



**January 18, 2026**

Colossians 3:10 (NLT) - *Put on your new nature, and be renewed as you learn to know your Creator and become like Him.*

**Learning #1: Jesus invites us to follow His practice of simplicity.**

Matthew 6:25 & 33 (NLT) - *That is why I tell you not to worry about everyday life—whether you have enough food and drink, or enough clothes to wear. Isn't life more than food, and your body more than clothing? Seek first God's kingdom.*

Proverbs 30:7-9 (NLT) - *O God, I beg two favors from you; let me have them before I die.*

*First, help me never to tell a lie.*

*Second, give me neither poverty nor riches!*

*Give me just enough to satisfy my needs.*

*For if I grow rich, I may deny you and say, "Who is the Lord?"*

*And if I am too poor, I may steal and thus insult God's holy name.*

Matthew 22:37-39 (NLT) - *You must love the Lord your God with all your heart, all your soul, and all your mind. This is the first and greatest commandment. A second is equally important: Love your neighbor as yourself.*

**Learning #2: The practice of simplicity helps us focus on what matters most.**

Psalms 23:1 (NLT) - *The LORD is my shepherd; I have all that I need.*

Psalm 23:2 (NLT) - *He lets me rest in green meadows; he leads me beside peaceful streams.*

**Learning #3: Simple starts and ends with focusing on Jesus.**

Galatians 5:13 (NLT) - *For you have been called to live in freedom, my brothers and sisters. But don't use your freedom to satisfy your sinful nature. Instead, use your freedom to serve one another in love.*