
- We compromise our standards.

Proverbs 28:13 People who conceal their sins will not prosper, but if they confess and turn from them, they will receive mercy.

2. WE TRY TO _____ OTHERS

Psalm 50:20 You sit around and slander your brother—your own mother’s son.

3. WE _____ OURSELVES UP

WHAT SHOULD I DO WITH MY REGRETS?

1. I _____ MY GUILT

Psalm 51:3 (NIV) For I know my transgressions, and my sin is always before me.

Psalm 32:5 Finally, I confessed all my sins to you and stopped trying to hide my guilt. I said to myself, “I will confess my rebellion to the Lord.” And you forgave me! All my guilt is gone.

2. I _____ TO WHAT GOD SAYS ABOUT ME & I _____ GOD’S FORGIVENESS

Romans 8:1 So now there is no condemnation for those who belong to Christ Jesus.

3. I _____ WHAT GOD SAYS & I FORGIVE MYSELF

WHAT DOES GOD WANT TO DO WITH MY REGRETS?

1. GOD WANTS TO _____ MY CONSCIENCE.

Isaiah 1:18 “Come now, let’s settle this,” says the Lord. “Though your sins are like scarlet, I will make them as white as snow. Though they are red like crimson, I will make them as white as wool.”

Jeremiah 31:34 “I will forgive their wickedness, and I will never again remember their sins.”

2. GOD WANTS TO _____ MY Character.

2 Corinthians 5:17 This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun!

Matthew 22:40 (Jesus) “All the Law and the Prophets hang on these two commandments.”

May 31, 2026

Financial Snapshot

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Weekly Need	Last Week	Weekly (Under)
\$ 21,212	\$ 17,153	\$ (4,059)
YTD Need	YTD Given	YTD (Under)
\$424,231	\$401,224	\$ (23,007)