Who is Jesus? The Prince of Peace

John 19:17-30

How does Jesus bring Shalom to our lives?

- 1. He ensures our debt is Paid.
- 2. He ensures that we are never alone
- 3. He ensures that we will spend eternity with Him.

Further Study: Isaiah 9:6-7, Colossians 1:19-22, 1 Peter 2:24, Philippians 4: 6-9, Hebrews 13:5-6, 1 Thessalonians 4:16-18, Philippians 3:20-21

Challenges:

Dedicate a specific time each day for prayer and devotion.

Simplify your schedule, focus on what really matters. It's ok to say NO!

Keep a gratitude journal where you write down things you are thankful for each day.

Detox from social media and news, spend time reading, walking, or with loved ones.