



Letter from UWF President Barb Eveland

Greetings to all women who share our desire to care for women and children in need in this world. We have made steps these past two years, to update our Unit and be more active outside the local church. The women who came before us broke ground in order to give us the right to vote, sustaining programs, and a desire to unite across faiths and countries.

It's our turn to consider what the legacy we leave for future generations will be. In **Matthew 16:24** we hear, "Then Jesus told his disciples, 'If any want to become my followers, let them take up their cross and follow me.'" We are called to action. Our unit has openings for board members. I ask that you pray about what your cross looks like and how will you serve God this coming year. *Barb*

Opportunities to Serve

Serving on the UWF Board is an opportunity to help shape the organization's future and contribute to its success. The Board works together to map out our vision, programs, and budget for the year, while supporting its overall growth and impact. Our Board meets quarterly, during the first month of each quarter, for a 90-minute meeting. Additional time commitments vary depending on the board position and each member's interests and availability. If you are passionate about the organization and interested in helping guide its direction, we invite you to say, "Yes!" to one of the open positions below.

Membership Chair – Leads efforts to grow and retain the organization's membership by developing new outreach channels and creating meaningful opportunities for member engagement and community. Collaborates with board members and others to make membership a key focus of UWF events and initiatives.

Communications Chair – Generates communications to the membership such as the bi-monthly newsletter, eNews and upcoming event notices, and strengthens digital communications such as the UWF Website.

Reading Program Coordinator – Supports our UWF reading program through maintaining the book library, tracking our unit reading progress, and bringing awareness to the books and book studies in the reading program.

Spiritual Growth Coordinator – Coordinates opportunities for spiritual and theological development connected to mission. Plans and promotes worship, prayer, meditation, retreats, advocacy events, and biblical and theological study using UWF resources.

Social Action Coordinator – Works with other Board members to engage members in advocacy for justice rooted in our biblical tradition. Encourages participation in UWF priorities including climate justice, racial/ethnic caucuses, and others to help create meaningful and lasting change.

Co-Treasurer – Works with the Treasurer to support budget oversight, financial transactions and reports. This is a learning role with the goal to advance to Treasurer.

Not sure which role fits? Try "shadowing" a Board member to see how your gifts can make an impact. Want to get involved but not ready for a Board position? Join a committee! Team members are welcome in the following: Events/Programs, Communications, Membership, and Nominations. For more information or to volunteer, contact Nominations Chair Marilyn Stone or President Barb Eveland, or email UWF@fumcsd.org.

Charity Spotlight

Christ Ministry Center: A Place of Welcome and Hope

Christ Ministry Center (CMC) is an ecumenical, faith-based urban ministry of The United Methodist Church in San Diego. With roots dating to 1911, CMC became an independent ministry center in 2011 under the leadership of Dr. Bill Jenkins. Today, under the direction of Pastor Donald Owen, it provides a shared home for diverse congregations, nonprofit organizations, and charitable ministries representing many denominations, cultures, and languages.



<https://www.cummc.org/>

CMC's mission is to nurture worship, education, and fellowship; support organizations serving people who are poor, distressed, or underserved; and bring churches and charities together so they can serve the community more effectively. By welcoming "homeless congregations" and public-benefit organizations, CMC helps transform shared space into practical support for people in need.



Director of CMC Pastor Owen, speaking on immigration practices at the Federal courthouse, backed by our UWF pink shirt ladies.

At this critical time, CMC is placing special focus on Haitian immigrants affected by changing federal immigration policies, including uncertainty surrounding Temporary Protected Status, increased enforcement concerns, and the disruption of family-reunification pathways. Many Haitian families are experiencing fear, financial strain, and uncertainty about their ability to remain together and safely rebuild their lives.

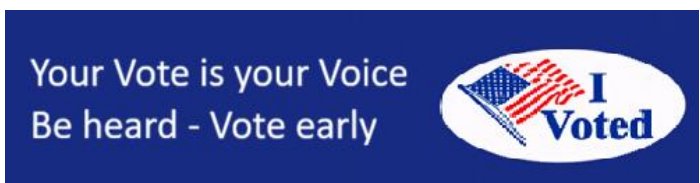
Through compassionate ministry, referrals, community partnerships, and practical assistance, CMC seeks to stand with Haitian neighbors and other vulnerable immigrants—offering welcome, dignity, information, and hope when they need it most.

Meeting Recaps

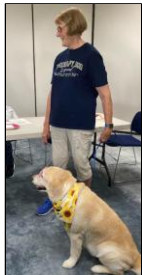
Unit Meeting: Compassion in Action - Spotting & Stopping Human Trafficking

Our August Unit Meeting featured **Randa Krakow**, president of UWF at San Dieguito UMC, longtime anti-trafficking advocate, and former member of the San Diego County Anti-Human Trafficking Task Force. The presentation offered an important overview of human trafficking, often described as modern-day slavery, explaining how force, fraud, and coercion can exploit people for labor or commercial sex. It highlighted how traffickers target vulnerable individuals—including undocumented workers, runaways, and young people—through false promises, manipulation, threats, and violence.

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Attendees learned to recognize warning signs such as fearfulness, restricted movement, lack of identification, unpaid or excessive work, and someone else speaking on a person's behalf. The program encouraged safe reporting rather than direct intervention: call 911 or the confidential 24-hour National Human Trafficking Hotline at 1-888-373-7888. Also emphasized was supporting Fair Trade products and local organizations serving trafficking survivors, homeless youth, and other vulnerable community members.



Joy Circle's September 9th Meeting had a wonderful program by **Irene Campine** on "The Joys of Dog Therapies." She carefully explained the differences of three types of therapies. She brought her dog, Sunflower, which delighted the ladies.

South District UWF Annual Celebration in Santa Ana on September 19th featured a Racial Justice panel of our own **Rev. Dr. Brittany Juliet Hanlin**, **Rev. Dr. Joel Hortiales** of Border Ministries and **Diane Gin** from CalPac UWF. Five UWF members from FUMCSD attended the program which included installation of District Officers for the 2026-2027 year. Congratulations to **Amy Moberly** who was installed as Spiritual Growth Coordinator.



Panel on Racial Justice: from left, Rev Brittany Hanlin, Pastor Joel Hortiales, Diane

Treasurer's Report: Thank You Rummage Sale Volunteers



Whether you were a donor, a volunteer, a shopper – or all three, you contributed to the success of our largest fundraiser.

Together, nearly 50 volunteers contributed more than 1,338 hours and raised **\$12,880.73**— exceeding our \$10,000 goal.

Proceeds will be used to support organizations and programs serving women, children, and youth. Among these are New Entra Casa, Neighborhood House - Calexico, Christ

Ministry Center, No Birthday Left Behind, Children's Growing Center, Shoes That Fit, Good Samaritan Store, and Border Ministries. Our excess donations were given to support organizations such as Naomi's Closet, Kitchens for Good, The Princess Project which provide prom dresses to seniors, an organization supporting missionaries in Chile and local students, Father Joe's, and several Goodwill and Salvation Army locations. Thank you to our Leadership Team who on average, put in 55 hours each with a few giving more than 100 hours of service: **Sharmon Davis, Barb Eveland, Barbara Fulcher, Linda Greene, Barbara Horton, Dorothy Howard, Claire Jackson, Sharon Jeter, Roberta King, Sandy Lawrence, Cheryl Mason, Valerie Mickey, Sandy Price, Marilyn Scheibal, Cheryl Slavic, Marilyn Stone, Penny Van Baale**. A huge thank you and deep gratitude to everyone who contributed to our success.

Summary of 3rd Quarter Giving

New Entra Casa	\$150*
Calexico Neighborhood House	\$125*
Christ Ministry Center	\$150*
Good Samaritan Store	\$250*
Just in Time for Foster Youth	\$150*
No Birthday Left Behind	\$150*
Children's Growing Center	\$500
UWF District/National	\$5,250*
Global Missions (Children's Party)	\$235
Cherokee Point (Back-to-School BBQ)	\$500

* Quarterly Giving

Recipe of the Months

Texas Chocolate Sheet Cake *Recipe from Dorothy Howard*

This cake can be made in different pan sizes: 12x16inch, 11x9", 12x12", or 14x14". The smaller pan sizes (11x9" or 12x12") will yield thicker pieces.

Cake ingredients:

2 cups Flour
2 cups Sugar
¼ tsp. Salt (optional)
1 tsp. Baking Soda
2 sticks (1 cup) Butter
1 cup Water
4 Tablespoons Cocoa
½ cup Buttermilk
2 Eggs
1 tsp. Vanilla

Preheat oven to 350 degrees

In a large bowl, sift flour, sugar, salt and baking soda and stir until mixed. In a medium saucepan, melt butter, add water (be careful of the butter splashing) and cocoa. Bring to a boil and stir so as not to burn cocoa - start over if this happens. Pour mixture over the dry ingredients and mix well. Add buttermilk and eggs, mixing until well blended, then add vanilla. Pour batter into baking pan and bake for 22 to 23 minutes or until done. Time may vary based on the pan size; increase baking time as needed.

Frosting ingredients:

1 stick (½ cup) Butter
1 box Powdered Sugar which is 16 oz. (can use 14 oz if preferred)
6 Tablespoons Buttermilk
1 tsp Vanilla
1 cup chopped Walnuts or Pecans (optional)

Make frosting a minute or two before cake is removed from oven. Melt butter in medium pan over low heat. Add cocoa and stir to melt. Do not let it burn. Remove from heat and mix in buttermilk. Add powdered sugar and stir well, then add vanilla and nuts. Pour over cake and spread evenly.

Upcoming Events

September 27th noon **Global Missions Luncheon**: Soup, Salad, Tres Leches cake, program with **Pastor Joel Hortiales** from Border Ministries, see eNews for more information.

October 9th 10:00am **Joy Circle Meeting** – contact Barbara Fulcher for more information

October 17th **CalPac UWF Celebration**, Laguna Country UMC

October 17th 10:00am **Hope Circle Meeting** – contact Barbara Horton for more information

October 20th 10:00am **Grace Circle Meeting** – contact Roberta King for more information

November 8th 2:00pm **New Entra Casa Silent Auction**, St. Paul's UMC

November 13th 10:00am **Joy Circle Meeting** – contact Barbara Fulcher for more information

November 14th 11:00am **Unit Meeting**: 2027 Officer Election/Installment & More!

November 17th 10:00am **Grace Circle Meeting** – contact Roberta King for more information

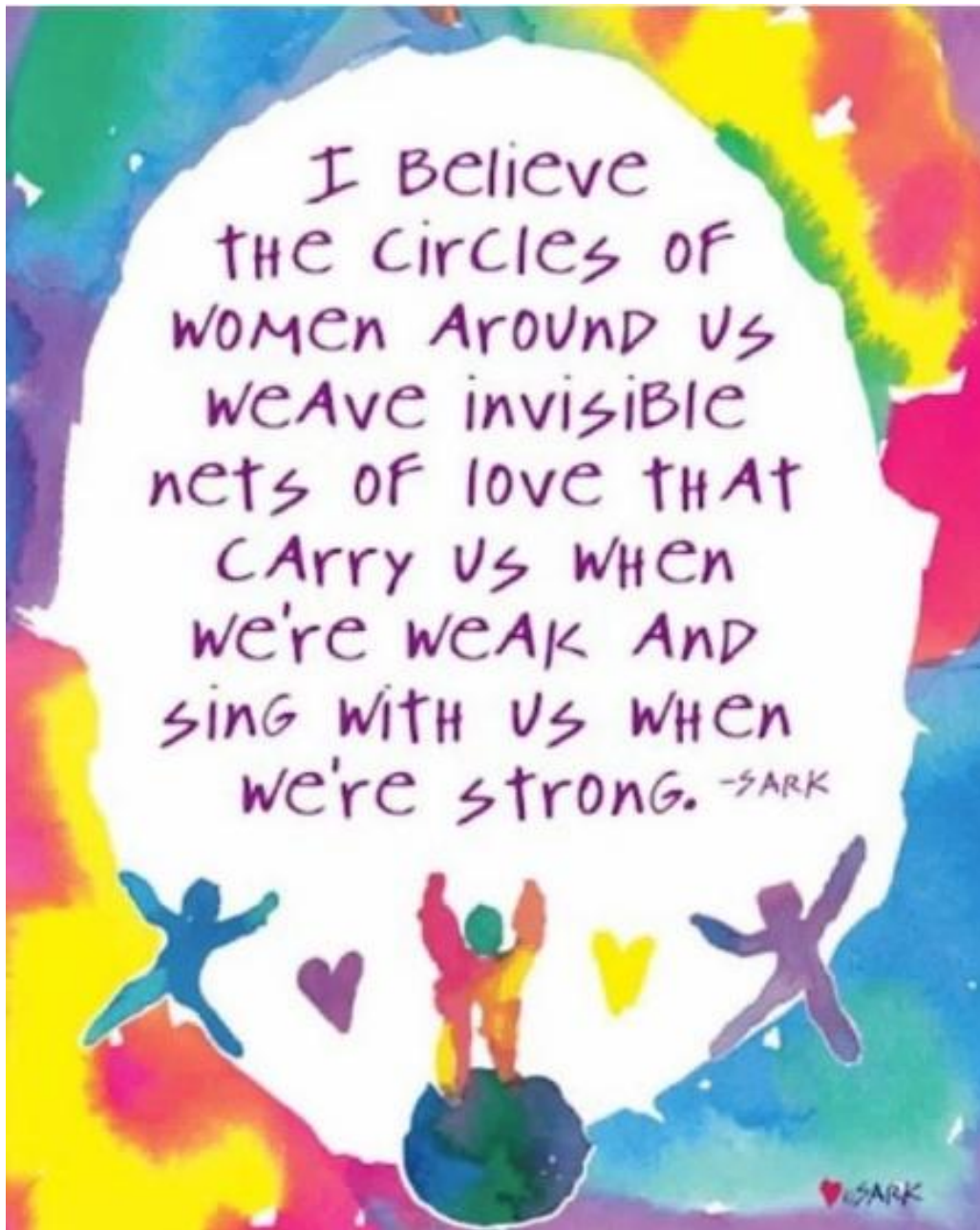
November 21st 10:00am **Hope Circle Meeting** – contact Barbara Fulcher for more information

November 22nd **Fall "Bling & Bake" Sale** – baked goods and jewelry sale

December 6th 12:00pm **UWF Holiday Event**

Are you a holiday decorating pro, still discovering your inner Martha Stewart, or simply looking for a fun, creative time with friends?

Stay tuned for details about our upcoming **Holiday Decorating Event!** To make sure you receive an invitation, email UWF@fumcsd.org.



Thank you to the following contributors to this issue

*Sharmon Davis, Barb Eveland, Barbara Fulcher, Linda Greene,
Nyla Marson, Amy Moberly, Marilyn Stone*

The UWF of First UMC of San Diego newsletter goes out to all members. If you want to be removed from distribution, email UWF@fumcsd.org with subject line "Unsubscribe"

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