

H I G H E R P U R P O S E C H U R C H

Real People. Real Life. Real Love.

A 5 - D A Y D E V O T I O N A L

You Have More Power In You Than You Know

Ephesians 3:14-21

DAY 1

Get Rooted

SCRIPTURE

Ephesians 3:17

“So that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love...”

DEVOTIONAL

Whatever your roots are sunk into is where you’ll draw your strength when life gets hard. Paul prays that we would be rooted and established in love — not in success, approval, or control, but in the unshakable love of Christ. Roots don’t grow overnight; they deepen through daily time in His presence and His Word. Before you reach for power, check your roots.

REFLECTION

What are your roots most connected to right now — Christ, or something you’re using to feel secure?

PRAYER

Father, sink my roots deep into Your love. Let Christ dwell in my heart by faith, and steady me on the foundation of Your truth so I am not easily shaken. Amen.

NOTES

DAY 2

Grasp It for Yourself

SCRIPTURE

Ephesians 3:18

“May have power, together with all the Lord’s holy people, to grasp how wide and long and high and deep is the love of Christ...”

DEVOTIONAL

To grasp means to seize — to lay hold of something and make it your own by experience. It isn’t enough to know God’s love is out there somewhere; Paul prays you would take hold of it personally. And notice he says we grasp it “together with all the Lord’s holy people” — this kind of power is found in community, not in isolation. Reach for His love with everything in you, and don’t try to do it alone.

REFLECTION

Where have you been admiring God’s love from a distance instead of laying hold of it for yourself?

PRAYER

Lord, open my heart to seize how wide and long and high and deep Your love really is. Give me the courage to grasp it, and the humility to grasp it alongside Your people. Amen.

NOTES

DAY 3

Come to Know His Love

SCRIPTURE

Ephesians 3:19a

“And to know this love that surpasses knowledge...”

DEVOTIONAL

The word Paul uses for “know” means to come to know by experience — a close, personal relationship, not just information in your head. You can master Scripture and still struggle to believe His love applies to you personally. But you were never meant to be filled by trying harder or performing better; you are filled by receiving a love you didn’t earn. When you truly know His love, you begin to operate out of overflow instead of empty.

REFLECTION

Do you know God’s love as a fact you’ve studied, or as a reality you’ve experienced?

PRAYER

Father, take me past knowing about You into truly knowing You. Let me experience the love that surpasses knowledge until it steadies my heart and overflows to others. Amen.

NOTES

DAY 4

Live in the Fullness

SCRIPTURE

Ephesians 3:19b

“...that you may be filled to the measure of all the fullness of God.”

DEVOTIONAL

Fullness is God’s life, love, power, and character increasingly filling every area of who you are. It doesn’t mean you’ll be perfect — it means you’re being continually shaped by His presence. This takes more than reading your Bible; it takes surrendered time, prayer, and stillness enough to hear His voice. God doesn’t want a room in your heart as a guest; He wants the whole house, so His fullness can touch your marriage, your money, your mind, and your ministry.

REFLECTION

Which room of your heart have you kept for yourself instead of surrendering to God’s fullness?

PRAYER

Lord, fill every area of my life with Your presence. I give You not just a visit but the whole house — shape me until my life reflects Your character. Amen.

NOTES

DAY 5

Immeasurably More

SCRIPTURE

Ephesians 3:20–21

“Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us...”

DEVOTIONAL

Here is the promise the whole prayer has been building toward: the power is already at work within you. Paul doesn’t point you to a distant God who might act someday — he points to power that is present tense, already inside every believer. The real question was never how much of God you have; if you belong to Christ, He has given you Himself. The question is how much of your life you have surrendered to Him. Don’t leave this week merely informed — leave transformed.

REFLECTION

You already carry His power. What would change this week if you truly believed that?

PRAYER

Father, thank You that the same power that raised Jesus is at work in me. I surrender every area to You — do immeasurably more than I could ask or imagine, for Your glory. Amen.

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