

MARCH 9, 2025 – 9:00 AM



First Church is a community growing in grace and reaching out with love.

FIRST SUNDAY IN LENT

THE COMMUNITY GATHERS

With joy we welcome your presence today, wherever you are. Please join us as we prepare our hearts and minds for worship together.

 Register Your Attendance
 Image: Control of Control of

• Silent Processional



Assistive listening and transcription available in First Church Sanctuary. See pew card or usher to connect to Listen EVERYWHERE or Epiphan LiveScrypt.



The stories of Jesus are stories of life, witnessing to the power of Jesus to heal and make whole. Life for those about whom the stories are told. Life for the hemorrhaging woman who came near to Jesus, touched the hem of his garment, and was made well.

The stories of Jesus are stories of life. Life for those who hear that the stories are not just about her. They are about us, too. So we, too, will accept the invitation to come near.

TO OFFER OUR PRAISE AND PRAYERS

• Hymn of Celebration #384: Love Divine, All Loves Excelling

4000			
1. Love di - vine, all	loves ex - cell - ing,	joy of heaven, to	earth come down;
2. Breathe, O breathe thy		in - to ev - erv	trou - bled breast!
	0 1		
3. Come Al - might - y	••• ••• •••,	, , , , , , , , , , , , , , , , , , ,	life re - ceive;
4. Fin - ish, then, thy	new cre - a - tion;	pure and spot-less	let us be.
	hum - ble dwell - ing;	all thy faith - ful	mer - cies crown!
Let us all in	thee in - her - it;	let us find that	sec - ond rest.
	turn and nev - er,	nev - er - more thy	tem - ples leave.
Let us see thy	great sal - va - tion	per - fect - ly re -	stored in thee;
Je - sus, thou art	all com - pas - sion,	pure, un - bound - ed	love thou art;
Take a - way our	bent to sin - ning;	1 1 1 1 O	- me - ga be;
Thee we would be	al - ways_ bless - ing,	serve thee as thy	hosts a - bove,
changed from glo - ry	in - to glo - ry,	till in heaven we	take our place,
\wedge	in to gio iy,	the intervent we	tune our prace,
		· I	turner 1-15-res la sent
vi - sit us with	thy sal - va - tion;	en - ter ev - ery	trem - bling heart.
end of faith, as	its be - gin-ning,	set our hearts at	lib - er - ty.
1 1	with - out ceas - ing,	glo - ry in thy	per - fect love.
till we cast our C: Words: Charles Wesley, 1747	rowns be - fore thee,	lost in won-der,	love, and praise.
Music: John Zundel, 1870			
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The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name.

Thy kingdom come, thy will be done on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, forever. Amen.

Anthem	Jubilee Singers; Brian Woods-Lustig, Director			
There is a	Balm in Gilead			
Thomas Pavlechko (b. 1962)				
<i>Refrain:</i> There is a balm in Gilead to make the wounded whole;	Sometimes I feel discouraged and think my work's in vain, then the Holy Spirit revives my soul again.			
there is a balm in Gilead to heal the sin sick soul.	Refrain			
	If you cannot preach like Peter, if you cannot pray like Paul, you can tell the love of Jesus and say, "He died for all."			
	Refrain			
	Don't ever feel discouraged, for Jesus is your friend; and if you lack for knowledge he'll ne'er refuse to lend.			
	Refrain			
A Time with Children	Rev. Dr. Hannah Ka			

TO HEAR THE WORD

Anthem Chancel Choir; Brian Woods-Lustig, Director

Nearer, My God, to Thee/What a Friend

arr. Gene Grier (1942-2009); Lowell Everson (1935-2018)

Nearer, my God, to thee, nearer to thee! E'en though it be a cross that raiseth me, Still all my song shall be, Nearer, my God, to thee; Nearer, my God, to thee, nearer to thee!

There let the way appear, steps unto heaven; All that thou sendest me, in mercy given; Angels to beckon me Nearer, my God, to thee; Nearer, my God, to thee, nearer to thee!

• Prayer for Illumination

Holy God,

In the reading of the scriptures, may Your Word be heard. In the meditations of our hearts, may Your Word be known. In the faithfulness of our lives, may Your Word be shown. Amen.

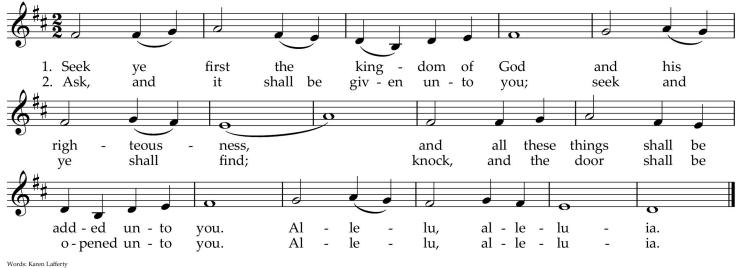
• Gospel Lesson: Mark 5:25-34

The word of God for the People of God: thanks be to God.

Sermon: "The Stories That Save Us: The Story of Proximity"..... Rev. Dr. Hannah Ka with El Zimbric, Michael Zimbric

What a friend we have in Jesus, All our sins and griefs to bear! What a privilege to carry Everything to God in prayer!

O what peace we often forfeit, O what needless pain we bear, All because we do not carry Everything to God in prayer. • Hymn of Faith #405: Seek Ye First



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TO RENEW COMMITMENT

Faith in Action

Offertory

Prelude on "Abridge"

Ashley Grote (b. 1982)

• Doxology

Praise God, from whom all blessings flow, Praise Christ, all people here below; Praise Holy Spirit evermore; Praise Triune God, whom we adore. Amen

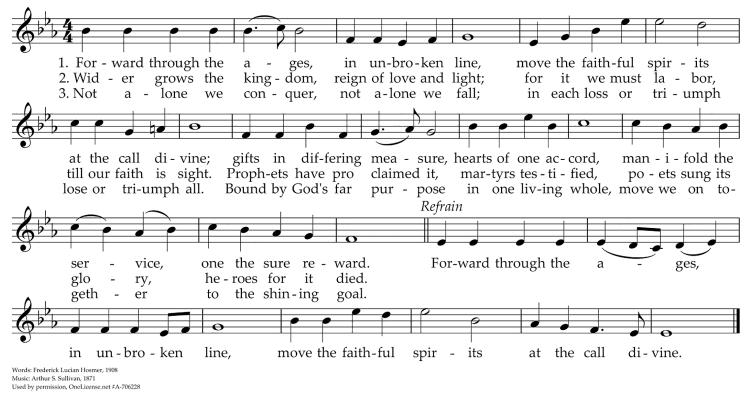
• Prayer of Thanksgiving

God of Life,
Give us Your story of accessible healing and let it be ours.
Offer us Your invitation to grow and let us embrace a deeper spirituality.
Stand us on Your foundation and let us be better for ourselves, our families and friends.
Take our gifts and let them help the church be nearer to You for the sake of our community and our world. Amen.

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TO DISPERSE IN MISSION

• Hymn of Consecration #555: Forward Through the Ages



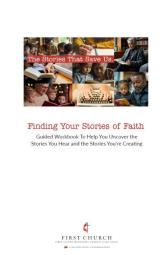
• Benediction

Postlude

Toccata on "Breslau" Brian Solomons (b. 1948)

TO EXPLORE YOUR FAITH

Guided Journal: Finding Your Stories of Faith



Uncover the stories you hear and create this Lent and beyond.

Get Digital Copy: fumcsd.org/book



..... Rev. Dr. Hannah Ka

KEEP IN TOUCH

Connect with the First Church community here!

Worship online: each week via www.fumcsd.org/watch-live or subscribe to our YouTube channel, www.youtube.com/@FirstChurchSanDiego.

Drop in early or stay online late to catch upcoming events in our pre- and post-worship announcements loop.

Stay up to date with all the happenings via the weekly eNEWS. To subscribe visit <u>www.fumcsd.org/enews</u> or text FUMCSDNEWS to 22828.

FIRST CHURCH WELCOMES YOU IF... You are single, married, divorced, gay, transgender, filthy rich, dirt poor, o no habla inglés, You are a crying newborn, skinny as a rail or could afford to lose a few pounds, You can sing like Aretha Franklin or cannot carry a tune in a bucket, You're "just browsing", just woke up, or you just got out of jail, You've been a Methodist your whole life or haven't been in church except for your little niece's baptism years ago, You've got an AARP card but have yet to grow up, or you're a teenager growing up, too fast. We welcome soccer moms, NASCAR dads, tree huggers, latte-sippers, vegans, junk-food eaters. We welcome those who are in recovery or struggling with addiction. We welcome you if you're having problems, or if you're down in the dumps, or if you don't like "organized religion." This church is for you, we've all been there. If you blew all your money in Vegas, you're welcome here. We offer a special welcome to those who think the Earth is flat, those who work too hard, those who don't work, can't spell, or found us because Grandma wants you to go to church. We welcome all those who are inked, pierced or both. We welcome you if your ancestors arrived in chains, below the decks, captained those ships, or have been on this land since the beginning of time. We offer a special welcome to those who could use a prayer right now (all of us could use a prayer right now). We'd also like to welcome you if you had religion shoved down your throat, or you got lost on YouTube somehow and ended up here by mistake. We welcome tourists, seekers, doubters, bleeding hearts...and you!



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