

HOME TRAINING SERIES

The Family Fight

5-Day Devotional

"Fight for your family even though you fight with your family."

This five-day devotional is a continuation of Sunday's message from Higher Purpose Church. Each day picks up where the sermon left off — moving you from the pew into the week, from hearing the Word to living it out in your family relationships.

Abraham did not have a perfect family. He fought with Lot and for Lot — through understanding, distance, hands, and knees. And every time he showed up for his family, God showed up for him. This week, we invite you into that same pattern.

HOW TO USE THIS DEVOTIONAL

- Read one day at a time — Monday through Friday following Sunday's message.
- Read the scripture slowly. Let it land before you move to the devotional.
- Answer the reflection question honestly. Write your thoughts in the notes lines.
- Pray the closing prayer out loud. Then add your own words.

Genesis 13:5–11 · 14:14–16 · 18:23–33

DAY 1

Put Understanding in the Fight

SCRIPTURE

Genesis 13:5-7

"But the land could not support them while they stayed together, for their possessions were so great that they were not able to stay together. And quarreling arose between Abram's herders and Lot's herders."

DEVOTIONAL

This Sunday we saw something in Abraham and Lot's conflict that changes everything: they were not fighting because something went wrong. They were fighting because something went right. Their flocks had grown so large that the land could not hold both of them. The blessing created the friction. Before Abraham made a single move, he put understanding in the fight — he correctly diagnosed what he was dealing with. That understanding is what kept him from making a permanent decision about a temporary situation.

REFLECTION QUESTION

Is there a family conflict in your life right now that you have been treating as a problem when it might actually be a sign of growth? What would change about how you are handling it if you saw it that way?

PRAYER

Father, give me the wisdom to understand what I am actually dealing with before I react. Where I have made permanent decisions about temporary situations, bring healing and restoration. Help me see my family conflicts through your eyes, not just my own pain. In Jesus' name, amen.

NOTES

DAY 2

Put Distance in the Fight

SCRIPTURE

Genesis 13:8-9

"So Abram said to Lot, 'Let's not have any quarreling between you and me, or between your herders and mine, for we are close relatives. Is not the whole land before you? Let's part company.'"

DEVOTIONAL

Abraham had every right to choose first. He was the senior one. He had brought Lot along on this entire journey. But instead of asserting his rights, he released control. He created space without severing the connection. Distance is a strategy, not a verdict. Abraham let Lot go toward Sodom — the wrong choice, the wrong city — without arguing him out of it or cutting him off. He stayed within reach. And that one decision — to put distance in the fight without disconnecting — is what made everything that came next possible.

REFLECTION QUESTION

Is there a family relationship in your life that needs space right now but not severance? What would it look like to pull back without pulling out — to stay within reach even when you are not within arm's length?

PRAYER

Lord, teach me the difference between distance and disconnection. Where I have confused the two and severed what only needed space, begin the work of restoration. Give me the wisdom to know when to step back and the courage to stay within reach. In Jesus' name, amen.

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DAY 3

Put Your Hands in the Fight

SCRIPTURE

Genesis 14:14-16

"When Abram heard that his relative had been taken captive, he called out the 318 trained men born in his household and went in pursuit... He recovered all the goods and brought back his relative Lot and his possessions, together with the women and all the other people."

DEVOTIONAL

When Lot was captured, Abraham did not deliberate. He mobilized. 318 trained men — not neighbors grabbed off the street, but men he had been preparing without knowing exactly why. He pursued, he recovered, and he brought back everything. After the rescue, Abraham refused to take any reward for himself. He said — I don't want anyone saying they made me rich. That selflessness without an agenda triggered the second progressive revelation of the Abrahamic covenant. God showed up and said: I am your shield and your exceeding great reward. Every time you show up for your family, God shows up for you.

REFLECTION QUESTION

Who in your family needs you to show up physically right now — with your time, your presence, your resources? What has been keeping you from mobilizing? What would it look like to stop deliberating and act?

PRAYER

Father, I want to be the kind of person who shows up for my family without an agenda and without keeping score. Give me the strength to mobilize when the people I love need me. And remind me today that every sacrifice I make for family — you see it, you record it, and you reward it. In Jesus' name, amen.

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DAY 4

Put Your Knees in the Fight

SCRIPTURE

Genesis 18:23, 32

"Then Abraham approached him and said: "Will you sweep away the righteous with the wicked?"... Then he said, "May the Lord not be angry, but let me speak just once more. What if only ten can be found there?" He answered, "For the sake of ten, I will not destroy it.""

DEVOTIONAL

Lot had been rescued once with Abraham's hands. And he went right back to Sodom. Abraham had every reason to write him off — and instead he got on his knees. He negotiated with God from 50 down to 10, interceding for a man who had gone back to the wrong place after everything Abraham had done for him. That intercession triggered the third progressive revelation of the Abrahamic covenant. Peter later called Lot righteous — not because of his decisions, but because of his heart. God sees what you cannot see. Some family members you cannot reach with your hands. Reach them with your knees.

REFLECTION QUESTION

Is there someone in your family you have stopped praying for — not because you stopped loving them, but because the prayers started to feel like they were going nowhere? What would it mean to get back on your knees for that person today?

PRAYER

Father, I bring before you the family members I cannot reach with my hands right now. I choose to reach them with my prayers. See something in them that I cannot see. Work in ways I cannot access. And remind me that my prayers for my family are never wasted — even when nothing looks like it is changing. In Jesus' name, amen.

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DAY 5

Fight for Your Family

SCRIPTURE

2 Peter 2:7-9

"He rescued Lot, a righteous man, who was distressed by the depraved conduct of the lawless... the Lord knows how to rescue the godly from trials and to hold the unrighteous for punishment on the day of judgment."

DEVOTIONAL

Every time Abraham showed up for Lot — understanding the conflict, creating strategic distance, putting his hands in the fight, getting on his knees in intercession — God showed up for Abraham with something bigger. The covenant deepened. The promise expanded. The blessing widened. That is not coincidence. That is a pattern. God chose Abraham because he knew he would direct his children in his ways. Family was always the point — not a side note. And the family that frustrates you the most may be the one God is using to expand your covenant. Fight for your family even though you fight with your family.

REFLECTION QUESTION

Looking back at this week's five devotions, which posture do you need most right now — understanding, distance, hands, or knees? What is one specific step you will take this week to fight for a family relationship God has not finished writing?

PRAYER

Father, thank you for a model in Abraham — imperfect, fighting for an imperfect family member, and you showed up every single time he did. We believe you are still that God. We take our family assignments seriously. We commit to fighting for the people in our houses — with understanding, with wisdom, with our hands, and with our knees. You are our shield and our exceeding great reward. In Jesus' name, amen.

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