Fruition-Self-Control

Allowing God to Produce Spiritual Fruit in Your Life - Part 9

Galatians 5:22-23 NLT "But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. There is no law against these things!"

Proverbs 25:28 "A man without self-control is as defenseless as a city with broken down walls."

Anything uncontrolled can harm your relationships

Uncontrolled anger Pr. 29:11

Uncontrolled lust Pr. 6:26

Uncontrolled spending Pr. 21:20

Uncontrolled drinking Pr. 23:29-35

Uncontrolled ambition Pr. 23:4

The greatest destroyer of relationships: An uncontrolled TONGUE.

James 3:5-6 "The tongue is a small thing that makes grand speeches. But a tiny spark can set a great forest on fire. And the tongue is a flame of fire. It is a whole world of wickedness, corrupting your entire body. It can set your whole life on fire, for it is set on fire by hell itself."

Proverbs 13:3 "Those who control their tongue will have a long life; opening your mouth can ruin everything"

HOW TO MANAGE YOUR MOUTH

1. THINK BEFORE YOU SPEAK.

Proverbs 16:23 "From a wise mind comes wise speech; the words of the wise are persuasive."

Proverbs 18:20 "Wise words

satisfy like a good meal; the right words bring satisfaction."

Proverbs 20:25 "Don't

trap yourself by making a rash promise to God and only later counting the cost."

2. ALWAYS SPEAK THE TRUTH.

Proverbs 24:26 "An honest answer is like a kiss of friendship.

Proverbs 28:23 "In the end, people appreciate honest criticism far more than flattery."

3. SPEAK THE TRUTH IN LOVE.

Proverbs 12:18 "Some people make cutting remarks, but the words of the wise bring healing.."

"Gentle words are a tree of life."

Proverbs 12:25 "An encouraging word cheers a person up."

4. ASK JESUS FOR HELP EVERYDAY.

Psalm 141:3 "Take control of what I say, O Lord, and guard my lips."

"Help me, Lord, to keep my mouth shut!"LB

Matthew 15:18 "But the words you speak come from the heart - that's what defiles you."

Ezekiel 18:31 "Put all your rebellion behind you, and find yourselves a new heart and new spirit."

James 1:26 "If you claim to be religious but don't control your tongue, you are fooling yourself, and your religion is worthless."

Proverbs 15:4