

Rhythms

- I. Silence & Solitude _____
 - A. Ecclesiastes 3:1,7
 - B. Psalm 46:10
 - C. Psalms 62:1
- II. Prayer & Fasting _____
 - A. Ezra 8:21
 - B. Luke 4:2-4
 - C. Matthew 6:16-18
- III. Confession _____
 - A. Proverbs 28:13
 - B. 1 John 1:9
 - C. James 5:16
- IV. Study _____
 - A. Hebrews 4:12
 - B. 2 Timothy 2:15
 - C. Joshua 1:8
- V. Service _____
 - A. Matthew 20:26-28
 - B. John 13:12-17
 - C. 1 Peter 4:10
- VI. Conclusion

Which habit will you focus on improving this week?