



FIRST CUP READINGS

FEBRUARY, 2024

Let the morning bring me word of your unfailing love, for I have put my trust in you. Show me the way I should go, for to you I lift up my soul.— Psalm 143:8

Dear Family in Christ,

First Cup is designed to assist you in the habit of daily Bible reading and prayer. The name is to remind you that as you reach for your first cup of morning coffee or tea, reach also for your Bible and prayer list. The prayers at the beginning of each week are taken from hymns, sometimes found in obscure hymnals in my library. They are intended to be read as your beginning prayer, to focus your mind on the daily readings that follow. May this spiritual discipline strengthen you as you face each day.

Blessings and
love in Christ,

Sandy Sturch

- 1 James 4:13-17; Matthew 6:34; Proverbs 3:27-28; 16:9; 19:21; 27:1; Psalm 139
- 2 James 5:1-6; Leviticus 19:9-13; 24:14-15; Matthew 6:19-21; Hebrews 11:24-26
- 3 James 5:7-12; Job 1:1-2:10; 42; Romans 12:6-21

Sweet hour of prayer, sweet hour of prayer, that calls me from a world of care. And bids me at my Father's throne, makes all my wants and wishes known! In seasons of distress and grief, my soul has often found relief, and oft escaped the tempter's snare, By Thy return, sweet hour of prayer. Sweet hour of prayer, sweet hour of prayer, Thy wings shall my petition bear to Him whose truth and faithfulness engage the waiting soul to bless: And since He bids me seek His face, believe His Word and trust His grace, I'll cast on Him my every care, and wait for thee, sweet hour of prayer. (Worship in Song, #475)

- 4 James 5:13-20; 1 Kings 17; 2 Kings 4:1-37; Acts 9:36-43; Romans 8:26-28
- 5 1 Peter 1; 1 Chronicles 29:15; Psalm 39:12; Hebrews 13:13-16; Ephesians 2:1-13
- 6 1 Peter 2:1-12; 1 Corinthians 3:16-17; 6:19; Psalm 65:1-4
- 7 1 Peter 2:13-3:22; Ephesians 5:22-6:9; Romans 13
- 8 1 Peter 4; Philippians 1:27-30; Revelation 2:10
- 9 Jeremiah 10:21; 23:1-4; Matthew 9:36; John 10:1-18; 1 Peter 5
- 10 Matthew 17:1-8; 2 Peter 1; 2 Timothy 3:16-17; Psalm 119:105; 2 Corinthians 4:6

The whole world was lost in the darkness of sin; The Light of the world is Jesus. Like sunshine at noonday His glory shone in: The Light of the world is Jesus. No darkness have we who in Jesus abide; The Light of the world is Jesus. We walk in the Light when we follow our Guide; the Light of the world is Jesus. Come to the Light; 'tis shining for thee. Sweetly the Light has dawned upon me. Once I was blind, but now I can see. The Light of the world is Jesus. (Worship in Song, #96)

- 11 2 Peter 2; Hebrews 6:4-6
- 12 Ezekiel 12:21-28; 2 Peter 3; 2 Corinthians 6:1-2
- 13 1 John 1:2:14; Matthew 5:14-16; John 3:19-21; 8:12; 12:35-50
- 14 1 John 2:15-27; John 15:1-17; Titus 2:11-14
- 15 1 John 2:28-3:24; Psalm 119:1-16; 66:16-20; Romans 8:1-17

- 16 1 John 4:1-6; 1 Corinthians 1:18-25; Matthew 7:15-20; 2 Peter 2:1-3
- 17 1 John 4:7-21; Romans 12:9-21; 1 Corinthians 13

My Father is rich in houses and lands; He holdeth the wealth of the world in His hands! Of rubies and diamonds, of silver and gold, His coffers are full- He has riches untold. I once was an outcast stranger on earth, A sinner by choice, an alien by birth! But I've been adopted; my name's written down. I'm heir to a mansion, a robe, and a crown! A child of the King! A child of the King! With Jesus, my Saviour, I'm a child of the King! (Worship in Song, # 377)

- 18 1 John 5; Jeremiah 7:1-29; 1 Corinthians 11:23-32; James 5:13-20
- 19 2 John; Romans 16:17-20; Colossians 1:21-23; 2:6-8; Hebrews 10:35-38
- 20 3 John; Romans 12:13; 1 Timothy 5:9-10; 1 Peter 4:8-10; Philemon 8-22
- 21 Jude; John 10:1-18; Psalm 23
- 22 Mark 1:1-13; Matthew 4:1-11; 2 Corinthians 11:13-15; 1 Peter 5:8; Romans 16:20
- 23 Mark 1:14-20; Luke 4:43; 17:20-21; Luke 5:1-11; John 1:35-51; Matthew 10:37-39
- 24 Mark 1:21-45; Luke 4:14-44; John 20:29-31; 1 Peter 1:3-16

Tell me the story of Jesus, Write on my heart every Word; Tell me the story most precious, sweetest that ever was heard. Tell how the angels in chorus, Sang as they welcomed His birth, "Glory to God in the highest! Peace and good tidings to earth. " Fasting alone in the desert, Tell of the days that are past; How for our sins He was tempted, Yet was triumphant at last. Tell of the years of His labor, tell of the sorrow He bore, He was despised and afflicted, homeless, rejected and poor. Tell me the story of Jesus, Write on my heart every Word. Tell me the story most precious, Sweetest that ever was heard.(Baptist Hymnal, #211)

- 25 Mark 2:1-17; Jeremiah 29:13; Matthew 11:28-30; 1 Timothy 1:12-17; Psalm 91
- 26 Mark 2:18-3:6; Exodus 20:8-10; Jeremiah 17:19-27; Matthew 5:17-20
- 27 Mark 3:7-34; Matthew 12:22-37; Romans 8:12-17; Galatians 3:26-29
- 28 Mark 4:1-34; Matthew 13:24-30
- 29 Mark 4:35-41; Matthew 13:31-33; Romans 8:18-30