



EPISODE 8: EPHESIANS
MARCH 6 / 7

1. In Ephesians 1:3-14, what spiritual blessings does Paul describe as being granted to believers in Christ?
2. Ephesians 1:5-6 mentions God predestining believers for adoption as children. What does this reveal about God's plan for those in Christ?
3. Ephesians 1:9-10 discusses God's mystery and the plan for the fullness of time. What does this passage reveal about God's sovereignty and purposes?
4. Ephesians 1:15-16 highlights Paul's thanksgiving for the Ephesians' faith and love. How can we cultivate a similar spirit of gratitude in our own lives?
5. Ephesians 1:17-19 expresses Paul's desire for the Ephesians to have a deep understanding of God's calling and power. What insights can be gained from this prayer?

6. Ephesians 1:22-23 speaks about Christ being head over all things to the church. What significance does this have for believers?

7. Ephesians 2:1-3 describes the condition of humanity apart from Christ. What does this passage teach about the nature of sin and its consequences?

8. Ephesians 2:8-9 emphasizes salvation by grace through faith. How does this passage shape our understanding of God's gift of salvation?

9. In Ephesians 2:14-18, what role does Christ play in bringing reconciliation and peace between Jews and Gentiles?

10. How does Ephesians 2:19-22 describe the unity of believers as a dwelling place for God?

11. According to Ephesians 3:10, what is the role of the church in making known the manifold wisdom of God?

12. Ephesians 3:14-19 is a prayer for spiritual strength and understanding. What are the specific requests Paul makes in this prayer?

13. According to Ephesians 4:1-3, what attitude and behavior should believers exhibit to maintain unity in the body of Christ?

14. Ephesians 4:7-16 speaks of the diversity of spiritual gifts for the building up of the body of Christ. How can believers discover and utilize their spiritual gifts for the benefit of the church?

15. Ephesians 4:11-13 outlines various roles within the church. What is the purpose of these roles according to this passage?

16. Ephesians 4:14 warns against being tossed to and fro by every wind of doctrine. How can believers maintain doctrinal stability in their faith?

17. In Ephesians 4:25-32, what practical instructions does Paul provide regarding truthful and edifying communication among believers?

18. Ephesians 4:29 addresses the use of words. How does this verse guide believers in their speech and communication?

19. Ephesians 4:30 advises believers not to grieve the Holy Spirit. What actions or attitudes might cause such grief, according to this verse?

20. According to Ephesians 5:1-2, what is the call for believers in imitating God and walking in love?

21. How does Ephesians 5:15-17 encourage believers to walk wisely and make the most of their time?

22. In Ephesians 5:22-33, how does Paul illustrate the relationship between Christ and the church through the analogy of marriage?
23. Ephesians 6:1-4 addresses the relationship between children and parents. How does this passage guide family dynamics in light of the gospel?
24. How does Ephesians 6:5-9 offer guidance to both slaves and masters within the cultural context of the time?
25. According to Ephesians 6:10-18, what is the spiritual armor that believers are instructed to put on for spiritual warfare? Describe each.
- a. Belt?
 - b. Breastplate?
 - c. Footwear?
 - d. Shield?
 - e. Helmet?
 - f. Sword?

26. What is **profound/ powerful** about this letter to you? What does it tell us about God, about humanity and about God's involvement in our lives and salvation?
27. What is **problematic**?
28. What **personal** issues does Ephesians address in Paul's life? Do any of these issues resonate with you? in your life?
29. Give some examples of how Paul expresses God's truth in **poetic**, memorable or beautiful ways.
30. Are there any **practical** issues that Paul raises (money, travel, politics etc.)?
31. What does Paul **pray** for in this letter, and what do you think is at the top of his "prayer list" for this church?
32. Where do you see Paul really speaking as a **pastor** and leader in this letter? What insights can be gained about Paul's relationship with the Ephesians through this letter?