

SERMON STUDY GUIDE

Feb. 22, 2026 | Chaplain Erik Lankford

“7 Deadly Sins: Sloth”

Luke 15:25-32

Sermon Questions:

1. What instantly comes to mind when you think about sloth? Use more than one-word answers.
2. What picture comes to mind when I hear the word sloth?
3. In what ways do we avoid the "demands of love?" What does love demand?
4. We talked about the Prodigal Son and the Good Samaritan. What other stories illustrate sloth and its consequences?
5. Is there a relationship or a job in your life where you are doing the work, but your heart isn't in it anymore? What would it look like to put "love" back into that routine?
6. If sloth is a "heavy" feeling that keeps us from loving, what is one tiny thing you can do today to "wake up" and show love to someone you've been ignoring?