



**March 1, 2026**

Genesis 4:8 (NLT) - *One day Cain suggested to his brother, “Let’s go out into the fields.” And while they were in the field, Cain attacked his brother, Abel, and killed him.*

1 John 4:7 (NLT) - *Dear friends, let us continue to love one another, for love comes from God. Anyone who loves is a child of God and knows God.*

**Learning #1: Some people are just difficult.**

1 John 4:7 (NLT) - *Dear friends, let us continue to love one another, for love comes from God. Anyone who loves is a child of God and knows God.*

1 Timothy 1:15-16 (NLT) - *This is a trustworthy saying, and everyone should accept it: “Christ Jesus came into the world to save sinners”—and I am the worst of them all. But God had mercy on me so that Christ Jesus could use me as a prime example of his great patience with even the worst sinners. Then others will realize that they, too, can believe in him and receive eternal life.*

**Learning #2: Replace pride with prayer.**

Matthew 5:44 (NKJV) - *But I say to you, love your enemies, bless those who curse you, do good to those who hate you, and pray for those who spitefully use you and persecute you.*

Matthew 6:9 (KJV) - *Our Father which art in heaven, Hallowed be thy name.*

Luke 23:34 (NIV) - *Jesus said, "Father, forgive them, for they do not know what they are doing."*

**Learning #3: Forgiveness isn't approval. Forgiveness is freedom.**

Matthew 6:15 (NLT) - *But if you refuse to forgive others, your Father will not forgive your sins.*

Romans 5:10 (NLT) - *For since our friendship with God was restored by the death of his Son while we were still his enemies, we will certainly be saved through the life of his Son.*

Psalms 103:10 (NLT) - *He does not punish us for all our sins; he does not deal harshly with us, as we deserve.*

1 Peter 4:8 (NLT) - *Most important of all, continue to show deep love for each other, for love covers a multitude of sins.*

**Learning #4: We can love and forgive and still set healthy boundaries with the difficult people in our lives.**

John 6:15 (NLT) - *Jesus, knowing that they intended to come and make him king by force, withdrew again to a mountain by himself.*

Isaiah 53:7 (NLT) - *He was oppressed and treated harshly, yet he never said a word. He was led like a lamb to the slaughter. And as a sheep is silent before the shearers, he did not open his mouth.*

Proverbs 3:13-18 (NLT) - *Joyful is the person who finds wisdom, the one who gains understanding. For wisdom is more profitable than silver, and her wages are better than gold. Wisdom is more precious than rubies; nothing you desire can compare with her. She offers you long life in her right hand, and riches and honor in her left. She will guide you down delightful paths; all her ways are satisfying. Wisdom is a tree of life to those who embrace her; happy are those who hold her tightly.*