



THE ARMOR OF GOD EPHESIANS 6



These Lesson Plans Were Used At A Conference
adapt them for your needs

Example of a Women's Retreat Schedule

Retreats help prepare and bond the team before they leave for their trip.

Topics good for retreats: Culture, Packing, Ministry Captains, VBS, Women's Topics

Arrival

9:00am - Snacks: pastries, fruit, water, juice

Welcome Table: name tags, day agenda, goodie bag

9:30am - Team Bonding Exercises:

- 10 things in common and differences games
- 5 Fingers Ice Breaker/2-minute share time for each. Explanation: Trace your hand, and on each finger, write an example of when God worked in your life and when you knew it was from him.

10:00am - Devotional time

10:30am - Culture and Language

10:45am - Translators & Evangelism

11:00am - Speaker topics – brainstorming as a group about ideas for each topic based on the lesson theme

11:30am - Break Drawing for Prizes:

Example Questions: Who came the farthest? Who arrived first? Who is the youngest, oldest?

Gift ideas: luggage tags, flashlights, scrubbers for the shower, toothbrushes, carabiners

11:45am - Lunch Break

12:30pm - Work on VBS Crafts

1:30pm - Review Personal Packing

1:45pm - Review team members' ministry interests using Ministry Captains on the website under RESOURCES/IMPORTANT TEAM INFORMATION

2:00pm - Discuss Gift Ideas for the village women.

Gift Ideas: Lipstick Samples, Wooden Spoons, Journals, Pens, Crowns, Tote Bags, Toiletries, Dish Towels, Pot Holders

2:30pm - Decide on women's ministry Crafts - Color Footsteps Poem, stencil journals, and decorate earrings

3:00pm - Pray and dismiss

Armor Of God

Ephesians 6:10-18 NIV - The Armor of God

Finally, be strong in the Lord and in his mighty power. Put on the full armor of God, so that you can take your stand against the devil's schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. Therefore, put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, and with your feet fitted with the readiness that comes from the gospel of peace. In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, which is the word of God. And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people.

ARMORS

Victory over the enemy's strategies: The Belt of Truth, Breastplate of Righteousness, The Shoes of Gospel of Peace, The Shield of Faith, Helmet of Salvation, Sword of the Spirit

MINISTRY DIVISIONS

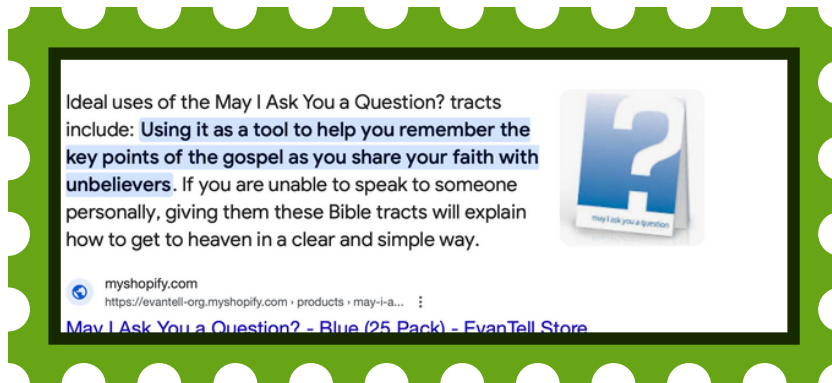
- Teach a lesson
- Share a Testimony
- Teach a game
- Details/Hostess Children
- There will need to be VBS during the conference
- We allowed the teen girls to attend. Any girls who felt too old for VBS were allowed to come. ``
- Gift drawings/ handing out bags
- Helping the chosen woman to get into the costume
- Hospitality/ They brought snacks from the U.S. and powdered lemonade

*We had men who wanted to attend the conference. Have the men on the boat prepare to have time to visit with the men who come.

Armor of God

Suggested Supplies

- AO can order the Portuguese version of this tract if you want to use them.
- We found it hard to find an adult size knights costume with the breastplate, helmet and sword. We used a child's costume and adapted it (with straps to hold it on) so one of the village women could wear it on stage as we discussed the topics.
- Notepads/pens
- Giveaway prizes
- Raffle Tickets
- Tote bags



1. Ministry Preparation

- Prepare Your Testimony using the Resource Page on the AO Website under Resources/Important Team Documents
- Be prepared to share your story of a changed life.
- Include the elements of salvation. Everyone can receive a tract called "Can I Ask You a Question?" see the information above.
- Volunteers are needed to share their testimony at services.
- Conference Schedule

WOMEN'S CONFERENCE SCHEDULE



Day 1

9:00AM

Visits to the families of the Semear Project (morning)

2:30PM - Meeting with the mothers of the Semear Project students (afternoon / evangelism) - Testimonies (01 Brazilian and 01 American)

7:00PM - Welcome participants and welcome

7:30PM - Our identity and Praise

8:15PM - Lecture - Victory Over Enemy's Strategies – (Deborah)

Day 2

9:00AM - Praise

9:30AM - Lecture - The Belt of Truth (Michele)

10:30AM - Snack

10:45AM - Lecture - Breastplate of Righteousness (Terri)

12:00PM - Lunch

3:00PM - Praise

3:30PM - Lecture - Shoes of the Gospel of Peace (Jan)

4:15PM - Snack

4:30PM - Lecture - Shield of Faith (Phyllis)

6:00PM - Dinner

7:30PM - Beginning of Worship / Praise

8:15PM - Helmet of Salvation (Karen)

After the service we will take the official photo in the church with all participants of the Conference

Daily Prayer for the Armor of God

Today I am putting on the COMPLETE ARMOR OF GOD; so that when the day of evil comes, when I am under attack, when I face trials or temptations, I will be able to resist.

May I stand firm with the BELTS OF TRUTH buckled around my waist; with the BREASTPLATE OF RIGHTEOUSNESS guarding my heart, with my feet ready to carry the GOSPEL OF PEACE wherever God sends me. I also take up the SHIELD OF FAITH with which I can extinguish all the flaming arrows of the evil one. On my head I place the HELMET OF SALVATION. I grasp the SWORD OF THE SPIRIT - THE WORD OF GOD sharp and true.

Lord be with me in the heat of battle and grant me victory, I pray
In the Mighty Name of Jesus!!

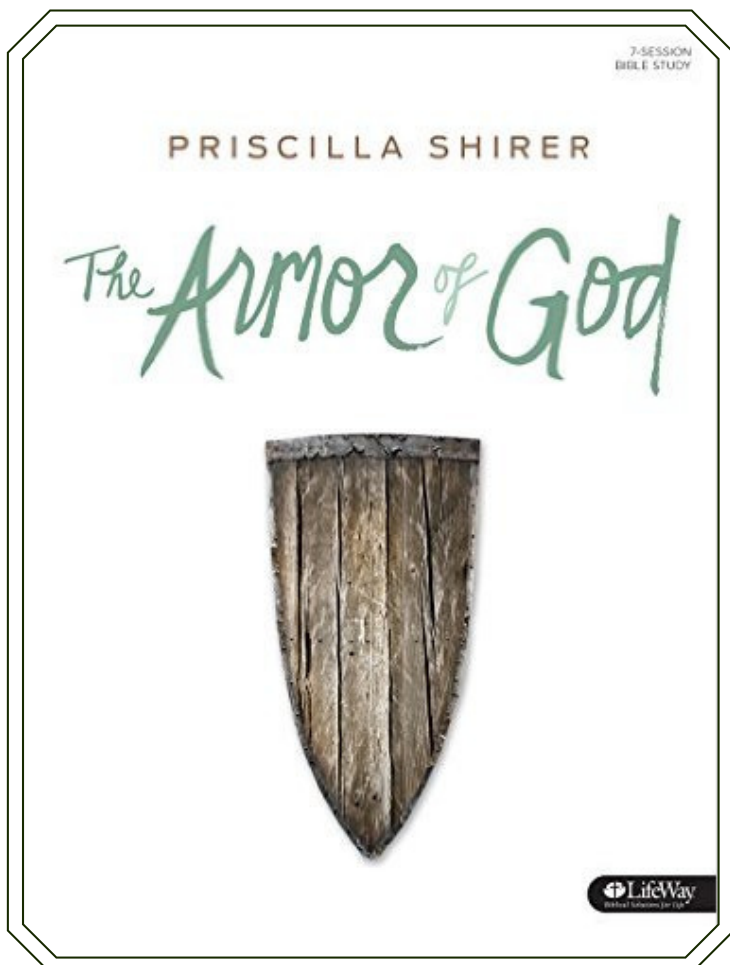
Oração Diária para a Armadura de Deus

Hoje eu estou colocando a ARMADURA DE DEUS COMPLETA; para que quando o dia do mal chegar, quando eu estiver sobre ataque; quando eu enfrentar provações ou tentações, eu seja capaz de resistir.

Que eu permaneço firme com o CINTURÃO DA VERDADE afivelado na minha cintura; com a COURAÇA DA JUSTIÇA guardando meu coração, com meus pés prontos para levar o EVANGELHO DA PAZ onde quer que Deus me mande. Eu também tomo o ESCUDO DA FÉ com o qual eu posso extinguir todas as flechas flamejantes do maligno. Na minha cabeça eu coloco o
Eu agarro a ESPADA DO ESPIRÍTO - A

This Team created a booklet with verses and coloring pages they put these in the cloth bags along with small candy and pens. They also made team shirts.





- A poster for the event.
- The advertisement for the conference was passed out several weeks ahead.
- Team preparation included the Priscilla Shirer book
- They ordered cloth bags. Each bag we notebooks and pens and buttons were made to put on the bags.
- We order give away items for drawings.



Série A Armadura de Deus

(EFÉSIOS 6:10-18)

O CINTO DA VERDADE

Estai, pois, firmes, cingindo-vos com a verdade (Efésios 6:14a).

O cinto do soldado era forte e largo, protegia os órgãos vitais e unia as outras partes da armadura para que não se soltassem, o que dava mais confiança ao soldado.

Como salvos devemos usar o cinto da verdade. Desta forma poderemos enfrentar o inimigo sem medo e com a certeza da vitória em Jesus Cristo.



Adaptado da Bíblia de Recursos para o Ministério com Crianças. Loja: www.apeconline.com.br



Série A Armadura de Deus

(EFÉSIOS 6:10-18)

COURAÇA DA JUSTIÇA

Vestindo-vos da couraça da justiça (Efésios 6:14b).

A couraça cobria o corpo do soldado do pescoço até a cintura, frente e costas. Era revestida de uma malha de cobre para proteger a parte mais importante: o coração.

Quando você aceita a Cristo como seu Único Salvador, Deus lhe concede Sua própria justiça através da redenção de Jesus Cristo.



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Série A Armadura de Deus

(EFÉSIOS 6:10-18)

CAPACETE DA SALVAÇÃO

Tomai também o capacete da salvação... (Efésios 6:17a).

O capacete é feito para proteger a cabeça. Se na hora da batalha o soldado for ferido na cabeça, o capacete protege o cérebro de danos.

Temos que permitir que Deus cuide de nossa mente, devemos sempre pensar em coisas boas e, principalmente, na salvação em Jesus Cristo. O inimigo não o vencerá, quando você coloca o capacete da salvação e vigia seus pensamentos.



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Série A Armadura de Deus

(EFÉSIOS 6:10-18)

ESCUDO DA FÉ

Embraçando sempre o escudo da fé, com o qual podereis apagar todos os dardos inflamados do Maligno (Efésios 6:16).

O escudo romano media em média 76cm x 1,20m, era de madeira revestida de couro, que era encharcado na água, a fim de apagar as flechas incendiárias do inimigo.

Satanás constantemente lança seus dardos inflamados. Porém, através do escudo da fé, concedido por Jesus a nós, que o recebemos como Senhor e Salvador, podemos vencer o inimigo.



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Série A Armadura de Deus

(EFÉSIOS 6:10-18)

ESPADAS DO ESPÍRITO

Tomai... a espada do Espírito, que é a palavra de Deus (Efésios 6:17b).

A espada do soldado é feita de aço e quanto mais é usada em batalha, acaba por perder o corte e ficar menos afiada.

Nossa espada é diferente: quanto mais você usa a espada da Palavra de Deus, mais afiada e eficaz ela se torna. Por isso é importante guardar a Palavra de Deus no seu coração, meditando sempre nas Escrituras Sagradas.



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Below is an example of a team teaching Ephesians 6 without a conference

Shield of Faith

Have any of you stepped out in faith this morning? Some of you might not have even realized that you all had faith this morning.

Story of the chair The truth about this chair.....who made it, what kind of wood did he use, what do other people say about its reliability, and have you seen other people sit in it? You can study it closely and know everything about the chair, but until you actually sit in it, you haven't really trusted that the chair can hold you up.

Definition of faith:

Hebrews 11:1 says, "Now faith is being sure of what we hope for and certain of what we do not see."

The Belt of Truth, Breastplate of Righteousness, and Shoes of the Gospel of Peace are all your basic uniform that you wear daily. Never leave home without them...like your hair, your skin....part of who you are in Christ.

The last 3 Armors have to do with an action. You actually have to consciously choose to use them because they involve an action, a decision on your part.

Eph 6:16 In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one."

Shield The shield used in Roman times was a huge oblong shield built with wood, covered by canvas and then leather. Iron was built into the center and along the edges, and it could cover the entire body of the soldier when he was crouched down.

When in battle, the enemy would send flaming arrows, and they would cause distraction and the enemy would advance. Flaming arrows were not primarily meant to kill the soldiers but to distract them. Sometimes, our enemy sends flaming arrows to us, too!

Satan distracts us by setting several internal fires ablaze in our lives.

What kind of distractions or fears can cause us to take our focus off of God?

Insecurity, intimidation, anxiety, worry, busyness, doubts or sometimes crippling accusations or acts of disobedience.

The story of Peter walking on the water shows how we need to keep our eyes on Jesus.

Fiery darts are sent exactly at the same time we are called to walk by faith. They are deliberately intended to distract and disable us from doing the only thing that has the power to extinguish them.....walking in faith!

The main opposition to faith is fear.

(II Tim 1:7), but our God did not give us the spirit of fear, but of Power, Love, and a Sound Mind!

Faith causes fiery darts to fizzle. As you move forward, the Faith Shield will cover you, and you will gain holy confidence and courage. The issue of fear was so important to God that more than 300 times in Scripture, He told us not to be afraid.

- God wants us to trust Him and His promises
- He asks us to walk forward with the truth revealed in His Word
- He asks us to push past fear, take up our Shield of Faith, and KNOW God will take care of us

Faith is acting like God is telling the truth!

How big is your God?

What can He do? Can he do what He promises to do? What do you think about Him?

Do you believe IN God, or do you BELIEVE God?

This woman's testimony....

My experience getting my KG job:

- We were closing our business, and my husband would be without a job
- We had our children in a school that cost a lot of money
- I knew God promised to take care of us and would find a way to provide
- Heard about a teaching job and KNEW that this was God's answer
- Found out there wasn't a job opening for me
- Got the job on the exact day we locked the doors of our business
- Guess how many tuitions my job covered? 2!
- God's answer had nothing to do with my faith. It had everything to do with His faithfulness to me, and it continued to grow my faith.

Do you have a story of a time when you walked by faith? I encourage you to write these Faith Walks down. This will remind you when you begin to fear again that God is able to carry you through the fiery darts.

Maybe some of you are being asked:

- Stop working at the job you have to take care of your children
- Take care of a sick parent or a grandchild
- Speak out about an injustice
- Forgive someone.....a friend, your husband, your child

I invite us all to take the Faith Walk and step out on the water with our Shield of Faith over our lives. If you are willing to step out, I believe God is setting you up for more than you can imagine.

Eph 3:20 – Now to him who is able to do immensely more than all we ask or imagine....to him be the glory in the church and in Christ Jesus throughout all generations, forever and ever! Amen