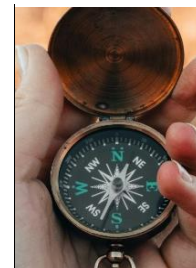


January
through
March
2025

DHLC Compass

Next Steps in Your Faith Journey



DHealthLC

On the Road to a Healthier You

Maintaining good health is a great New Year's resolution, but it can be challenging to stick to it. Desert Hills provides many opportunities to help you succeed in your health journey.

Health & Wellness Seminars: The Health & Wellness Team will offer healthy seminars and luncheons in January, February, and March.

Exercise Classes Abound: Join others as they exercise in Fellowship Hall and hold each other accountable on their way to stronger bodies and minds. Classes are held on Mondays, Wednesdays, and Fridays and are free!

TOPS: Being successful at weight loss can be a challenge with cookies around every corner of DHLC. Maybe becoming a TOPS group member on Thursday mornings will help you become a healthier eater and stay on the path to success.

Dealing with Addiction: Sober Sisters, AA groups, and Al-Anon groups hold weekly meetings at DHLC. Each day is one step closer to ending the habit for good.



Joining the chair aerobics and toning classes can help strengthen your muscles and improve your balance.



Studying the Bible as a group or alone can grow your faith.

New Year, New You

Walking with God in 2025

Walking with God during the day, all day, every day means being right with Him. Fellowship with God is important but does not look the same for everyone. Desert Hills Lutheran Church has many opportunities to gather with others and to grow in faith.

Bible Studies: Bible Fellowship meets weekly on Wednesdays at 9:30 AM and 5 PM, the Men's Bible Study meets weekly on Thursdays at 1 PM, and the Women's Bible Study meets monthly on the first Monday at 9 AM. Women's Life Recovery Bible Study meets on the second and fourth Tuesdays at 1 PM. Bible Studies with Communion are held monthly at La Posada, Silver Springs, and Prestige Assisted Living.

Bible Reading: For 2025, your resolution may be to read the entire bible. Join us on Facebook on Wednesdays as we post a weekly reading list on our Bible Reading Challenge or pick up a bookmark each month with the same list.

Dig Deeper: Are you interested in diving deeper into the weekend sermons with others? Desert Hills offers multiple Dig Deeper groups that meet at church and in the community.

Devotionals: Reading devotionals are an excellent way to start or end your day. Desert Hills provides two different quarterly devotionals and an extensive library with a wide selection of devotionals available to borrow. Do you have a favorite that you use?

Journaling: Recording God's blessings, learning experiences, or other thoughts toward your faith is a wonderful way to grow closer to God. Select a notebook that makes you smile and a favorite pen.

Choirs: Praising God by raising your voice is another excellent opportunity to worship and grow in faith. Bell and choral choirs meet on Tuesdays, Wednesdays, and Thursdays.

Prayers: Prayers are powerful. They are one of the natural resources each of us can use today, any time of the day. Prayers can offer praise and thanks, make a request, or express your thoughts and emotions. They can be shared out loud or quietly.

Check out the church website www.dhlc.org for a full schedule of events happening at church.

Annual Meeting

The Desert Hills Lutheran Church's Annual Meeting will be held on Sunday, February 2, 2025, at 12:30 PM, with a light luncheon before the meeting. Please plan to attend to vote on new council members and the 2025 budget and to learn about new and exciting things happening at DHLC.

Dr. Chan

Dr. Michael Chan will return to DHLC on February 15-16 and present "How Did We Get the Bible?" This course will uncover the rich literary, historical, and theological tapestry that defines biblical literature. Dr. Chan is the Executive Director of Faith and Learning at Concordia College, Moorhead, MN.

Thankoffering

The Women's Ministry's Thankoffering on February 22-23 is a special offering collected for the Chilstrom Fund for Women Seminarians and Women's Domestic and International Grant Programs. These grants not only change lives now but also change women's lives for the future.

Celebrating Lent and Easter

There are different ways to step into the holiday season at DHLC.

He is risen; He is risen indeed! His resurrection makes life worth living again. Hallelujah! Join in the preparation for Christ's death and resurrection this Lenten season with special events.

Ash Wednesday Services on March 5:

- 12 PM Ash Wednesday Worship Service
- 3 PM Ash Wednesday Country Trio Worship Service
- 7 PM Ash Wednesday Worship Service

Lenten Soup Suppers will be held on Wednesdays from 6-6:45 PM in the Fellowship Hall. This is a great way to share a mid-week meal with friends.

Hymn Sing is held from 6:45-7 PM. What do you want to sing each Wednesday?

Mid-Week Lenten Worship Services will be held each Wednesday at 7 PM.

The Spring Concert is scheduled for Thursday, March 20 from 4-5:30 PM.

Maundy Thursday:

- 12 PM Maundy Thursday Worship Service
- 7 PM Maundy Thursday Worship Service

Good Friday:

- 12 PM Good Friday Worship Service
- 3 PM Good Friday Country Trio Worship Service
- 7 PM Good Friday Worship Service

Easter Weekend Services:

Saturday, April 19:

- 3 PM Country Service
- 5 PM Country Service

Sunday, April 20:

- 8 AM Traditional Service
- 9:30 AM Blended Service
- 11 AM Contemporary Service

Easter Dinner will be served at 2 PM in the Fellowship Hall. What a wonderful way to worship and enjoy a meal with fellowship. Best of all, there is no need to dirty your kitchen.



Last year's preparations for the Passion reading.



Get Involved Weekend is a great way to learn more about DHLC activities and get involved.

Get Involved Weekend

Stepping into church activities

Choirs, committees, and fellowship opportunities, oh my! Did you know there are over 60 activities that take place at Desert Hills Lutheran Church on average every week? If you are looking for something to do in 2025, there is a great chance we have an activity for you. From choirs, Communion servers, ushers, readers, and greeters to Global Mission, Health and Wellness, Singles Fellowship, and Food, Fun, and Fellowship to exercise groups, kitchen volunteers, and Stephen Ministers,

the list is endless, and we've got you covered! Variety is the spice of life, and we have it all here.

That's great! But I need more information. To learn more about what these groups do, when they meet, and how you can get involved, come to the Get Involved Weekend at Desert Hills on January 11-12. Leaders and members will be available to meet with you and answer your questions before and after services.

Grief Share Groups

Traveling your grief journey

"I had gone through Grief Share twice. It was an amazing experience for me and so helpful in my healing. I am a strong believer in the group and how it affected me. Grief is a journey, and it changes over time," shared Ruth.

Grieving is a personal journey that everyone takes after losing a loved one. For some, the journey is longer and perhaps more difficult than for others, but each journey does not need to be traveled alone.

Chaplain Mark Westrich and his Grief Share team will lead the next Grief Share series on Tuesdays, February 4 through April 29.

To sign up or to learn more, contact the church office.



Ruth is a Grief Share leader and Stephen Minister.