

SERMON STUDY GUIDE

March 15, 2026 | Rev. Michael Lashley

“7 Deadly Sins: Wrath/Anger”

Sermon Text:

Matthew 5:21-22 & Ephesians 4:17-32

Sermon Outline:

1. Righteous Anger and Sinful Anger
2. The Danger of Sinful Anger
3. Dealing with Anger

Sermon Questions:

1. Why is wrath/anger a "deadly sin"?
2. When does anger become sinful?
3. Have you ever had trouble figuring out whether your anger was righteous or not? How do you determine that?
4. Do you tend to have a greater struggle with "acting out" in your anger, or do you tend to "bottle it up" more often? Either way, what have been some of the effects you have seen in your life?
5. Is it ever okay to be angry with God? How do you handle it if you sense that you are angry with God?
6. What are some practical things you can try to do to control your anger in the moment so that you don't react impulsively in that anger?