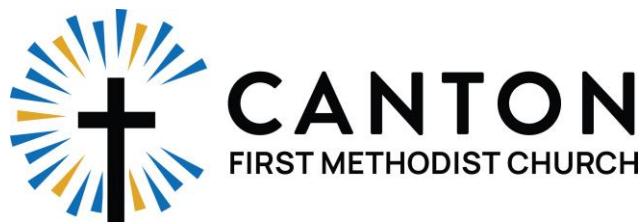


Sermon Title: A Heart for God: I Have Enough

Sermon Scripture: Philippians 4:12-13



Sermon Discussion Guide (1/18)

Begin the discussion by checking in with each person present and share prayer requests/praises with the group. Then, have one person offer a prayer for the group making sure to include any prayer requests that were mentioned earlier.

Scripture

Read Philippians 4:11-13 out loud. Discuss any initial thoughts you have about these verses.

Observation

In these verses, how does Paul define contentment? Would you say Paul's contentment is situationally based or not? Explain your answer.

What is the significance of the word “learned” in verse 12? What does this verse reveal to us about our human nature and desires?

According to verse 13, why is Paul confident in his ability to be content in all circumstances?

Read Matthew 6:25-34. What do these verses teach us about worry? What relationship might there be between worry and a lack of contentment? In these verses, what do we see about the response we should have when we start to worry about things?

Application

The oldest lie is that “more” will make us happy. In what ways do you see this lie perpetuated in the culture? Why do you think this lie is appealing to so many people?

Contentment is practiced in how we schedule our days, spend our money, and guard our attention. Take an honest look at how you manage your calendar, finances, and attention. Out of God’s love for you, what might He be seeking to show you as it relates to your heart and finding contentment in all things?

Pastor Kenny told us that to allow God to give us a heart of contentment, we should pray for more of what matters and less of what does not. What specifically in your life is God calling you to pray for more of? What is He calling you to pray for less of?

Pastor Kenny closed the sermon by providing us with the following two questions: What am I tempted to believe I need right now? How is Jesus already enough? Today, how would you answer these questions?

Prayer

Jesus, teach us to trust You more deeply. Shape our hearts so that we may learn contentment in all circumstances for You are always enough for us. Amen.