



# FIRST CUP READINGS

## JANUARY, 2024

Let the morning bring me word of your unfailing love, for I have put my trust in you. Show me the way I should go, for to you I lift up my soul.— Psalm 143:8

Dear Family in Christ,

First Cup is designed to assist you in the habit of daily Bible reading and prayer. The name is to remind you that as you reach for your first cup of morning coffee or tea, reach also for your Bible and prayer list. The prayers at the beginning of each week are taken from hymns, sometimes found in obscure hymnals in my library. They are intended to be read as your beginning prayer, to focus your mind on the daily readings that follow. May this spiritual discipline strengthen you as you face each day.

Blessings and  
love in Christ,

*Sandy Sturch*

- 1 Ecclesiastes 3:1-17; Psalm 119:81-112; 103
- 2 Hebrews 1; John 1:1-14; Galatians 3:26-4:4
- 3 Hebrews 2; Philippians 2:1-11; 2 Timothy 1:8-12
- 4 Hebrews 3; 1 Corinthians 3:16-17; John 3:35-36
- 5 Hebrews 4:1-13; Exodus 20:8-11; Ephesians 2:8-10; Romans 4:1-8
- 6 Hebrews 4:14-5:10; 1 Corinthians 10:13; Romans 6

*Mighty God, while angels bless thee, May a mortal sing Thy name? Lord of men as well as angels, Thou art every creature's theme. Lord of every land and nation, Ancient of eternal days, Sounded thru the wide creation be Thy just and endless praise. Brightness of the Father's glory, shall Thy praise unuttered lie? Break, my tongue, such guilty silence! Sing the Lord who came to die. From the highest throne of glory to the cross of deepest woe, all to ransom guilty captives; Flow my praise, forever flow! (The Hymnbook, #10)*

- 7 Hebrews 5:11-6:6; 1 Peter 2:2; 1 Corinthians 3:1-4; Matthew 7:21-23; 26:47-49
- 8 Hebrews 6:7-20; Isaiah 5:1-7; 44; 55:10-13; Matthew 13:1-30
- 9 Genesis 14:17-20; Psalm 110; Hebrews 7; Romans 8:26-27
- 10 1 Peter 2; Revelation 1:4-6; 5:6-10; 20:4-6
- 11 Hebrews 8 (see Exodus 25-31); Jeremiah 31; 2 Corinthians 5:17
- 12 Hebrews 9:1-10; Exodus 40; Leviticus 16; Romans 3:21-26
- 13 Leviticus 8, 17; Hebrews 9:11-28; Matthew 5:17; Romans 8:1-17

*Tis the grandest theme thro' the ages rung; tis the grandest theme for a mortal tongue; Tis the grandest theme that the world e'er sung: Our God is able to deliver thee. Tis the grandest theme in the earth or main; Tis the grandest theme for a mortal strain; Tis the grandest theme, tell the world again; Our God is able to deliver thee. (The Baptist Hymnal, #198)*

- 14 Hebrews 10:1-25; 7:26-28; Matthew 26:26-29; 1 Corinthians 11:23-26
- 15 Hebrews 10:26-39; 2 Peter 2; Matthew 12:31-32; Ephesians 4:30-32
- 16 Hebrews 11; Isaiah 7:9b; Revelation 6:9-11; 1 Peter 1:1-12
- 17 Hebrews 12:1-3; 1 Corinthians 9:24-27; Philippians 2; Galatians 6:9

- 18 Hebrews 12:4-13; 2 Corinthians 4:5-10; Psalm 94
- 19 Hebrews 12:14-17; Ephesians 4:17-5:20
- 20 Hebrews 12:18-29 (see Exodus 19-20); Philippians 3:7-4:1; 2 Peter 3:10-18

*Oh soul, are you weary and troubled? No light in the darkness you see? There's light for a look at the Savior, And life more abundant and free! Thro' death into life everlasting He passed, and we follow Him there. Over us sin no more hath dominion— for more than conquerors we are! His Word shall not fail you: Believe Him, and all will be well. Then go to a world that is dying, His perfect salvation to tell! Turn your eyes upon Jesus, Look full in His wonderful face; And the things of earth will grow strangely dim in the light of His glory and grace. (Worship in Song, #207)*

- 21 Hebrews 13:1-6; Romans 12:9-21; 1 Corinthians 5:1-13; 6:9-11; Matthew 6:24
- 22 Hebrews 13:7-25; 1 Thessalonians 4-5
- 23 James 1:1-8; Romans 5:1-5; Job 28:20-28; Psalm 90:12; Proverbs 1:7; 8; 21:30
- 24 James 1:9-11; Psalm 49; Mark 4:1-20; Luke 18:18-30; 1 Timothy 6:6-10; 17-19
- 25 James 1:12-18; Matthew 6:9-13; 1 Corinthians 9:24-27; 10:12-13; Galatians 6:1-16 26 James 1:19-27; Psalm 4:4; Ephesians 4:17-32; Proverbs 15:1; 29:11
- 27 James 2:1-13; Leviticus 19:15; Proverbs 3; 14:21; Luke 10:25-37

*While passing through this world of sin, and others your life shall view, Be clean and pure without, within, Let others see Jesus in you. Your life's a book before their eyes, They're reading it through and through; Say, does it point them to the skies, Do others see Jesus in you? Let others see Jesus in you, Let others see Jesus in you; Keep telling the story, be faithful and true, Let others see Jesus in you. (The Baptist Hymnal, #348)*

- 28 James 2:14-26; Ephesians 2:8-10; Matthew 7:21-27; 25
- 29 James 3:1-12; Proverbs 4; 12:19; 16:23-30; 18:6-8; 26:20-28; 27:2; Psalm 12; 141
- 30 James 3:13-18; Proverbs 29:23; Matthew 20:20-28; 23:1-12; Luke 22:24-30
- 31 James 4:1-12; Proverbs 10:18-21; Matthew 15:10-20; Titus 2:11-15; 1 John 2:1-17