



# FIRST CHURCH

FIRST UNITED METHODIST CHURCH

of SAN DIEGO

JULY 13, 2025 – 9:00 AM



First Church is a community growing  
in grace and reaching out with love.

## FIFTH SUNDAY AFTER PENTECOST

### THE COMMUNITY GATHERS

*With joy we welcome your presence today, wherever you are.  
Please join us as we prepare our hearts and minds for worship together.*



#### Register Your Attendance

Welcome . . . . . Rev. Trudy D. Robinson

#### Words of Inspiration

“We find no rest for our weary bones unless we cling to the word of grace.”  
~ Martin Luther

Prelude . . . . . Sarah Amos, Director of Music Ministries

#### *Bercense*

Hans-André Stamm (b. 1958)

**Worship Guide Notes:** • is an invitation to rise in body or spirit; **bold words** indicate congregational response



*Assistive listening and transcription available in First Church Sanctuary.  
See pew card or usher to connect to Listen EVERYWHERE or Epiphan LiveScript.*

• **Call to Worship** ..... Carol Blessing, Liturgist

“Come!” Jesus says to taxpayers and collectors,  
fishers and homemakers, children and disciples.

**Everyone has work to do that can be overwhelming,  
taxing, endless, the list goes on and on.**

But Jesus calls us with challenge and grace,  
with death and life, with work and play.

Jesus calls us to the long game, the bigger picture,  
the eternal life, the company of God.

**When we are weary, let us drink from living water,  
eat the bread of life, be still with God.**

Our faith is full of people who, when weary,  
waited for the Lord to renew their strength.

God provided for another day to do good,  
to seek justice, to love neighbors, to follow Christ.

**This is what faith is for. To come to Jesus,  
to be drained and empowered, to be held and sent.**

## TO OFFER OUR PRAISE AND PRAYERS

• **Hymn of Celebration #181: *Ye Servants of God***



1. Ye ser-vants of God, your Mas-ter pro-claim, and pub-lish a - broad his won-der - ful name; the
2. God rul - eth on high, al - might-y to save, and still he is nigh, his pres-ence we have; the
3. "Sal - va - tion to God, who sits on the throne!" Let all cry a - loud and hon - or the Son; the
4. Then let us a - dore and give him his right, all glo - ry and power, all wis-dom and might; all



name all vic - to-rious of Je - sus ex - tol, his king-dom is glo-rious and rules o - ver all.  
great con-gre - ga - tion his tri-umph shall sing, as - crib - ing sal - va - tion to Je - sus, our King.  
prais-es of Je - sus the an-gels pro-claim, fall down on their fac - es and wor-ship the Lamb.  
hon - or and bless-ing with an-gels a - bove, and thanks nev-er ceas-ing and in - fi-nite love.

Words: Charles Wesley, 1744  
Music: HANOVER, Attr. to William Croft, 1708  
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**Pastoral Prayer** ..... Rev. Brittany Juliette Hanlin

**The Lord's Prayer**

Our Father, who art in heaven, hallowed be thy name.

Thy kingdom come, thy will be done on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, forever. Amen.

**A Time with Children** ..... Rev. Dr. Hannah Ka

## TO HEAR THE WORD

**Anthem** ..... Summer Choir; Brian Woods-Lustig, Director

*Come to Me*

Craig Courtney (b. 1954)

Come to Me, all ye heavy laden,  
Come and I will give you rest.  
Take my yoke upon you and learn of Me,  
For my yoke is easy and my burden is light.  
And you shall find rest for your souls.

Come to Me, all ye tired and weary,  
Come and I will give you rest.  
Take my yoke upon you and learn of Me,  
For my yoke is easy and my burden is light.  
For I am gentle and humble in heart. Come home at last.

(Based on Matthew 11:28-30)

- Prayer for Illumination

Holy God,  
In the reading of the scriptures, may Your Word be heard.  
In the meditations of our hearts, may Your Word be known.  
In the faithfulness of our lives, may Your Word be shown.  
Amen.

- Gospel Lesson: *Matthew 11:28-30*

The Word of God for the People of God: Thanks be to God.

Sermon: “*Energizing Faith: Weariness Remedied by Rest*” . . . . . Rev. Dr. Hannah Ka

- Hymn of Faith: *The Lone, Wild Bird*



1. The lone, wild bird in loft - y flight is still with you, nor leaves your  
2. The ends of earth are in your hand, the sea's dark deep and far - off  
3. Each se - cret thought is known to you, the path I walk my whole life  
4. In se - cret depths you knit my frame, be - fore my birth you spoke my  
5. O search me, God, my heart re - veal, re - new my life, my spir - it

sight. And I am yours! I rest in you, Great Spir - it, come, rest in me, too.  
land. And I am yours! I rest in you, Great Spir - it come, rest in me, too.  
through; my days, my deeds, my hopes, my fears, my deep - est joys, my si - lent tears.  
name; with - in my soul, as close as breath, so near to me, in life, in death.  
heal; for I am yours, I rest in you, Great Spir - it, come, rest in me, too.

Words: Sts. 1-3 by Henry Richard McFayden, alt; sts. 4-5 by Marty Haugen  
Music: Walker's *Southern Harmony* (1835)  
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## TO RENEW COMMITMENT

### Faith in Action

#### Offertory

*Méditation, Op. 31 No. 7*

Louis Vierne (1870-1937)

- Doxology

Praise God, from whom all blessings flow;  
Praise God, all creatures here below: Alleluia! Alleluia!  
Praise God, the source of all our gifts!  
Praise Jesus Christ, whose power uplifts! Praise the Spirit, Holy Spirit!  
Alleluia! Alleluia! Alleluia!

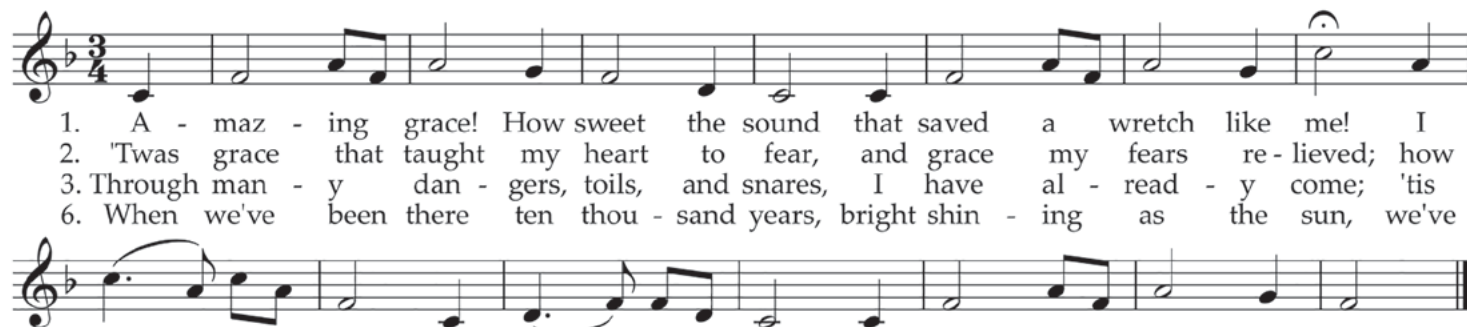
- Prayer of Thanksgiving

Gracious God of life's ups and downs.  
Help us be held by You in our weak and weary moments.  
Then go with us into the world, with swift movements  
of high energy and great hope.  
Help us and our gifts be used to bring life  
to the embattled and rest to the weary.  
Amen.



## TO DISPERSE IN MISSION

### • Hymn of Consecration #378: *Amazing Grace* (vs. 1-3 & 6)



1. A - maz - ing grace! How sweet the sound that saved a wretch like me! I  
 2. 'Twas grace that taught my heart to fear, and grace my fears re - lieved; how  
 3. Through man - y dan - gers, toils, and snares, I have al - read - y come; 'tis  
 6. When we've been there ten thou - sand years, bright shin - ing as the sun, we've

once was lost, but now am found; was blind, but now I see.  
 pre - cious did that grace ap - pear the hour I first be - lieved.  
 grace hath brought me safe thus far, and grace will lead me home.  
 no less days to sing God's praise than when we'd first be - gun.

Words: John Newton, 1779  
 Music: 19th cent. USA melody  
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### • Benediction . . . . .Rev. Dr. Hannah Ka

### Postlude

*Sun Dance*  
 Bob Chilcott (b. 1955)

## KEEP IN TOUCH

Connect with the First Church community here!

Worship online: each week via [www.fumcsd.org/watch-live](http://www.fumcsd.org/watch-live) or subscribe to our YouTube channel, [www.youtube.com/@FirstChurchSanDiego](https://www.youtube.com/@FirstChurchSanDiego).

Drop in early or stay online late to catch upcoming events in our pre- and post-worship announcements loop.

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FIRST UNITED METHODIST CHURCH OF SAN DIEGO • IN MISSION SINCE 1869

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A RECONCILING CONGREGATION