



## **To Grow, Heal, and Serve**

*Week of July 13, 2025*

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### **Ways to Grow**

#### **Summer Sundays!**

We're reducing our Sunday school offerings for kids during the summer, but that doesn't mean we're not having fun! During the 9 am worship services this summer, kids ages 3-11 are invited to join us for Summer Sundays - two Safeguarding-trained adults will take kids to spend some time on our playground (or a classroom if there's rain) for the first half of the service, returning in time for communion.

#### **Adult Formation: The Nicene Creed**

1,700 years ago, a church council meeting in Nicea adopted a statement of Christian doctrine that we still use today. But the Nicene Creed is difficult to understand and perhaps more difficult to love. What does it mean? Where did it come from, and how can these fourth-century words inform our 21st-century faith? Join Gia for this series for adults, which meets at 10:15 a.m. on Sundays, through July 27, in Kilbourne Hall. Nursery care for children is offered at the same time.

#### **Fall Women's Retreat**

Our Fall Women's Retreat will be held on Friday, Sept 19th - 20th. It will be held at the Transfiguration Spirituality Center located at 495 Albion Way, Cincinnati, OH. We will be staying at St. Mary's building. Everything is on two floors; however, there is an elevator to access the first floor, where the cafeteria is located. The rooms come with a single bed, a private walk-in shower, and a desk. Some rooms have small refrigerators & microwaves. We also have 3 double rooms if you would like to room with someone. Bedding is provided. The grounds are very hilly, if you would like to spend free time walking the grounds, some with just a path and there is also a paved road to walk on as well. The grounds have a labyrinth that you are welcome to walk and pray in. I always advise that you bring a journal to take notes or journal in.

Some retreatants are going down on Thursday afternoon/evening but some are waiting until Friday. The retreat officially starts at 3 pm and runs through dinner on Saturday, which is served at 5:30. The cost is \$100/night, and that includes dinner on Thursday evening, and 3 meals a day both Friday and Saturday.

Our Facilitator will be Marie Kovitch. Marie is a graduate of the Wellstreams Ecumenical Training in Spiritual Formation & Development and a member of Spiritual Directors International. Additionally, she is certified as a Grief Recovery Method Specialist, Graduate of the SoulCollage® Facilitator training, and a certified through the Enneagram Professional Training program, with continuing education in Internal Family Systems.

The deadline to register is Sunday, August 31st. If you plan to go on Thursday, please let me ASAP. Don't hesitate to get in touch with Donna DeRemer-Hissrich at **[donna.hissrich@gmail.com](mailto:donna.hissrich@gmail.com)** or call/text me 614-203-3562 if you have any questions.

## Ways to Heal

### Soup for your Soul

With a mission, "In the spirit of love, we provide contact, compassion and pastoral care in the form of soup for a short term, to those whose lives have been interrupted by illness, loss or tragedy. By reaching out to those whose lives have been impacted by dreadful events, we extend and grow the community of St. John's through God's love working within us."

I am calling on all soup makers to this ministry! If you have a favorite soup that you or your family loves, this is the perfect way to share your talent. Please let me know if you are interested, by calling me at 614-563-2368 to find out more about this wonderful way to make a quick difference in someone's day. Oh, there is nothing quite as soothing as a warm bowl of soup...

- Linda Weatherholt



## Ways to Serve

### Mid-Ohio Food Collective

A representative from the Mid-Ohio Food Collective will be visiting St. John's on Sunday, July 20th! Please stop by the Atrium between Services to say hello, hear about the incredible work being done in our community by the Collective, and find out how you can support these efforts. This event is sponsored by the Outreach and Social Justice Committee.

## July 27 Dinner for In the Garden at Trinity

St. John's will be serving hot dogs, chips, salad and fruit to our downtown guests at Trinity on Sunday, July 27. We will also serve root beer floats as a special treat to help beat the heat. A sign-up sheet is on the atrium table this Sunday and next Sunday. You can bring food and/or join the St. John's team at Trinity to serve the meal. Your support for this ministry is so very much appreciated by hungry folks in Columbus!

Eve Herold

## Street Church Volunteers

Street Church is a ministry to help food insecure residents of Franklinton, organized by our sister parish, St. John's Episcopal Church, Columbus. The first Sunday of each month, we partner with St. Stephen's Episcopal Church to provide 50-60 meals after a short outdoor service. We need 3 or 4 helpers to come down for about an hour to help serve a meal of chicken/rice casseroles, steamed broccoli, rolls and fresh fruit. If you can help, please contact Ted Dz ([ted.dziemianowicz@comcast.net](mailto:ted.dziemianowicz@comcast.net)) or Nancy Elkington **(516) 316-9104**.

## Food Pantry

Our Worthington Resource Pantry is so excited to be open at their new and bigger location at 500 Schrock Road, Columbus, OH 43229, which is on the north side of Schrock, just east of the railroad track. The new pantry offers the full-choice model, which allows neighbors to select the foods their families need and want, bringing smiles and gratitude.

If your summer garden is producing an abundance of wonderful vegetables, please remember that the Worthington Resource Pantry will be VERY happy to take your extra peppers, tomatoes, zucchini, etc., because they like to include fresh produce in all the food orders. You can make deliveries to their new location – check the days and times at their website, <https://www.worthingtonresourcepantry.org/givehelp>. Our pantries always see an increase in need during the summer, when kids are eating breakfast and lunch at home, but our pantries simultaneously experience a decrease in donations by individuals and groups. You can donate financially to the Worthington Resource Pantry at <https://www.worthingtonresourcepantry.org/donate> and you can donate to the Gladden Pantry in Franklinton at <https://www.gladdenhouse.org/food-pantry>.

Donations of all sorts of healthy non-perishable foods and personal care products are always welcome at both of our supported pantries, or you can use the list below as a guide. Thank you for helping our pantries serve our hungry neighbors in the summer and throughout the year.

July 13 – cereal; feminine hygiene products  
July 20 – canned chicken or tuna; body wash  
July 27 – peanut butter; diapers (sizes 2-6)

~Mary Bailey

# Around St. John's

## Singles Dining Out Dinner

Singles Dining Out will gather at Outback Steakhouse on Thursday, July 17, at 6:00 pm. Outback Steakhouse is located at 2020 Polaris Parkway, Columbus OH 43240. You can view the mouth-watering Outback menu at <https://www.outback.com/menu/polaris/category/0>. You can RSVP to Donna Hissrich at 614-203-3562 or [donna.hissrich@gmail.com](mailto:donna.hissrich@gmail.com). Singles Dining Out is an informal group of St. John's parishioners and friends, always happy to welcome new participants. Singles and married individuals who will be attending without their spouse are welcome to participate, and feel free to invite a friend who is not a member of St. John's. We hope you will join us for good food and good company at Outback Steakhouse on July 17!



### Flowers

Flowers this week are given by Trudi Snediker and family in thanksgiving for the life of David K. Snediker.

### Readings for Next Sunday

Genesis 18:1-10a  
Psalm 15  
Colossians 1:15-28  
Luke 10:38-42

**Click here for the Lectionary page**

**Centering Prayer** – Mondays, 1:00 pm. Click this **Zoom link** (Meeting ID: 865 0593 1410; Passcode: 922699; +13017158592,,86505931410#,,,\*,922699#). If you are interested, contact Teri Foley-Nelson, at [foleynelson1@sbcglobal.net](mailto:foleynelson1@sbcglobal.net).

**Do You Have Family or Friends Who You Want Included on the Weekly Prayer List?** If so, please contact the office at [Bellao@stjohnsworthington.org](mailto:Bellao@stjohnsworthington.org) or 614-846-5180, with their first names. Names will remain on the list for three weeks unless there are additional instructions. If you want longer term prayer by the intercessory prayer group, please contact Jo Pascoe at 614-306-7983 and leave a message or send email to [twopas@aol.com](mailto:twopas@aol.com).

**Pastoral Care Concerns** - If you have a pastoral care concern, please contact one of the clergy. Gia may be reached at 614-846-5180, ext. 302, 220-219-1880, or [GiaHM@StJohnsWorthington.org](mailto:GiaHM@StJohnsWorthington.org). David may be reached

## People for whom prayers have been asked

### And we pray for:

Pat  
David  
Anne  
Seth  
Jon & Shirley  
Frank  
David  
Sandi  
Loyd & Roseline  
Paul  
The Holtzmann family  
Michael  
Linda  
Miriam  
Daniel  
The Tumblin Clark family  
Rick  
Arik  
Robin  
Valerie & family  
Ana and Nina  
Aaron  
Susie  
Grace and baby Hope  
Annette  
Tanya

Chasity  
The Wagner Family  
Gay  
Craig  
Jim and Fran  
Kat  
Phoebe

### For our service men and women and all first responders

*(Allow time for others to pray)*

### For those who are unemployed or underemployed

*(Allow time for others to pray)*

### For all who experience fear or exclusion

*(Allow time for others to pray)*

### For those in prison or bondage – in body or spirit

*(Allow time for others to pray)*

**For peace and for all those who suffer from war, including the people of Ukraine, Sudan, Afghanistan, Armenia, Israel, Palestine, Lebanon, Iran, and all places of conflict in the world.**

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### Parish Cycle of Prayer

Dan and Janet Smith  
Trudi Snediker  
Stephen Sollars

### Diocesan Cycle of Prayer

St. Paul's, Chillicothe  
Indian Hill Church

### We Give Thanks

For the people of St. John's and for their ministries  
For the life of David K. Snediker

### The Departed

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### Notes:

St. John's has two separate prayer lists.

To add names to the "public" prayer list as seen above, please call the church office at **614-846-5180**, or send an email to **Bellao@stjohnsworthington.org**. Names

added to that sheet will remain on the prayer list for three weeks, or shorter if requested. Last names are not used. If you wish prayers to be continued, simply list the name on the prayer list again. Of course, you may always add names aloud during the prayers of the people.

There is also a “private” intercessory prayer group staffed by several volunteers from within the parish. To have your prayer request included on the prayer chain, please contact Jo Pascoe at **614-306-7983** or send email to **twopas@aol.com**.

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St. John's Episcopal Church | 700 High Street | Worthington, OH 43085 US

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