



PART SIX

Growing Deeper in Christ Through Pain

Introduction

Review

Keeping the soil of our hearts workable
Knowing Christ
Being in union with Christ
Through despair and failure
Through the revealed will of Christ

I. The Universality of Pain

- A. All of creation is under sin.
- B. The Fall.
- C. Pain is not the islands of our life, but the ocean.

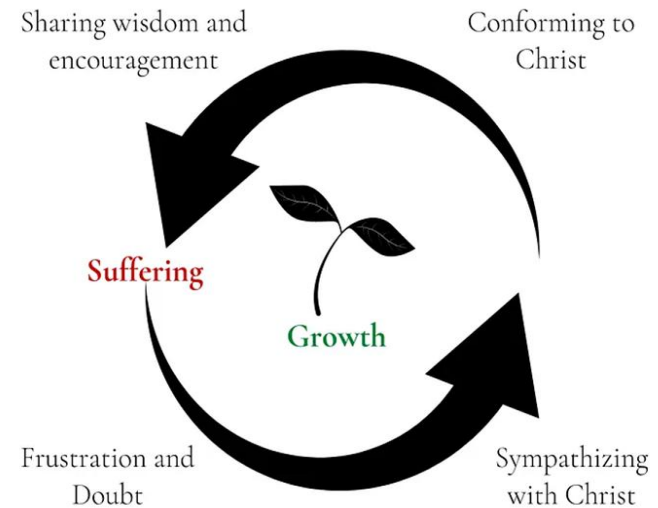
II. How Suffering Fosters Growth

- A. Refining your faith.
- B. Building character.
- C. Deepening your relationship with God.
- D. Providing perspective.

III. How To Practically Grow Through Pain

- A. Change your attitude.
- B. Embrace truth and self-reflection.
- C. Practice obedience and trust.
- D. Find strength in community.
- E. Lean into God's presence.

The Suffering Circle



Phase 1 – Suffering Strikes

Phase 2 – Frustration and Doubt

Phase 3 – Sympathizing

Phase 4 – Conforming to Christ