



United
Women
in Faith

First UMC of San Diego

Newsletter for July/August 2026

For Upcoming Events, click [here](#)

Letter from UWF President Barb Eveland

When I felt God call me to serve United Women in Faith at FUMCSD, I knew in my heart that it would only be for 2 years. Many Units hold on to their Presidents because no one else wants to do the job. The role is not a job; it is a calling that is meant to bring new eyes to a role that is meant to be supportive only. FUMCSD has a multitude of strong women who are dedicated to serving women and children.

This role comes with challenges and rewards. I am so blessed to watch the women come together and consider how we can involve more women and even men in this ministry. We are called to be open to all persons who are called by God to work together. We will someday have the peace that Jesus promised us. To experience this peace, we need to love our neighbors. Believe It, See It, Do It. Together we are making a difference in lives.

There are so many more possibilities for us as persons of faith to experience the need in the world, feel God's joy and sadness, and make a difference in our lives and the lives of all who are in need. The deepest gratitude for what love accomplishes hit me years ago when I was in Mexico. We had cross-border visits between churches. I discovered that those who had little gave more than I had ever dreamed. The young Pastor who showed us his church was filled with joy and gratitude to God for the four walls that held the rows of discarded theater seats and a small podium. He was glowing with God's grace and love as he shared how the community had provided the supplies for the cinder block walls and the door. Every piece of the church was a blessing to them, and he was sharing the blessing with us. He was not asking for anything from us – he was sharing the blessing.

I have let many members know that I plan to move next year to Colorado Springs with my daughter. As I age, I realize that my needs are less than what I believed years ago. Now, I need to be with my daughter and be the Mom, present in her life until she needs to be the one caring for me. Thank you for all your support. I know God has a plan for UWF at FUMCSD —please open your heart and lend your listening ear. With Love and Hugs, *Barb*

Opportunities to Serve

Looking ahead to 2027, prayerfully consider serving as an officer, chair, or committee member to grow personally while strengthening UWF's programs and outreach. Unsure which role fits? Speak with current Board members or shadow a Board member to discover how your gifts can make a difference. Worried about time? The Board meets quarterly to plan programs and provide stewardship; roles vary in time commitment and can be flexible.

To learn more or volunteer, contact Nominations Chair Marilyn Stone or President Barb Eveland, or email UWF@fumcsd.org.

Board openings

- President
- Vice President
- Membership Chair
- Communications Chair
- Social Action Chair
- Reading Program Chair

Not called to the board?
Consider serving on a committee.

Rummage Sale 2026 (RS26) – WE NEED YOU!

Donations welcome. In addition to Sundays, drop-offs accepted

Mon, Tues, Wed: 9:30am–1:00pm, Thurs: 1:00pm–3:30pm

Advance notice appreciated. If you need a different time, please call/text 619-672-8925 or email UWF@fumcsd.org.



VOLUNTEERS wanted. Many hands, more fun – and volunteering is a great way to meet and get to know people. Help sort/pricing now through Aug 8, set-up starts Aug 10, sale dates are Aug 14–15, and take-down midday Aug 15. Members and non-members welcome.

Please sign up at the Sunday Donation table, call/text 619-672-8925, email UWF@fumcsd.org or sign-up on Realm: [UWF-Rummage Sale Volunteer Support - First United Methodist Church of San Diego](#)

Note: you may need to sign-in to Realm (ACST) using your email and password. If you do not remember your password, use the “Forgot your password?” option. Do NOT keep trying a password – you will get locked out.

Unit Meeting: Compassion in Action: Spotting and Stopping Human Trafficking

Human trafficking is an urgent local crisis — happening right under our noses in San Diego. Join us to learn how to spot the warning signs, understand who is vulnerable, and take practical steps to help. Did you know the average age a child enters the underground commercial sex economy is just 16, and many remain trapped for over a decade? Poverty can push people into exploitative situations, and labor trafficking is actually more prevalent than sex trafficking. Learn how ethical choices — like buying fair trade goods that ensure living wages and prohibit child labor — can reduce vulnerability. Come informed, leave empowered: recognize the signs, protect our community, and know where to get help.

Our speaker, **Randa Krakow**, president of UWF at San Dieguito UMC, is a longtime anti-trafficking advocate and former member of the San Diego County Anti-Human Trafficking Task Force. She has served as UWF Social Action Coordinator (South District/Cal-Pac) and leads community activism in support of immigrant and human rights.

Unit Meeting: Saturday, August 22, 11:45pm, The Cove – all members & potential members are welcome

See No Stranger Book Study

How do we love in a time of rage? How do we repair a broken world without breaking ourselves?



“In a world stricken with fear and turmoil, Valarie Kaur shows us how to summon our deepest wisdom.” —Elizabeth Gilbert, author of *Eat Pray Love*

The Council on Christian Unity and Interreligious Relations for the Cal-Pac Conference invites you to a book study of “See No Stranger” by Valarie Kaur. This compassionate, powerful guide calls readers to practice revolutionary love, confront systems of injustice, and transform fear into belonging. Together we’ll read, reflect, and explore how faith can bridge divides, heal relationships, and deepen connection across faith traditions to foster empathy, courage, and community.

“See No Stranger” is a book from the UWF reading list for 2026. Rev. Janet Golley McKeithen, friend and neighbor of the author, is leading the study. Dates Sept. 1, Oct 6, Nov 3, Dec. 1. Time 6:00pm via Zoom.

Register now: <https://www.zeffy.com/en-US/ticketing/interreligious-book-study--2026>

Treasurer's Report: Five Star & 60/40 Awards

At the recent UWF South District annual Quiet Disciple Ceremony, 31 Quiet Disciples from churches throughout our South District (including our own Barb Weicksel) were recognized. Additionally, First UMC of San Diego UWF, along with only seven other UWF units, received Awards for Five Star giving and 60/40 goal for 2025. What do those honors mean? Glad you asked!



Barb Weicksel (left)
with another honoree

♥ Five Star Award: our unit gave through all five UWF mission channels — Pledge to Mission, Special Mission Recognition, Gift to Mission, Gift in Memory, and World Thank Offering.

♥ 60/40 goal: 60% of our total giving supports UWF National mission work while 40% stays local to support more than 10 community charities and programs.

These achievements reflect our commitment to faithful, strategic giving that meets needs locally and globally. Well done!

Charity Spotlight: New Entra Casa by Barb Eveland

In 1972 a group of business and professional women in the United Methodist Church, called the Wesleyan Service Guide, made a commitment to help women being released from prison. With an anonymous donation of \$3,000, they were able to rent a house on Mt. Ararat Drive in San Diego and New Entra Casa (NEC) – then called Nuestra Casa – was formed.

In the beginning, the women volunteered to be at the house during the day and provide support for these women as they made their way back into the community. The focus was support and reunification of mothers and their children.

NEC has changed over the years, but the commitment from women of the United Methodist Church has continued over the years through the hands-on support and giving from United Women in Faith of Cal-Pac South District. A key change in NEC's growth was incorporating as a 501(c)(3) non-profit organization with a Board of Directors, which includes members of UWF. UWF members also serve on The Associates, volunteers from many San Diego County churches who meet monthly and coordinate fundraisers to support NEC's services to residents. NEC does not require payment for its services and relies on grants and private giving.



*A Safe Harbor From
A Restless Sea*

In 1988 New Entra Casa received generous donations from Mrs. Anne McAdams and Mrs. Joan Kroc that made possible the outright purchase of a property on Pershing Avenue in North Park, where NEC still operates today. The house is a six-bed facility for women, with new residents welcomed as others graduate. Staff provide oversight of all functions of the house and programs, professional case management, counseling, assistance with family and life skills. The staff focuses on building the foundation needed for success.

In my short time as an Associate, I've observed that there are always women in the home who are motivated to succeed; when setbacks occur, residents are supported and may return when they are ready to continue their recovery.

New Entra Casa is more than a charity that UWF pledges to annually — it is our legacy of hope and transformation. UWF of San Diego First UMC has committed \$600 to NEC this year.

Upcoming Events

July 18th 10:00am **Hope Circle Meeting**, The Cove: Annual Conference Report from Barb Eveland

August 7th 10:00am **Joy Circle Meeting** Linder 2: ReSSST (Rummage Sale Support and Socializing Together) Joy circle will be assisting the Rummage Sale by providing a welcome “ReSSST” during the final week before our Rummage Sale.

August 14-15 **Rummage Sale 2026 (RS26)** don’t miss our #1 fundraiser to support our mission

August 22nd 10:00 am **Hope Circle Meeting**, The Cove

August 22nd 11:45 am **Unit Meeting: Compassion in Action: Spotting and Stopping Human Trafficking** with Randa Krakow, The Cove (see [above](#)) Meeting will also include Rummage Sale Report

September 1st 6:00pm **See No Stranger Book Study** – first session (see [above](#))

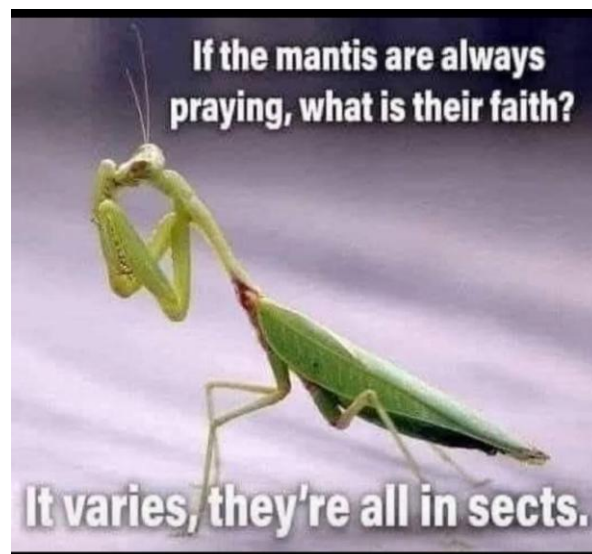
September 15th **Grace Circle Meeting** Book Discussion: “The Ride of Her Life” by Elizabeth Letts (for info contact Roberta King, roberta92124@gmail.com or 858-571-3488)

September 19th **District Annual Celebration in Santa Ana**, focus on [Charter of Racial Justice](#)

November 14th 11:00am **Unit Meeting**: 2027 Officer Election/Installment & 2027 Budget Approval

November 22nd **Fall Bake Sale**

December 6th 12:00pm **Holiday Event**



Thank you to the following contributors to this issue

Barb Eveland, Marilyn Stone, Nyla Marson, Valerie Mickey, Amy Moberly

The UWF of First UMC of San Diego newsletter goes out to all members. If you want to be removed from distribution, email UWF@fumcsd.org with subject line “Unsubscribe”

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